

COMPLEX CONDITIONS. PERSONALIZED SERVICE.

Accredo, a Cigna specialty pharmacy.

Accredo, a Cigna specialty pharmacy, can help you manage your complex medical condition. They can also fill and ship your specialty medication to your home (or location of your choice).¹ Specialty medications are used to treat complex conditions like multiple sclerosis, hepatitis C and rheumatoid arthritis.

Your health and well-being are our first priority.

Managing a complex medical condition isn't easy. The Accredo team of specialty-trained pharmacists and nurses will provide you with the personalized care and support you need to manage your therapy. Accredo will help you work through side effects, check in with you and your doctor to see how your therapy's going, help you get your medications approved for coverage, and more.

What's a "specialty pharmacy"?

A specialty pharmacy fills specialty medications. Specialty medications are typically injected or infused and may need special handling (like refrigeration).

Three ways Accredo supports you.

- 1 Personalized care and support.**
 - ▶ You have 24/7 access to pharmacists and nurses with experience and training in complex conditions that require specialty medications.
 - ▶ You have access to a wide range of personalized care services. This includes counseling, help managing side effects and one-on-one guidance from a clinician on how to administer your medication.
 - ▶ Accredo will work with your doctor to help make sure you're getting the care and medication you need.
 - ▶ Accredo will give you more choice in how you want to connect with them – by text, phone and/or online resources.
- 2 Making it easy for you to get your medication.**
 - ▶ Accredo will schedule and quickly ship your medications (at no extra cost to you) – even those that need special handling, like refrigeration.
 - ▶ Accredo will send supplies (like syringes and a sharps container) at no extra cost to you.
 - ▶ Accredo will send you refill reminders to help make sure you don't miss a dose. You can also refill certain prescriptions by text.²
 - ▶ Get real-time updates once Accredo ships your order.³

Together, all the way.®



Offered by Cigna Health and Life Insurance Company or its affiliates.

3

Help understanding your plan's coverage and medication costs.

- Many specialty medications need approval from Cigna before your plan will cover them. **Accredo will help you and your doctor's office** work through that process.
- You have access to a dedicated team that coordinates **copay assistance and other options** if you need help paying for your medication.

Some of the conditions Accredo supports:

- Age-related macular degeneration
- Alpha-1 antitrypsin deficiency
- Anemia
- Severe asthma
- Cancer
- Crohn's disease
- Cystic fibrosis
- Deep vein thrombosis
- Growth hormone deficiency
- Hemophilia
- Hepatitis C
- Hereditary angioedema
- Hereditary tyrosinemia
- Immune deficiency
- Infertility
- Lysosomal storage disorders
- Multiple sclerosis
- Neutropenia
- Orphan and ultra-orphan conditions
- Osteoarthritis
- Osteoporosis
- Psoriasis
- Pulmonary arterial hypertension
- Respiratory syncytial virus
- Rheumatoid arthritis

Two easy ways to manage your specialty medication

- 1. Log in to the myCigna® app or website.** Click on the Prescriptions tab and select Manage Prescriptions. Then click the button next to your medication's name. We'll automatically connect you to your Accredo online account portal.
- 2. Go to Accredo.com.** You'll be asked to create an account to get to your dashboard. It's important to know that you'll need an Accredo Rx number to log in. That means you won't be able to do this until you've filled a prescription with Accredo.



Learn more about Accredo.

Go to **Cigna.com/specialty**. You can also call **877.826.7657** to talk with an Accredo representative.



1. As allowable by law. 2. The ability to refill prescriptions by text is only available for certain medications. To get text messages, you'll have to sign up for Accredo's texting service. You can do this when you call Accredo to refill your prescription. Once you sign up, simply reply to their welcome text to get started. Standard text messaging rates apply. 3. You'll see your first order in the myCigna app or website once Accredo ships it.

Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, review your plan documents.

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company (CHLIC), Connecticut General Life Insurance Company, Accredo Health Group, Inc., Express Scripts, Inc., and HMO or service company subsidiaries of Cigna Health Corporation, including Cigna HealthCare of Arizona, Inc., Cigna HealthCare of California, Inc., Cigna HealthCare of Colorado, Inc., Cigna HealthCare of Connecticut, Inc., Cigna HealthCare of Florida, Inc., Cigna HealthCare of Georgia, Inc., Cigna HealthCare of Illinois, Inc., Cigna HealthCare of Indiana, Inc., Cigna HealthCare of St. Louis, Inc., Cigna HealthCare of North Carolina, Inc., Cigna HealthCare of New Jersey, Inc., Cigna HealthCare of South Carolina, Inc., Cigna HealthCare of Tennessee, Inc. (CHC-TN), and Cigna HealthCare of Texas, Inc. "Accredo" refers to Accredo Health Group, Inc. Policy forms: OK - HP-APP-1 et al., OR - HP-POL38 02-13, TN - HP-POL43/HC-CER1V1 et al. (CHLIC); GSA-COVER, et al. (CHC-TN). The Cigna name, logo, "Together, all the way," and "myCigna" are trademarks of Cigna Intellectual Property, Inc. "Accredo" is a trademark of Express Scripts Strategic Development, Inc.

935407 11/19 © 2019 Cigna. Some content provided under license.