

# HAND WASHING

DURING the TIME of COVID19 & FOREVER MORE

ONLY 3-6%  
WASH  
CORRECTLY

WASH FOR **20-25 SECONDS**

SING HAPPY  
BIRTHDAY  
2X



UNDER YOUR NAILS

INCLUDING ARTIFICIAL NAILS  
COVID CAN LIVE ON PLASTIC FOR 3-4 DAYS



USE A TOOTHBRUSH  
YOU DEDICATE FOR  
THIS TASK

UNDER YOUR RINGS

WHERE YOUR THUMB  
MEETS YOUR HAND

