

# BREAKFASTS AND LUNCHES

<b>Traditional Haydens Breakfast</b>	10.50
Two free-range eggs – poached, scrambled or fried – local free-range pork sausage, two rashers of local free-range smoked back bacon, mushrooms sautéed in organic butter, grilled tomatoes and Heinz baked beans, served with granary or white toast	
<b>Lighter Cooked Breakfast</b>	8.75
Free-range egg – poached, scrambled or fried – local free-range pork sausage, a rasher of local free-range smoked back bacon and mushrooms sautéed in organic butter. Served with granary or white toast, and grilled tomatoes or Heinz baked beans	
<b>Cheddar Eggs</b>	8.75
Toasted home-made cheese and chive scone topped with two free-range poached eggs and organic mature cheddar cheese, served with two rashers of free-range smoked back bacon or two local free-range pork sausages – or one of each!	
We also offer a vegetarian option – choose from grilled tomatoes, mushrooms sautéed in organic butter, vegetarian sausage, Heinz baked beans – one, two or a little of all of them!	
<b>Bagel Breakfast</b>	8.75
Toasted bagel topped with two free-range eggs – poached, scrambled or fried and served with a side of local free-range smoked back bacon or local free-range pork sausage.	
We also offer a vegetarian option – choose from grilled tomatoes, mushrooms sautéed in organic butter, vegetarian sausage, Heinz baked beans – one, two or a little of all of them!	
<b>Haydens Salmon Scramble</b>	8.95
Three free-range eggs scrambled and served with smoked salmon flakes either mixed in or fresh on top. On hand-cut white or granary toast or a toasted bagel	
Add a side of avocado for 2.10	
<b>Salmon and cream cheese bagel</b>	8.25
Toasted bagel served with organic butter, lashings of Philadelphia cream cheese and smoked salmon	
<b>Welsh Rarebit</b>	8.50
Our own secret recipe. Served on a slice of hand-cut granary or white toast with free-range smoked back bacon or local free-range pork sausages	
We also offer a vegetarian option – choose from grilled tomatoes, mushrooms sautéed in organic butter, vegetarian sausage, Heinz baked beans – one, two or a little of all of them!	
<b>Buck Rarebit</b>	8.95
Same as the Welsh Rarebit but with a poached egg on top	
<b>Things on toast</b>	
Two slices of hand-cut toast, toasted English muffin or bagel topped off with:	
Mushrooms sautéed in organic butter	5.50
Heinz baked beans	5.40
Grilled fresh tomatoes	5.75
Free-range eggs – poached, scrambled or fried	5.50

## Side dishes

Sliced avocado	2.10
Two rashers of smoked back bacon	3.10
Two local pork sausages	3.10
Home-made coleslaw	2.00
Mushrooms sautéed in butter	2.00
Portion of Heinz baked beans	2.10
Grilled tomatoes	2.50
House salad	3.50
Potato wedges	3.00

## Build-your-own breakfast

Choose any from the following:

Local free-range pork sausage	1.55
Free-range smoked back bacon rasher	1.55
Vegetarian sausage	1.50
Mushrooms sautéed in organic butter	1.25
Heinz baked beans	1.25
Grilled tomatoes	1.50
A slice of white or granary toast and butter	1.50
Two free-range eggs, poached, scrambled or fried	1.80
Avocado	2.10
Smoked salmon	3.10

## Breakfast sandwich 7.25

Local free-range pork sausage or free-range smoked back bacon sandwich with organic butter served on granary or white hand-cut bread with choice of sauce

## Free-range Omelettes

Served with your choice of hand-cut white or granary toast, bagel, toasted muffin or side salad

Plain	6.95
Add mushrooms	+2.00
Add organic mature cheddar cheese	+2.30
Add two rashers of free-range smoked back bacon	+3.10

## Free-range Eggs Benedict

Toasted English muffin with two poached eggs and hollandaise sauce served with:

Free-range smoked back bacon	8.25
Smoked salmon	8.95
Avocado	7.95

## Fresh mixed fruit salad 4.25

Served with choice of yogurt or organic whipped double cream

## Porridge 4.95

Gluten-free, organic porridge oats made with your choice of milk (cow's, oat, soya or almond) and topped with banana and blueberries, served with maple syrup or honey

## Haydens American style pancakes 7.95

Cooked to order and served with maple syrup, organic whipped double cream and mixed fruit

## French Toast 7.95

Bread dipped in free-range eggs and cinnamon sugar, pan-fried in organic butter and served with organic whipped double cream, mixed fruit and maple syrup

## Waffles 8.25

Our own recipe, cooked to order and served with maple syrup, organic whipped double cream and mixed fruit

## Toasted treats

Two slices of local, hand-cut bread, or a bagel, toasted and served with organic butter and choice of jam, marmalade, peanut butter, Nutella or Marmite

Or choose a toasted English muffin or a toasted cheese and chive scone

2.95

## Light Lunches

Served from 11.30am daily

Choose from a sandwich with salad garnish and Kettle chips, a jacket potato with home-made coleslaw and side salad, or a salad with hand-cut bread and home-made coleslaw. See specials board for today's fillings, plus all of our other seasonal dishes

# DRINKS AND SNACKS

Our tea, coffee and hot chocolate are Fairtrade and organic and we use organic milk. Fairtrade decaff coffee or organic soya, oat or almond milk are available

<b>Americano</b>	2.30/2.60
Good old plain black coffee (milk optional)	
<b>Espresso</b>	2.30/2.60
This is the strong stuff	
<b>Café au Lait</b>	2.70/3.00
A shot of Espresso with a big splash of milk	
<b>Latte</b>	2.70/3.00
Espresso with milk and a thin skim of froth	
<b>Cappuccino</b>	2.70/3.00
Espresso, a dash of milk and then lots of froth	
<b>Café Mocha</b>	3.30
Coffee mellowed by a dash of chocolate	
<b>A pot of tea for one</b>	2.50
We stock English breakfast, Earl Grey, Darjeeling, Assam, Rooibos and decaffeinated	
<b>Specialty teas</b>	2.50
Peppermint, green, or camomile tea, plus a selection of Pukka organic fruit infusions	
<b>Hot chocolate</b>	3.00
A mug of chocolatey indulgence	
<b>Whole Earth organic fizzy pop (330ml)</b>	2.45
Lemonade, cranberry, elderflower, ginger, or orange & lemon.	
<b>Local Ringden Farm fruit juice (250ml)</b>	2.80
Apple, pear, apple and rhubarb, or apple and beetroot	
<b>Exotic fruit juice (250ml)</b>	3.25
Grapefruit or organic orange	
<b>Pip organics (250ml)</b>	2.00
Child's carton of pineapple and mango smoothie, or apple and blackcurrant spring water	
<b>Folkington's juices</b>	2.80
Choose from pink lemonade, tomato or summer berries	
<b>Still or sparkling mineral water (500ml)</b>	2.20
<b>Dash infused sparkling water (330ml)</b>	2.45
No sugars, no sweeteners, no calories. Subtly flavoured spring water. Choose from raspberry or blackcurrant	
<b>Glass of milk</b>	2.20
Whole or semi-skimmed cow's milk or almond, oat or soya milk	
<b>Iced coffee</b>	3.50
<b>Iced chocolate</b>	3.50

<b>Plain croissant</b>	2.65
Home-baked every morning and served with organic butter and choice of jam	
<b>Almond croissant</b>	2.65
Home-baked every morning	
<b>Pain au Chocolat</b>	2.65
Home-baked every morning	
<b>Haydens home-made scones</b>	2.70
Served with organic butter. Choose from cheese and chive, fruit or plain	
Add jam 0.85	
Add organic whipped cream 0.95	
<b>Toasted teacake</b>	2.50
Served with organic salted or home-made spiced butter	
<b>Home-made shortbread biscuit</b>	2.50
<b>Home-made organic cakes:</b>	
Gluten-free chocolate brownie	3.50
Carrot cake	3.60
Gluten-free lemon and almond sponge	3.60
Date, raisin and walnut loaf served with organic salted or home-made spiced butter	3.10
<b>Cream tea</b>	7.95
Two fruit or plain scones served with organic butter, choice of jam, organic whipped double cream and a pot of tea for one	

<b>Biddenden Kentish strong still cider (330ml)</b>	<b>3.90</b>
<b>Freedom organic lager (330ml)</b>	<b>3.90</b>
<b>Peroni lager (330ml)</b>	<b>3.90</b>
<b>Becks Blue (non-alcoholic) (275ml)</b>	<b>3.90</b>
<b>Whitstable Bay organic bitter (500ml)</b>	<b>4.50</b>
<b>Gin (25ml)</b>	<b>2.90</b>
<b>Vodka (25ml)</b>	<b>2.90</b>
<b>Fever Tree tonic/light tonic</b>	<b>2.00</b>
<b>Rhubarb and fiery ginger soda</b>	<b>1.75</b>
<b>Pimms and Lemonade (pre-mixed 200ml)</b>	<b>3.80</b>
<b>Gordon's pink gin and tonic(pre-mixed 200ml)</b>	<b>3.80</b>
<b>Gin and tonic/slimline (pre-mixed 200ml)</b>	<b>3.80</b>

## **Giol organic Pinot Grigio (Italy)**

It is the fresh, uplifting summer orchard fruits that make this soft, generously-flavoured wine so loveable. (Vegan)

## **Adobe Reserve organic Chardonnay (Chile)**

Refreshing citrus aromas of grapefruit and lime, mingled with tropical fruit, especially pineapple, and herbs

## **Wild Thing organic Rose (Spain)**

Refreshing and fruity, crammed full of tangy wild strawberry, raspberry and cranberry.

## **Etnico organic red blend (Chile)**

Rich blackcurrant and bramble fruit flavours.

<u>175ml</u>	<u>250ml</u>	<u>Bottle</u>
<b>4.90</b>	<b>6.50</b>	<b>17.95</b>

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<b>4.90</b>	<b>6.50</b>	<b>17.95</b>
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<b>5.50</b>	<b>7.00</b>	<b>19.95</b>
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<u>200ml</u>	<u>Bottle</u>
<b>6.95</b>	<b>21.00</b>

## **Giol organic Prosecco (Italy)**

This pale yellow Prosecco is full of persistent bubbles with a pronounced nose of white-fleshed fruits and blossom overlaying a yeasty base. (Vegan)