How to be a Compassionate Leader

Leaders in Asia are very result driven and task focused. There’s barely any time to care about other people’s feelings. When leaders start to be compassionate though, they can make extraordinary things happen through their people.
Create Empathetic Responses

Exercise empathy, not sympathy

EMPATHY

Greek: *empatheia*

**meaning:** passion or the concept of shared feeling. The experience of understanding another person’s condition from their perspective.

SYMPATHY

Greek: *sunpathos*

**meaning:** with/together suffering.
Feelings of pity and sorrow for someone else's misfortune.

Four Essentials of Empathy

1. You are able to see the world as others see it
2. You are non-judgemental
3. You are able to understand another person’s feelings
4. You are able to communicate your understanding of another person’s feelings

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Adopt 5 Behaviours

Behaviours of a Compassionate Leader

1. Demonstrate sensitivity to the plight others are undergoing.

2. Empathise with others’ difficulties in and outside of work.

3. Offer help to others when needed.

4. Show consideration to others when taking actions.

5. Show sincerity for the well-being of others.