

Linda Weiner, MSW, L.C.S.W

Owner, Sex Therapist St Louis, LLC

Diplomate in Sexology

AASECT Certified Sex Therapist, Supervisor & CE Provider

Author & Speaker

Linda Weiner wears many hats. As a therapist she specializes in working with individuals and couples with a range of individual, relational and sexual concerns. As an educator, workshop presenter and supervisor, she brings together many of the same qualities of insight, experience, connection, respect and humor characteristic of her therapeutic work. In recent years she has published numerous articles, a book chapter and a book on the use of Sensate Focus techniques, a foundational technique in sex therapy developed at Masters & Johnson Institute where she worked for five years before beginning a private practice. She and Dr. Avery-Clark are the authors of *Sensate Focus in Sex Therapy: The Illustrated Manual*, the first publication to detail both the updated sensate focus strategies of Masters & Johnson and to add the contributions of other clinicians and researchers involving more diverse clients. Linda taught at Washington University in St Louis Brown School for many years and has been a national and international speaker and a guest on numerous podcasts and media outlets, including CNN and VICE.

Linda's Education

Six month training program, Masters & Johnson Institute, St. Louis, Missouri

M.S.W., University of Missouri, Columbia, Missouri

B.A. in Psychology, American University, Washington, D.C.

Selected Speaking Engagements

Let's Talk About Sex: Media and Communication in Sex Therapy & Research

Workshop presentation, Society for Sex Therapy and Research (SSTAR) 45th Annual Virtual Conference, April 24, 2020

Sensate Focus Mindful Touch

Workshop presentation, International Society for the Study of Women's Sexual Health (ISSWSH), Orlando, FL, March 6, 2020

Recovering Cupid

Workshop presentation, St. Louis Area Young Onset Parkinson's Disease Group, Feb 18, 2020

Sensate Focus Touching: A Review of It's Use in Sexual Dysfunction and Health

Workshop presentation, World Association for Sexual Health, Mexico City, Oct 13, 2019

The Alchemy of Touch, Mindfulness & Somatic Therapy

Workshop presentation with Constance Avery-Clark, Ph.D., Institute for Sexual & Relationship Therapy & Training. San Diego, CA, Jan 11, 2019

Sensate Focus: Mindful Touch, an Adjunct to Marital & Couples Therapy

Workshop presentation with Constance Avery-Clark, Ph.D., Institute for Sexual & Relationship Therapy & Training, Conference, AAMFT, Louisville, KY, Nov 16, 2018

Sexual Trauma & The MeToo Movement

Presentation at the St. Louis OBGYN Society, St. Louis, MO, Sept 18, 2018

The Alchemy of Healing Touch: Sensate Focus in Sex and Relationship Therapy

Workshop presentation with Constance Avery-Clark, Ph.D., Institute for Sexual & Relationship Therapy & Training. Sponsored by the Sex & the City program, the Center for Psychological & Interpersonal Development, New York, NY, May 11, 2018

Somatic Therapy: Mindfulness Practices & Senate Focus in Sex & Relationship Therapy

Workshop presentation with Constance Avery-Clark, Ph.D., Institute for Sexual & Relationship Therapy & Training, American Psychological Association (APA) Annual Conference, Aug 2017 & 2018

50 Years of Masters & Johnson: Past Stories, Present Influences, & Future Directions

Workshop with Constance Avery Clark, through the Institute for Sexual & Relationship Therapy & Training at the 49th Annual Conference, American Association of Sexuality Educators, Counselors and Therapists, Las Vegas, NV, June 2017

Sensate Focus in Sex Therapy and Sexual Health: The Art and Science of Mindful Touch

Presentation with Constance Avery-Clark, Ph.D., through the Institute for Sexual & Relationship Therapy & Training at the 23rd World Congress of Sexology, Prague, Czech Republic, May 2017

Best OBGYN Practices in Health Care for Lesbian Women

Grand Rounds, Washington University School of Medicine, St. Louis, MO, May 2016

Transgender Care for OBGYN's

Grand Rounds, Washington University School of Medicine, St. Louis, MO, April 2016

Let's Talk About Sex: Integrating Sexual Health and Education into Clinical Practice

With Susan Stiritz, PhD, MSW. Workshop presentation at George Warren Brown School of Social Work, Washington University in St Louis, April 2016

Publications

Avery-Clark, C.A., and Weiner, L. (2019). Sensate Focus for sexual concerns: An updated, critical literature review. *Current Sexual Health Reports*.
<https://doi.org/10.1007/s11930-019-00197-9>

Avery-Clark, C.A., and Weiner, L. (2018). Sexual response in Masters and Johnson. In: J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of couple and family therapy*. Switzerland: Springer, Cham. <https://doi.org/10.1007/978-3-319-15877-8>.

Avery-Clark, C. A., and Weiner, L. (2017). Traditional Masters and Johnson behavioral approaches to sex therapy. In Z. Peterson (Ed.), *The Wiley Handbook of Sex Therapy*, pp. 165-189, New York, NY: Wiley-Blackwell.

- Weiner, L. & Avery-Clark, C. (2016). William Masters. In: J. Lebow, A. Chambers, & D. Breunlin (Eds.) *Encyclopedia of Couple and Family Therapy*. Switzerland: Springer, Cham.
<https://doi.org/10.1007/978-3-319-15877-8>.
- Linschoten, M., Weiner, L., & Avery-Clark, C. (2016). Sensate Focus: A critical literature review. *Sexual and Relationship Therapy, 31*(2), 230-247.
- Weiner, L. (2010, Jan-Feb). Review: Masters of Sex, *Journal of Sex & Marital Therapy, 36*(1), 105-107.
- Weiner, L. (1988). Issues in sex therapy with survivors of intra-family sexual abuse. *Journal of Women and Therapy, 7*(2/3), 253-264.
- Weiner, L., & Avery-Clark, C. (2017). *Sensate Focus in sex therapy: The illustrated manual*. New York, NY: Routledge.
- Weiner, L., & Avery-Clark, C. (2014). Sensate Focus: Clarifying the Masters and Johnson's model. *Sexual and Relationship Therapy, 29*(3), 307-319.
- Weiner, L., Cannon, N., & Avery-Clark, C. (2014). *Reclaiming the lost art of Sensate Focus: A clinician's guide*. *Family Therapy Magazine, 13*(5), 46-48.

Contact Information

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<https://facebook.com/lindaweiner couplesguru>
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