

COMMUNITY LIVING IN THE ERA OF COVID-19

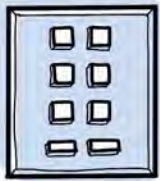
Shanina Knighton **PhD RN**

**PREVENTION IS BETTER
THAN TREATMENT!**



**WASH YOUR HANDS
IMMEDIATELY AFTER
YOU GET HOME**

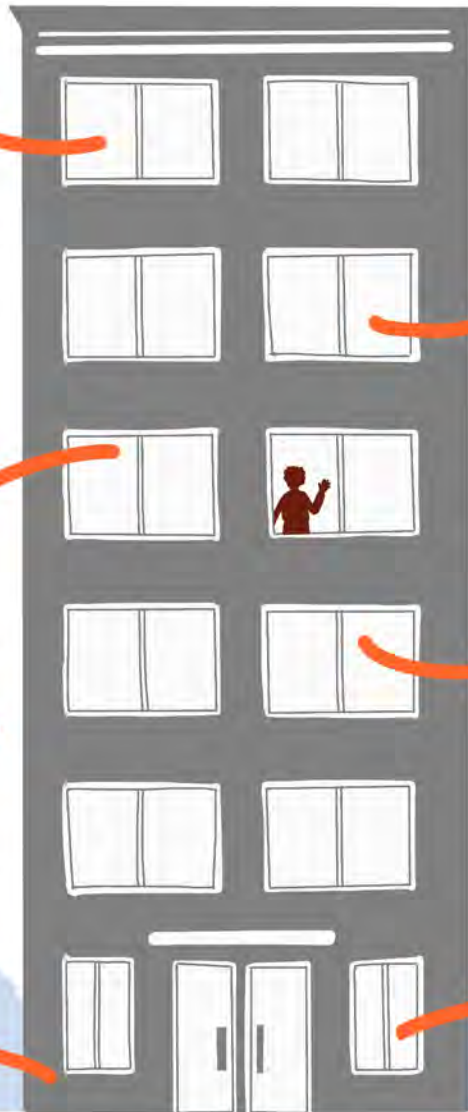
**WIPE
IT
DOWN**



**ELEVATOR BUTTONS,
DOORKNOBS, KEYPADS
PACKAGES, MAILBOXES AND
WASHERS & DRYERS
CAN BE **CONTAMINATED**
WITH VIRUSES**



**TRY TO ENTER & EXIT
THE BUILDING WHEN
TRAFFIC IS LIGHT**



**WEAR A MASK IN ELEVATORS,
LAUNDRY ROOMS AND OTHER SHARED SPACES**

**COVID-19 CAN SPREAD BETWEEN PEOPLE WHO
ARE TALKING, COUGHING AND SNEEZING.
MASKS REDUCE THE AMOUNT OF
DROPLETS IN THE AIR.**

ASK THE BUILDING MANAGER ...

- HOW DO THEY KEEP TRACK AND ALERT RESIDENTS OF COVID CASES IN THE BUILDING?
- WHAT IS BEING DONE TO ENSURE PROPER VENTILATION AND SAFETY IN HALLWAYS AND STAIRWAYS?
- DOES OUR BUILDING FOLLOW MAINTENANCE GUIDELINES AS ADVISED BY THE ENVIRONMENTAL PROTECTION AGENCY?



**HAVE VISITORS WASH THEIR HANDS
WHEN THEY ARRIVE AND REMIND THEM
TO CLEAN THEM AGAIN WHEN
GETTING INTO THEIR CAR**

