

# ON THE OTHER SIDE

---

## INTRODUCTION

Sometimes, it is what we've been holding onto in the past that keeps us from moving forward in the present. We desperately want to get to the other side of what we most desire, but there are painful events and hurtful wounds that keep pulling us back from where we want to be. How do we move forward with a past like ours? The key to forgetting is found in remembering.

---

## PART 3

### VIDEO NOTES

---

Buck opened up with a story of how, despite his desires to be a good, loving father, he still says and does things that hurt his boys' feelings. Upon reflection, he realized he was emulating his own father and that his past was continually creeping up in his present life.

There are things in our past that keep us from trusting each other the way good relationships require. There are things in our past that cause us to try to control our circumstances and situations and which ultimately result in a lack of peace. There are things in our past that cause us to question our identity, to become angry and spew hurtful words at those we love, and to harbor bitterness towards others.

The Apostle Paul offers some wisdom to us who remain stuck in the past. In his humility, he relates to all us, admitting that as much as he desires a complete and whole relationship with Jesus Christ, he has not yet fully arrived. But he does give us a very practical next step as to how we can continue to move forward in that direction – by forgetting what is behind and straining toward what is ahead.

This process of forgetting is not pretending it never happened or sweeping it under the rug. It's not to invalidate the hurt and pain someone else caused you. Instead, it's a process of healing and finding ways, with Jesus' help, to forgive those who have caused the pain in your past. It's actually a process of remembering what Jesus has

done for you – giving you a new identity in Christ, forgiving you of your sins, and seeking out the good in you. God never asks us to do something He hasn't done Himself and He promises to partner with us in this process.

The real sign of **forgiveness** is that you don't seek to **punish** the other, but you seek the **good** of the other.

### LET'S TALK ABOUT IT

---

1. Have you ever had one intention or desire for a relationship, but your actions were the exact opposition of what you wanted to accomplish?
2. Are there aspects of your past that you know interfere with moving forward in the ways you most desire?
3. What would it look like to be laser-focused on what's ahead for you? How would this change your current behavior?
4. "Remembering is what empowers you to forget what is behind." What truths do you need to remember about yourself so that you can move forward in the direction you desire go?
5. What is one tangible next step for you to identify what has a hold on you so you can begin moving forward?

### THIS WEEK

---

Spend some time talking with God this week, asking Him to reveal anything you've been holding onto – or that's been holding onto you – that keeps you from straining ahead toward the future. Where do you need to offer grace to yourself? To others?

"Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: **Forgetting** what is **behind** and **straining toward** what is ahead..."

Philippians 3:13-14