



MOVE WITH CONFIDENCE

PASSAGE: Ephesians 1:1-14

OUTLINE:

5 Confidence Builders for a Church on the Move

1. We've been Chosen for such a Time as this! (v. 1-4)
2. We've been Adopted into God's Family! (v. 5-6)
3. We've been Forgiven of our sin and shame! (v. 7-10)
4. We've been Blessed with a new identity and purpose! (v. 11-12)
5. We've been Sealed with the promised Holy Spirit (v. 13-14)

SHARE: GET TALKING (15 min)

- What's a high and low of the week? Celebrate and care for each other.
- Leader: Share an overview and vision for our Growth Group
- Our new series through Ephesians is "Church on the Move." How many locations have you moved in your life and which one was your favorite?"

STUDY: GO DEEPER (30-45 min)

- Read Ephesians 1:1-14.
- What challenged you in the message this weekend?
- What does it say about God's blessing towards us in Ephesians 3? What are some of the blessings God has given you?

- In Ephesians 1:4-6, we learn that being adopted into the family of God means we will receive God's full inheritance (see v.11). What do the following passages say about our Father's inheritance? Make a list.
 - 1 Peter 1:3-5
 - 2 Corinthians 4:16-18
 - Revelation 21:4
 - How should this promised inheritance from God change the way His children live with confidence today?
- Review the outline and list of 5 Confidence Builders for a Church on the Move in Ephesians 1. Why should we have confidence based on these "Confidence Builders"? Where is our confidence? Why is this vital to understand and embrace as followers of Jesus?

SUPPORT: GROW TOGETHER (30-45 min)

- On a scale from 1-10, rate how the work of Christ builds your confidence today.
- Which of these "Confident Builders" from Ephesians 1 is the hardest for you to believe and live out? What makes it hard for you to believe this "Confidence Builder"?
- How would your life look different if you truly believed and embraced every "Confidence Builder"?
- How can we support and pray for you this week?

RENEW YOUR MIND: MEMORY VERSE

In him we have obtained an inheritance, having been predestined according to the purpose of him who works all things according to the counsel of his will. - Ephesians 1:11

LEADER TIP OF THE WEEK:

The key principle for your Growth Group this week is to build a welcoming culture. Take time to allow each person to introduce himself/herself to the group. It is important to create a relational and caring environment -- especially at the start of a new series. Remember: "people don't care how much you know until they know how much you care". Refer to resources in LEAD 101 to share vision and set expectations -- Group format (p. 13) and Group Commitment (p. 18).