

PHOTOS

Please use these photo pages as a reference for the next section - Balance Importance Module questions

1 Sit eyes open



2 Sit eyes closed



3 Rotate head R/L



4 Lift leg off mat



4 Lift leg assisted if needed



5 Reach water-bottle behind



6 Reach water-bottle in front



7 Scoot forward



8 Scoot backward



PHOTOS

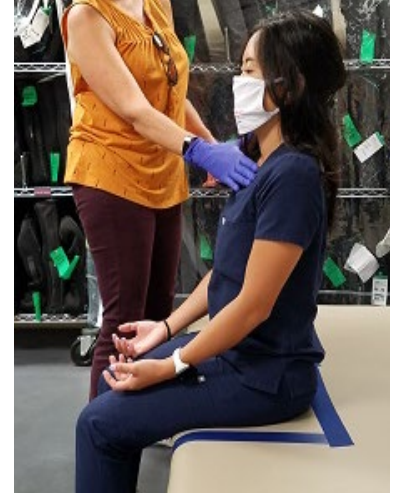
9 Scoot sideways



9 Scoot sideways



10 Nudge from in chest



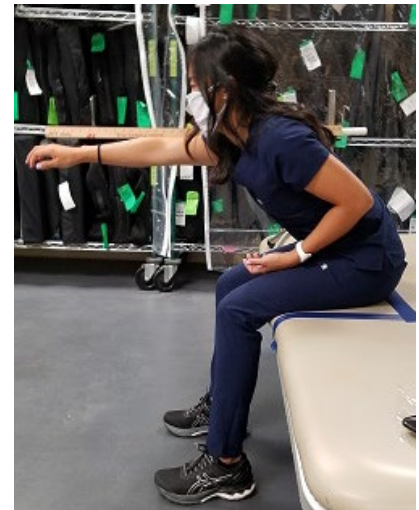
11 Nudge from side



12 Nudge from back



13 Forward reach



14 Sideways reach with hip lift

