



MOVE WITH INSIGHT

PASSAGE: Ephesians 1:15-23

OUTLINE:

5 Spiritual Insights to Live By:

1. Change Yourself with Faith and Love (v15)
2. Enrich Yourself with Gratitude and Thanksgiving (v16)
3. Mature Yourself with Wisdom and Knowledge (v17)
4. Enlighten Yourself with Hope and Strength (v18-19)
5. Bless Yourself with Jesus and the Church (v20-23)

SHARE: GET TALKING (15 min)

- Who has been the most significant coach or mentor in your life? What was the best insight you learned from this person?

STUDY: GO DEEPER (30-45 min)

Read Ephesians 1:15-23

- How were you challenged by the weekend message?

- Read Ephesians 1:15-16. How would you order the evidence of these traits in your life: a) your faith in God b) your love for other Christians c) and your gratitude to God for all things. Why did you choose that order?

- Read Ephesians 1:17. How would you explain the difference between knowing about God and truly knowing God? As a group, make a quick list of disciplines that would help a person grow in knowing God personally.

- Read Ephesians 1:18-19. What are the three outcomes Paul is praying for God to reveal to His church? Explain which of these three gives you the most hope today.
- Review the 5 Spiritual Insights Ephesians 1:15-23 give us. Which insight are you strongest in demonstrating? Which are you weakest?

SUPPORT: GROW TOGETHER (30-45 min)

- What did you discuss last week with the group that you wanted to see changed in your life? Can you share any progress?
- What's one thing God is leading you to stop doing this week that will help you experience His presence more? Explain your answer.
- What's one thing God is leading you to start doing this week that will help you experience His presence more? Explain your answer.
- How can we support and pray for you this week?

RENEW YOUR MIND: MEMORY VERSE

I do not cease to give thanks for you, remembering you in my prayers, that the God of our Lord Jesus Christ, the Father of glory, may give you the Spirit of wisdom and of revelation in the knowledge of him. - Ephesians 1:16-17

LEADER TIP OF THE WEEK:

Remember, in your **SHARE** and **SUPPORT** time you want to help everyone in your group share honestly about their spiritual journey. Review the questions above before your Growth Group and prayerfully consider what you can share and ask to initiate honest disclosure in your group. Refer to resources in LEAD 101 to avoid superficial conversations and move to honest sharing (pg. 23)