



menu week 07.09

Soup

Soup of the Day / 4

Breads

Baguette Cheese, tomato, cucumber, egg, mustard mayo & lettuce / 5.5

Wrap w. Hummus, Mediterranean grilled veggies & rucola / 6.5

Wrap Chicken, minty mayo, pickled veggies, zesty cabbage & baby spinach / 7

Focaccia w. Parma ham, harissa mayo, grilled zucchini, rucola & almond / 7

Power bowls

Beetroot Carpaccio & Goat cheese / 10.5

herbed lentil tabbouleh, radicchio & honey mustard dressing

Chicken Meatballs w. Harissa relish / 11.5

wicked coleslaw, smashed sweet potato, lime yogurt, pomegranate & sesame

Beef Tagliata w. tomato, parmesan & basilicum pesto / 12.5

pearl couscous w. Kalamata olives, sun-dried tomato, grilled zucchini & rucola

Comfort bowls

Ricotta & Spinach ravioli / 10.5

w. tomato salsa, grilled eggplant & parmesan

Sweet and Salty Halloumi / 11.5

Mediterranean baked veggies & quinoa

Ginger & Lemongrass Curry w. Chicken / 12.5

w. steamed vegetables, baked chickpeas & rice