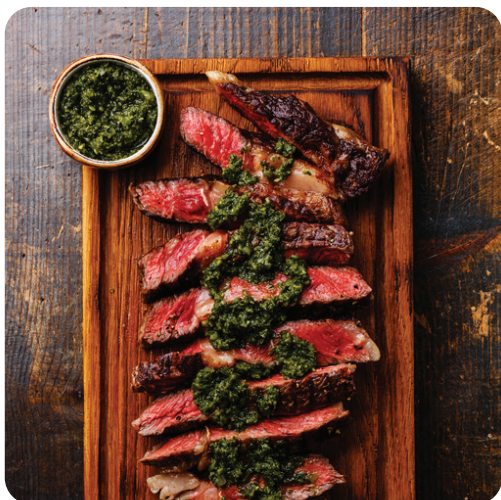


SAUCY AFFAIRS

CORPORATE CATERING MENU



CHEF ERIC ROGERS



Note: all orders are subject to a 10% delivery charge and must meet minimum order requirements



Breakfast / Brunch Offerings

Minimum Order of 8 portions per item

Bakery Basket

Assorted Fresh Baked Muffins / Loaves / Bagels / Scones /
Croissant / Pan Au Chocolat / Cinnamon Buns /
Fruit Danish Served With Sweet Butter / Fresh Fruit Preserves
And Cream Cheese
(Veg)
\$7.00

Montreal Bagel Platter

Assorted Real Montreal Bagels Served With
Traditional Cream Cheese / Smoked Salmon Cream Cheese /
Chive Cream Cheese And Fresh Fruit Preserves
\$7.50



Yogurt and Berry Parfaits

House Made Granola Layered with Yogurt topped with
Fresh Seasonal Berries
Served in Individual Mini Mason Jars or Trifle Bowl
(Veg)
\$5.95

Fresh Seasonal Fruit Platter

Melons / Mixed Berries / Seasonal Soft Fruits / Exotic Touches
(GF, Vegan, Veg, DF)
\$6.50

Fresh Melon Platter

Assorted Melons and Pineapple Wedges
(GF, Vegan, Veg, DF)
\$4.50



Check out our fresh juice and smoothie selections

Breakfast / Brunch Offerings

Minimum Order of 8 portions per item

Smoked Salmon and Montreal Bagel Platter

Assorted Montreal Bagels / Smoked Salmon / Cream Cheese /
Sliced Tomato / Red Onions / Capers / Lemon Wedges
\$9.50

Fluffy Egg Frittatas

Spinach / Roast Onion / Apple / St Andre Roast Pepper (GF,Veg)
Pan Fried Fingerling Potatoes / Double Smoked Bacon /
Goat Cheese (GF)
\$7.95

Succulent Egg Muffins

Farm Fresh Free Range Eggs Baked And Served On A Fresh Bun
With The Following Toppings:

Wild Mushrooms / Wilted Spinach / Extra Old Cheddar (Veg)
Crisp Pancetta / Pesto / Oven Roast / Tomato / Goat Cheese
Refried Beans / Fresh Salsa / Sour Cream /
Jalapeno Jack / Cilantro, Bacon
\$6.25



Sandwich Boxed Lunches

Basic Box Option

Assorted Basic Sandwiches on Artisan Buns
Mexican Coleslaw or Mixed Greens or Fingerling Potato Salad
Whole Fresh Fruit
Homemade Cookie
\$16.95 / Box

Signature Box Option

Assorted Signature Sandwiches on Artisan Buns
Quinoa Salad or Wild Rice & Orzo or Grilled Vegetable Salad
Whole Fresh Fruit
Homemade Cookie
\$19.95 / box

***Ask about our Corporate Omelette Bar**
It's AWESOME!!





Sandwich & Wraps

Minimum Order of 8 portions per item

Our Market Sandwiches & Wraps

Served on Seasonal Chef's Choice Artisan Breads / Buns / Bagels / Baguettes / Tortillas

White Albacore Tuna: Cornichons / Red Onion / Dill (DF)

Roast Turkey: Swiss / Sprouts / Cranberry Cream Cheese / Pickled Onion / Mayo

Avocado: Cheddar / Cucumber / Sprouts / Sun Dried Tomato Mayo (Veg)

Rare Roast Beef: Horseradish Spread / Balsamic Onions / White Cheddar

Chopped Chickpeas: Roast Peppers / Green Olives (Veg, Vegan, DF)

Chopped Egg Salad: Green Onions / Sprouts / Mayo / Whole Grain Mustard (Veg, DF)

\$8.25 (1 Sandwich Per Portion)

Our Signature Sandwiches & Wraps

Served on Seasonal Chef's Choice Artisan Breads / Buns / Bagels / Baguettes / Tortillas

Goat Cheese: Avocado / Celery / Pesto / Watercress (Veg)

Black Forest Ham: Brie / Roast Tomato / Arugula

Roast Turkey Club: Prosciutto / Lettuce / Roast Tomato / Cheddar

Buttermilk Fried Chicken: Sundried Cranberry Coleslaw / Chipotle Mayo

Grilled Veggie: Zucchini, Eggplant, Sweet Peppers / Pesto Aioli

\$10.25 (1 Sandwich Per Portion)





**NO TREE NUTS
IN OUR
SALADS, SAUCES or PESTOS**

Salads & Meal Bowls

Minimum Order of 8 portions per item

Market Salads

Mixed Garden Greens: Cucumber / Red Onion / Tomato / Dried Cranberries / Grapefruit Vinaigrette
(GF, Veg, Vegan, DF)

Classic Caesar: Romaine Hearts / Croutons / Asiago / Prosciutto / Roasted Garlic Dressing

Crunchy Greek Salad: Peppers / Feta / Onion / Cucumbers / Tomato / Olives
(GF,Veg)

Mexican Coleslaw: Radish / Carrot / Cilantro / Jicama / Mango / Red Onion / Jalapeno-Lime Honey Vinaigrette
(GF,Veg,DF)

Market Fingerling Potato Salad: Shallots / Parsley / Roast Shallot-Grainy Mustard Vinaigrette
(GF,Veg,Vegan,DF)

Regular: \$4.50
"Meal Bowl" for 1: \$13.50

Signature Salads

Grilled Mediterranean Vegetable Salad: Olives / Feta / Balsamic Drizzle (GF,Veg)

Grilled Black Kale: Roast Peppers / Cherry Tomatoes / Pickled Carrot / Red Onion / Assorted Sprouts /
Creamy Roast Garlic Dressing (GF,Veg,Vegan,DF)

Signature Fingerling Potato Salad: French Green Beans / Pancetta / Fresh Herbs / Lemon Zest (GF,DF)

Cobb Salad: Grilled Chicken / Pancetta / Gorgonzola / Avocado / Red Wine Vinaigrette (GF)

Asian Chicken Slaw: Napa Cabbage / Red Peppers / Edamame / Toasted Chili Pumpkin Seeds / Green Onion /
Thai Basil / Mint / Citrus-Chili-Ginger Vinaigrette (GF, DF)

Wild Rice-Orzo Salad: Shitake Mushrooms / Pinenuts / Parsley (Veg,Vegan,DF)

Quinoa: Broccoli / Cucumber / Roasted Cherry Tomatoes / Chickpeas /
Assorted Sprouts / Parsely / Mint / Coriander / Citrus Vinaigrette (GF,Veg,Vegan,DF)

Regular: \$5.50
"Meal Bowl" for 1: \$16.50



Proteins

Minimum Order of 8 portions per item

Poultry

- Stuffed Chicken Breast:** Oven Roast Tomato / Pesto / Fresh Mozzarella (GF) \$12.50
Frizzled Onion and Chickpea Flour Crusted Chicken Fingers: Coconut Curry Dip \$8.25
Grilled Lemon-Tarragon Chicken Brochettes: House Made Tzatziki (GF) \$8.75
Island-Style "JERK" Thighs (Boneless): Mango Chutney (GF,DF) \$9.75

Meats

- Baked Meatballs:** Fresh Mozzarella / Ricotta, Basil / Tomato Sauce \$10.25
Mexican-Style Grilled Hanger Steak: Salsa verde / Pico de Gallo / Avocado / Queso Fresco \$13.50
Chateaubriand Beef Tenderloin: French Bernaise Sauce or Congac and Three-Peppercorn Sauce \$19.95

Fish

- Deep-Fried Cod Fish "Taco":** Mango Salsa / Cabbage Cilantro Slaw / Guacamole / Fried Tortilla Chip Garnish (DF) (2 tacos / portion)
Cedar Planked Salmon: Maple-Miso Glaze / Herbs / Grilled Green Onion Aioli (DF)
Pan Seared Salmon: Finished In Oven / Dill / Lemon And Capers Beurre Blanc / Fresh Lemon Wedge (GF,DF)
Tandoori Salmon: Mango Chutney, Raita (GF)
Thai-Style Wild Cod: Coconut-Green Curry Sauce (GF,DF) (Market Price)

Vegetarian

- Grilled Vegetable Stack:** Poblano Chilis / Hot House Tomatoes / Portobello Mushroom / Spicy Black Beans / Avocado / Cilantro / Queso Fresco (GF,Veg) \$9.50
Asian Eggplant Meatballs: Ginger / Panko / Tamari (Veg,DF) \$8.25
Black Bean Burrito: Tomato, Avocado / Charred Red Onion / Spicy Black Beans / Jack Cheese (Veg) 8.75
Shanghai Mikki Noodles: Braised Tofu / Broccoli / Asian Greens / Mushrooms / Bean Sprouts (Veg,Vegan,DF) \$8.25



Home Cooking by The Pan

½ pan serves 9 / Full pan serves 15

Gourmet Lasagna: Rich Bolognese Sauce / Handmade Pasta / Fresh Ricotta / Shredded Basil

½ pan \$72 / full pan \$130

Gourmet Vegetable Lasagna: Grilled Vegetables / Spinach / Ricotta / Tomato Basil Sauce (Veg)

½ pan \$65 / full pan \$125

Chicken Pot Pie: Puff Pastry / Sweet Peas / Mushrooms / Shallots / Tarragon Cream

½ pan \$70 / full pan \$115

Classic Mac 'n' Cheese: Parmesan & Gruyere Mornay Sauce / Breadcrumb Topping

½ pan \$55 / full pan \$92

Shepherd's Pie: Ground Lamb Ragout / Carrots / Peas / Onions / Golden Potato Crust

½ pan \$75 / full pan \$125

Starch

Minimum Order of 8 portions per item

Harissa Potatoes: Roast Pepper / Chilies / Coriander / Caraway (GF,Veg,Vegan,DF) \$3.25

Whipped Yukon Gold Potatoes: Sweet Butter / Crème Fraiche (GF,Veg) \$2.95

Steamed Mini Red Potatoes: Butter and Snipped Chives (GF,Veg) \$2.95

Roasted Root Vegetables: Pesto and Shaved Parmesan (GF,Veg) \$3.75

Asian Style Brown Basmati: Green Onions, Chinese Mushrooms / Broccoli / Cilantro /
Sweet Peppers (GF,Veg,Vegan,DF) \$3.75

Curried Lentils: Basmati Rice / Raisins / Dates (GF,Veg,Vegan,DF) \$3.75

Creamy Orzo: Oyster Mushrooms / Spinach (Veg,DF) \$3.75

"Greek Potatoes": Smashed Baby Potatoes / Feta / Oregano / Olive Oil (GF,Veg) \$3.50

Vegetables

Minimum Order of 8 portions per item

Roasted Cauliflower: Pinenuts / Golden Raisins / Balsamic / Lemon Zest (GF,Veg,Vegan,DF)
\$3.75

Braised Rapini: Red Chili Flakes (GF,Veg,Vegan,DF) \$3.50

Crisp Broccolini: Anchovy-Caper Butter (GF,Veg) \$3.50

Pickled Ontario Beets: Dill / Goat Cheese / Citrus Vinaigrette (GF,Veg) \$4.25

Roasted Seasonal Squash: Garlic Confit, Parmesan (GF,Veg) \$3.50

Haricot Vertes: Shallot Confit, Pine Nuts (GF,Veg,Vegan,DF) \$4.25



Platters

Minimum Order of 10 portions per item

Chips and Dips

Roasted Garlic Pita Chips / Flatbreads
White Bean and Rosemary Dip / Chipotle Hummus / Curried Eggplant Dip
(Veg,Vegan,DF)
\$4.25

Charcuterie Platter

Local and Imported Cured Meats, Pates /
Rillettes Served with Garlic Crostini / Mustards / Gherkins / Pickled Onions
(DF)
\$16.00

Grilled Vegetable Display

Eggplant / Zucchini / Grape Tomatoes / Sweet Onion / Asparagus /
Roasted Garlic / Sweet Potato / Portobello Mushrooms / Peppers / Basil / Feta
/ Balsamic Drizzle
(GF,Veg)
\$6.00

Guacamole Botana

House Made Tortilla Chips Fresh Salsa / Guacamole
(Veg,Vegan,DF)
\$5.00

Fresh Vegetable Crudités

Blanched Baby Carrots / Cauliflower / Broccoli / Asparagus / Cherry Tomatoes
Haricots Vertes / Roasted Garlic Aioli
(GF,Veg,DF)
\$4.50

Domestic and Imported Cheese Display

Domestic & Imported Cheese Selections with Fresh Fruit / Berries /
Crackers / Baguettes
(Veg)
\$8.95



Beverages

Assorted Pop, Juice, Water

Coke, Pepsi, Diet Coke, Ginger Ale, Sprite, Apple, Orange, Grapefruit, Cranberry, Flat Water
\$2.00

Sparkling Water & San Pellegrino Juices

\$3.00

Coffee or Tea

Fair Trade Coffee or Orange Pekoe, and Assorted Herbal Tea
Accompanied by Milk, Cream and Sugar
\$24.00 (12 cups / 12 tea bags)



Juices & Smoothies

Fresh Squeezed

Orange Juice
Grapefruit Juice

Cold Pressed

Apple
Beet Apple Ginger
Kale Apple Passion Fruit
Mango Carrot Orange Ginger Turmeric

Smoothies

Mango / Spinach
Strawberry Banana Orange

\$4.00 (per Single Serving)



Desserts

Minimum Order of 8 portions per item

Biscotti and Cookies

Seasonally Inspired Unique Favourites

\$4.25 (2 pieces per serving)

Mini Tarts, Cupcakes and Squares from Dufflet

Fresh Seasonal Favourites

\$4.50 (2 pieces per serving)

Ask about our celebration and specialty cakes!



NOTES:



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M4V 2G7

call us at 416 967-2829 or 416 96.SAUCY or
email
corporate@saucyaffairs.com
to place an order





SAUCY AFFAIRS

EAT • DRINK • LOVE