

Sustainable Living

Nurturing a learning environment for all stakeholders where inclusive holistic eco-living is celebrated.



September Organo Et School Newsletter

With a comeback Organo Et School is glad to have started its online sessions with children. We are grateful to parents, teachers and students who have taken a step towards sustainable living. We hope that we have been successful in extending our session, and we reassure you that we will continue in the same spirit in the time to come.

We would like to take this opportunity to thank all of those who contributed making the OES Newsletter possible through providing and sharing their ideas on relevant topics. We wish to continue this successful collaboration in the coming times, with even more strength, commitment and activities in adopting simple habits to make it a part of our rhythm...

Relaunch of Organo Et School

“ Live simply that others might simply live”
- Mahatma Gandhi on sustainable and minimal living

Planet Earth is what we all living beings share in common, and it is imperative we are mindful of our surroundings. Organo @ School is making a comeback with Organo Et School that aims at responsible and sustainable living made easy by creating an experiential learning platform for educating and helping people make sustainable and mindful choices. We have expanded our educative initiative to both online and offline events, workshops, and experiential learning programs.

With our purpose being “Nurturing a learning environment for all stakeholders where inclusive holistic Eco-living is celebrated”, we are now extending our initiative to communities and corporates as well by conducting events, workshops, and experiential learning programs for families and working professionals.

In the past we touched upon more than 25 schools, over 6000 children visiting Organo Naandi for first-hand learning experience on farm living. We have also conducted a number of workshops and talk shows by experts on Sustainable Community living. In these trying times of a Global Pandemic, as an attempt to stay safe, the world has come to a standstill. Luckily, education did not grind to a halt, but it can be transformed and moved online. Organo Et School has now started to conduct e-workshops to nurture young Eco-minds, to empower communities to adopt sustainable and responsible living, and to help working professionals make sustainable and mindful lifestyle choices.

Though we firmly believe in experiential learning being the most desired form of learning, however during such times we want to continue to empower all our stakeholders in creating and adopting holistic Eco-living. The spirit and intent of Organo Et School program is to encourage individuals to adopt an Eco-friendly lifestyle by teaching them to connect and be a part of nature, to grow their own food, by inspiring them to look for sustainable sources of energy, contributing to the holistic well-being of the Eco-system.



All our learning activities are categorized under Saptha Pathas, the seven strands of sustainable living that are Food, water, Air, Earth, Energy, Shelter, and People. Through this new expansion into Communities and Corporates, Organo Et School is expected to reach out to a larger audience to educate and help more people make sustainable choices to lead this sustainable movement.

Intent of Organo Et School

Nurturing a learning environment for all stakeholders where inclusive holistic Eco-living is celebrated; Organo EtSchool aims at spreading awareness by educating Schools, Communities and Corporates at large to engage in helping individuals to make mindful decisions, spurring them on to realize that they too can make a difference to their surroundings. It gives a place to witness and learn from real world examples such as Organo Naandi, India's first and only community based on Sapthapatha, our 7 strands of sustainability - Food, Water, Energy, Air, Earth, Shelter and People. Participants are encouraged to explore the structures behind our day-to-day lives to understand their scope and impact.

They are empowered to be mindful of the challenges that are faced by those responsible for that infrastructure.

Our sessions are conducted on various venues including Organo Naandi, Schools, Corporates and Communities. During this Pandemic we have moved to the online mode to stay connected. Our online sessions and workshops are built to offer active learning experiences, which can include frequent opportunities for participants to discuss, share experiences, ask and answer questions as well.

Programs

Organo@School

Children/Students from kindergarten to Grade 12

- Experts visiting school
- Children visit Organo Naandi for Field trips
- Online workshops & Session

Organo@Corporates

Working professionals from corporates

- Experts visit corporates to conduct workshops on sustainability
- Induction Program at Organo Naandi
- Weekend Farming
- Online workshops & Sessions

Organo@Communities

Residents from various communities

- Experts visit communities to help community be more sustainable
- Conduct workshops on responsible waste management and segregation, minimal living, de-cluttering, kitchen gardening, make your own toothpaste and soaps and many more.
- Online workshops & Sessions

We are happy to share that there are 25 prominent schools and 4000 students who have turned into 'Nature's Brand Ambassadors' for a lifetime through our Organo@School field visits. Besides this we have visited 7 communities and conducted 12 events at Organo Naandi and were able to connect with over 2500 adults from Communities and Corporates on making sustainable learning and living common simple and doable for them.



Workshop on Microgreens Macro Benefits at Sloka

We conducted 2 online sessions (7th & 21st Aug) on “Microgreens Macro Benefits” with students of grade 5, Sloka Waldorf School that had 31 students participate in each session. Students were told how Microgreens can be grown from every window sill to balcony corners with available resources like reusing toy boxes, ice-cream boxes, recycled plastic bottles and food delivery bowls and with whatever seeds they have at home. The objective of this session was to create an interest in students who take ownership of their environment. We introduced them to the growing medium, container that can be used for growing the Microgreens, spray bottle that can be made from any pet bottle, how to provide basic maintenance and care. We also showed the stages of growth of Microgreens including how to harvest and how to use as well.

There were some very interesting questions by students like, if they can use Rajma seeds and other lentils, if they can use a basket or jute bag to grow, if they can grow it soilless. It was overwhelming to hear students share their knowledge about Microgreens and its benefits.

Students were encouraged to grow their own Microgreens and document and share their work. Some students went on to plant their own Microgreens such as fenugreek, coriander, mustard and many more. We gave away e-certificates to students who were able to take the learning to the next level of implementation and shared their remarkable journey with us through photographs of their stages of growing and their produce which was quite remarkable.

“From my childhood I like to grow plants. When I learnt about microgreens from Shilpi Aunty, I was very excited. When I was sowing the seeds in the tubs I couldn’t wait, every day when I was watering the seeds, I was impatient to see the sprouts. Day by day the microgreens grew taller and taller, I was very happy to see them grow. One day I cut them and made a yummy sandwich. I thank my teacher and Aunty who told us how to grow them.”



Initiatives of OES

“Your beliefs become your thoughts, your thoughts become your words, your words become your actions, your actions become your habits, your habits become your values, and your values become your destiny.”

— Mahatma Gandhi

We offer various programs to schools, Communities and corporates that are meant to inspire one's natural curiosity and wonder with hands-on learning experiences and inquiry-based exploration

Upcoming Sessions

- What is Sustainability?
- Sustainability and environment
- Waste segregation- The R's of the waste management
- How to turn waste into resources
(Composting, Recycling, Reuse, Upgrading, donation)
- What is compost and how does it help?
- Compost making
- Kitchen Gardening
- Microgreens Macro Benefits
- Renewable energy
- Solar power solution
- Mindful shopping
- Minimal Living
- Organizing your home
- Energy Demand reduction- Save power through small acts
- Waste demand Reduction - Save water before you use it



To know more

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If you would like request a workshop for your schools, community or company, connect with us via **9154100775** or write to us at **oes@organo.co.in**