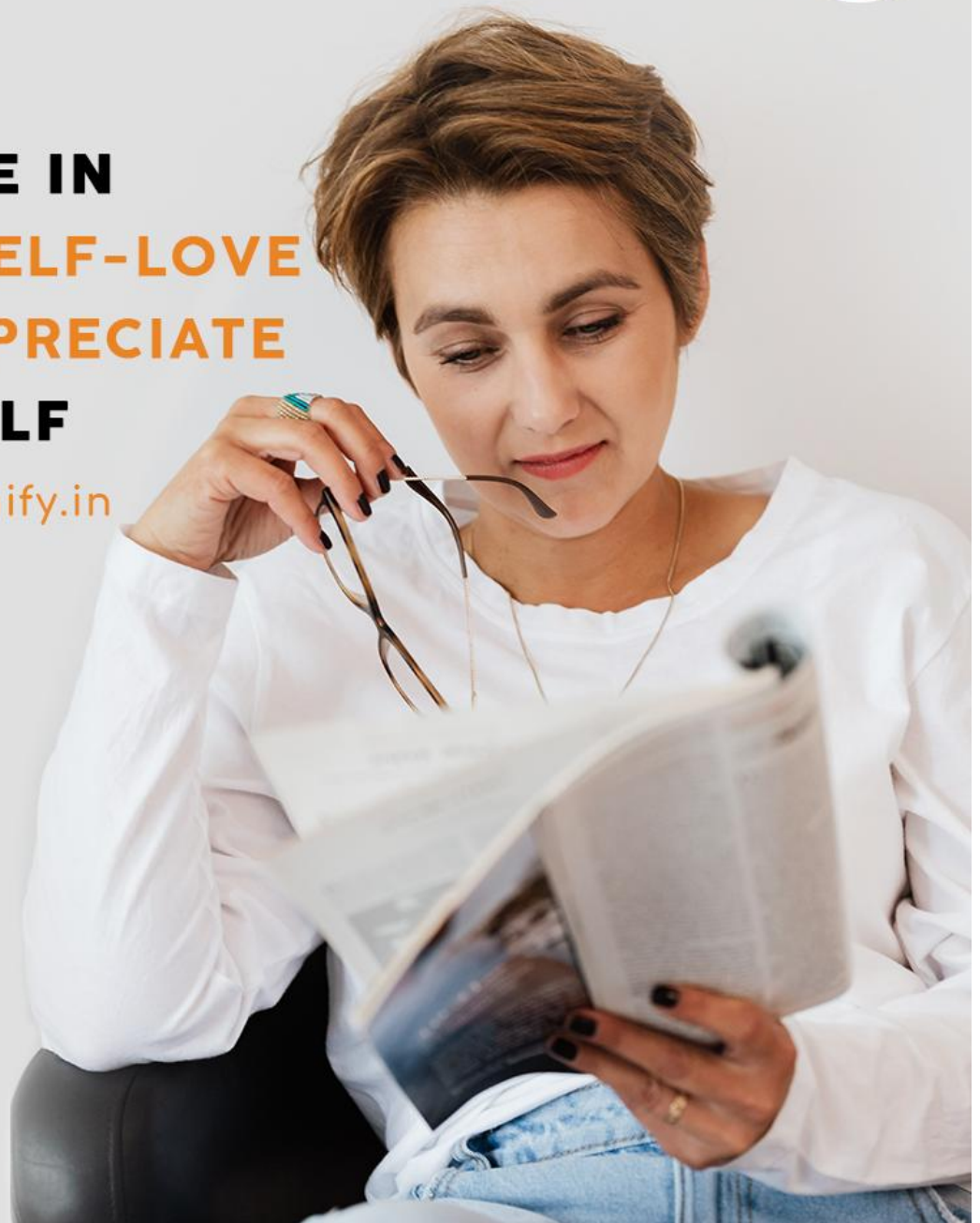




**INDULGE IN
SOME SELF-LOVE
AND APPRECIATE
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**TAG A PERSON WHO
BROUGHT A SMILE ON
YOUR FACE RECENTLY
AND TELL THEM HOW
VALUABLE THEY ARE
TO YOU**



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**WHAT IS YOUR
FAVORITE
WAY OF SHOWING
SELF-LOVE?**



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**KEEP CALM
AND CELEBRATE
'BREAK FROM
WORK WEDNESDAY'
HOW IS YOUR
WEDNESDAY
TREATING YOU?**

