



www.shamiri.institute

Are you interested in **mental health, global health, entrepreneurship, and social innovation?**

If so, please consider applying for a term-time **Research Assistant position** with Shamiri Institute, Inc., to research and build capacity for effective mental healthcare in Sub-Saharan Africa.

About Shamiri Institute

Shamiri Institute, Inc., is a data-driven organization that develops and implements low cost and low stigma mental health interventions to help young people thrive. Our mission is to provide at-risk low-income youths, in Sub-Saharan Africa and beyond, with the tools to improve their mental health and life outcomes. Founded by Harvard graduates and launched in Kenya in 2018, our non-profit organization combines rigorous social science research with deep contextual knowledge of the Kenyan educational and mental healthcare systems. Shamiri's work is collaborative and we work closely with the Laboratory of Youth Mental Health, the Lab for Scalable Mental Health at Stony Brook University, Kenyatta University, and the Africa Mental Health Research and Training Foundation.

Since 2018, we have traveled to Kenya to design and test a group-based therapy intervention to help underprivileged students in Kenyan high schools. Data from scientific trials both summers (enrolling in total over 1,500 students) show that this therapy did help alleviate depression and anxiety symptoms amongst these students to a statistically significant degree. These exciting findings coupled with the enthusiastic reception of the intervention by the students and school administrators have led us to embark on building capacity for offering the intervention to high school students across Kenya over the coming years.

Benefits:

- Rare and valuable opportunity to be involved firsthand on the frontline of cutting-edge innovation
- Potential to make a real difference in the lives of underprivileged children around the world
- Be involved in all aspects of the process from website and materials design, to fundraising, to marketing, possibly to even working directly with adolescents
- Potential opportunities for grant writing support and authorship
- Looks great on a resume!

How to Apply:

To apply, please send a brief cover letter and your resume to team@shamiri.institute by October 15th 2020 at 11:50PM EST. If you have any questions please reach out to Tom (osborn@shamiri.institute) or Katherine (venturoconerly@shamiri.institute).

Term-time Research Fellowship Roles and Responsibilities:

- Devote 5 – to – 10 hours a week to work with the Shamiri team on collecting, analyzing, and preparing data on mental health outcomes with a focus on sub-Saharan Africa. *Hours are somewhat flexible depending on your individual needs and schedule
- Attend weekly meetings

- Potential for authorship on scientific papers using existing Shamiri data
- Reliable communication with supervisors
- Support general strategy for the organization.

All students are welcome to apply, regardless of background or experience.