

What is covered by MetLife Vision?

MetLife Vision covers a wide range of services. They include routine eye exams, glasses, contact fittings, evaluations and lenses, plus additional savings on non-prescription sunglasses and laser vision correction.^{1,3}

Q. Why should I enroll?

A. A vision plan is a competitively-priced way to help protect the eyesight of everyone in your family. Even if you don't wear glasses or contacts, regular visits to your eye doctor are important to your overall health. Routine vision exams do more than protect eyes. They can also help protect overall health by catching serious problems, such as diabetes and high blood pressure.²

Q. How can a vision plan help me save money?

A. Eyeglasses and routine eye exams can be more expensive than you may think. With MetLife, through low to no copays, you can save up to 60% on vision wear and services.³ Lens options like polycarbonate (shatter-resistant) lenses for children up to age 18 and ultraviolet (UV) coating are covered in full. You also enjoy fixed copays for scratch-resistant and anti-reflective coatings, progressive lenses,⁴ and more.

Q. Can I choose my own eye care professional?

A. You can go to any licensed eye care professional. Choose from the thousands of ophthalmologists, optometrists and opticians at private practices or popular retail locations like Costco® Optical, America's Best, Cohen's Fashion Optical, Eyeglass World, For Eyes Optical, Pearle Vision*, Walmart and Sam's Club, Visionworks and more.

Q. What kinds of frames are covered?

A. You can choose the eyewear that's right for you and your budget. Your eye care professional can help you choose from classic styles to the latest designer frames. You can select from hundreds of options for you and your family. Some of the great brands to choose from include Anne Klein, bebe®, Flexon®, Lacoste, Nike, Nine West, Calvin Klein, and more.

Q. When can I enroll?

A. You can enroll during your open enrollment period.



Regular visits to your eye doctor are important to your overall health.



Have other questions?

Please call MetLife directly at 1 800 GET-MET8 and talk with a benefits consultant.

1. Custom LASIK coverage only available using wavefront technology with the microkeratome surgical device. Other LASIK procedures may be performed at an additional cost to the member. Laser vision care discounts are only available from in-network contracted facilities.
 2. Heiting, OD, Gary and Palombi, OD, Jennifer, Why Are Eye Exams Important?, AllAboutVision.com, <http://www.allaboutvision.com/eye-exam/importance.htm>, Accessed February 2, 2017.
 3. Your actual savings by enrolling in the MetLife Vision Plan will depend on various factors, including plan premiums, number of visits by your family per year and the cost of services rendered. Be sure to review the Schedule of Benefits for your plan's specific benefits and other important details.
 4. All lens options are available at participating private practices. Please note the maximum copays and pricing are subject to change without notice. Check with your provider for details and copays applicable to your lens choice. Please contact your local Costco to confirm the availability of lens options and pricing prior to receiving services. Additional discounts may not be available in certain states
- * Not all Pearle Vision locations participate in the MetLife Vision program. Please visit metlife.com to confirm participating locations by using our Find A Provider online directory.

Vision insurance is provided by Metropolitan Life Insurance Company, New York, NY (MetLife). Certain claim and network administration services are provided through Vision Service Plan, Rancho Cordova, CA (VSP). VSP is not affiliated with MetLife or its affiliates. Like most group benefit programs, benefit programs offered by MetLife and its affiliates contain certain exclusions, exceptions, reductions, limitations, waiting periods, and terms for keeping them in force. Please contact MetLife or your plan administrator for costs and complete details.

