

YOUR PHARMACY BENEFITS.



Five things to remember.

1. Use the myCigna® App or website.

24/7 access to all you need to know about your coverage.

- › Find out how much your medication costs
- › See which medications your plan covers
- › Find an in-network pharmacy
- › Ask a pharmacist a question
- › See your pharmacy claims and coverage details
- › Connect to your Accredo online account to manage your specialty medications¹

2. Use “Price a Medication.”

Prescription prices can vary by pharmacy. Before you fill your prescription, compare your costs online. Log in to the **myCigna** app or website and click on “Price a Medication” to find out how much your medication will cost you at the different pharmacies in your network. You can also see if there are lower-cost alternatives available.²

3. Choose generics and save.

Generics typically cost much less than brand-name medications – in some cases, up to 85% less.³ They have the same active ingredients, strength and dosage form as the brand-name medication. Just because generics cost less than brands, it doesn't mean they're lower-quality medications.

4. Make life easier. Fill a 90-day supply.

- › Fill less often and stay healthy. With a 90-day supply on hand, you're less likely to miss a dose.⁴
- › Choose your pharmacy: Use select retail pharmacies in your plan's network or home delivery.¹
- › Go to **Cigna.com/Rx90network** to find a 90-day pharmacy in your network.

5. Use Accredo, a Cigna specialty pharmacy, to help manage a complex medical condition.¹

Managing a complex medical condition like hepatitis C, multiple sclerosis and rheumatoid arthritis isn't easy. As part of your Cigna-administered pharmacy benefits, you have access to Accredo, a Cigna specialty pharmacy. Accredo's team of specialty-trained pharmacists and nurses will provide you with the personalized care and support you need to manage your complex medical condition.¹ They'll help you work through side effects, check in with you and your doctor to see how your therapy's going, help you get your medications approved for coverage, and more. To get started using Accredo, call **877.826.7657**. To learn more, go to **Cigna.com/specialty**.

1. Not all plans offer home delivery and Accredo as a covered pharmacy option. Please log in to the myCigna app or website, or check your plan materials, to learn more about the pharmacies in your plan's network.

2. Prices shown on myCigna are not guaranteed and coverage is subject to your plan terms and conditions. Visit myCigna for more information.

3. U.S. Food and Drug Administration (FDA) website, “Generic Drug Facts.” Last updated 06/04/18.

4. Internal Cigna analysis performed Jan 2019, utilizing 2018 Cigna National Book of Business average medication adherence (customer adherent > 80% PDC), 90-day supply vs. those who received a 30-day supply taking antidiabetics, RAS antagonists and statins.

Together, all the way.®



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