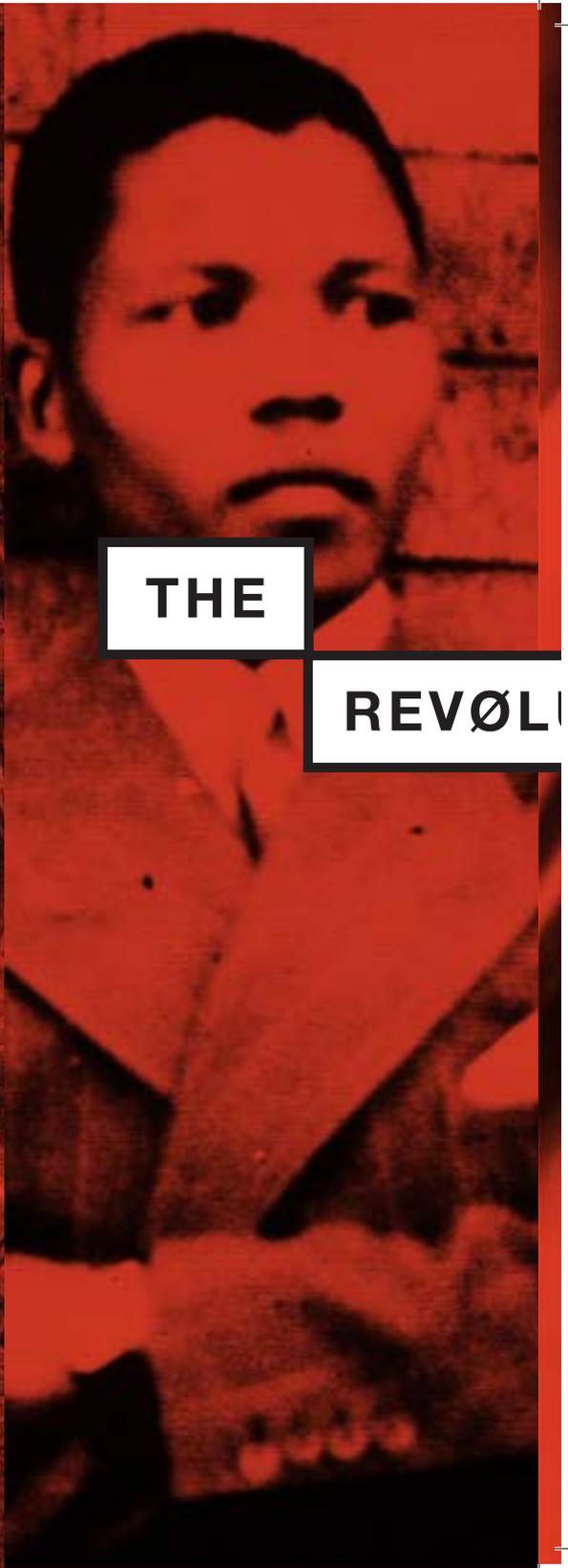
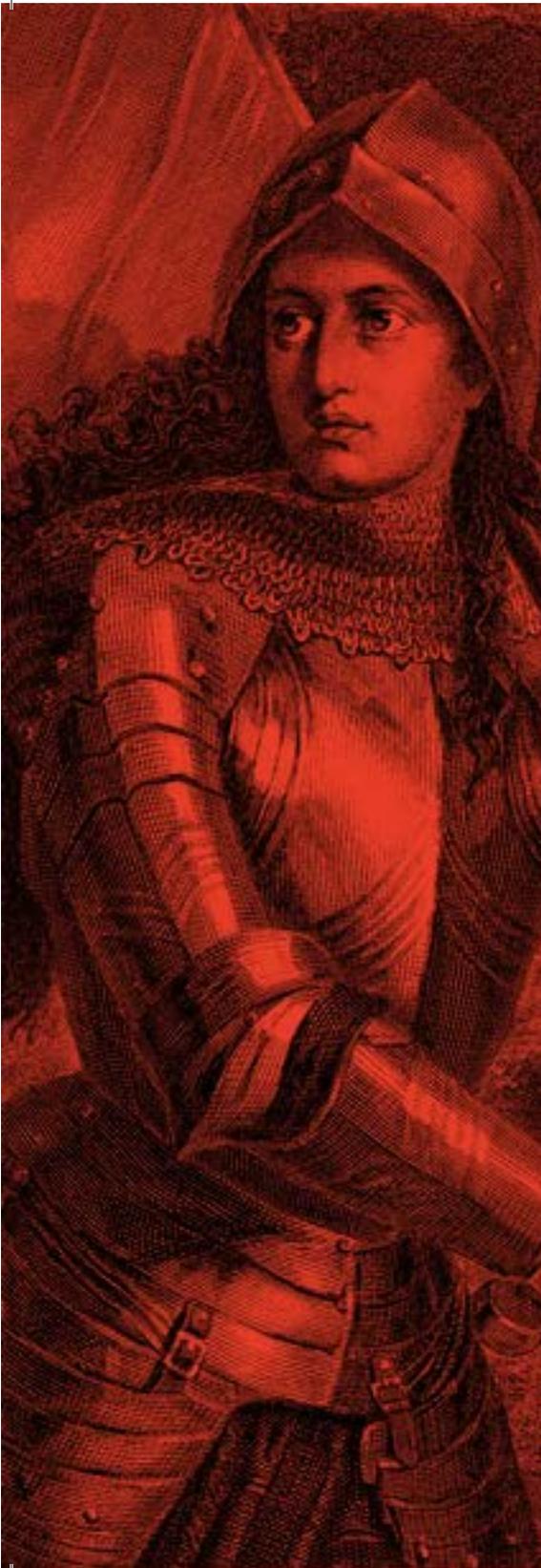


THE

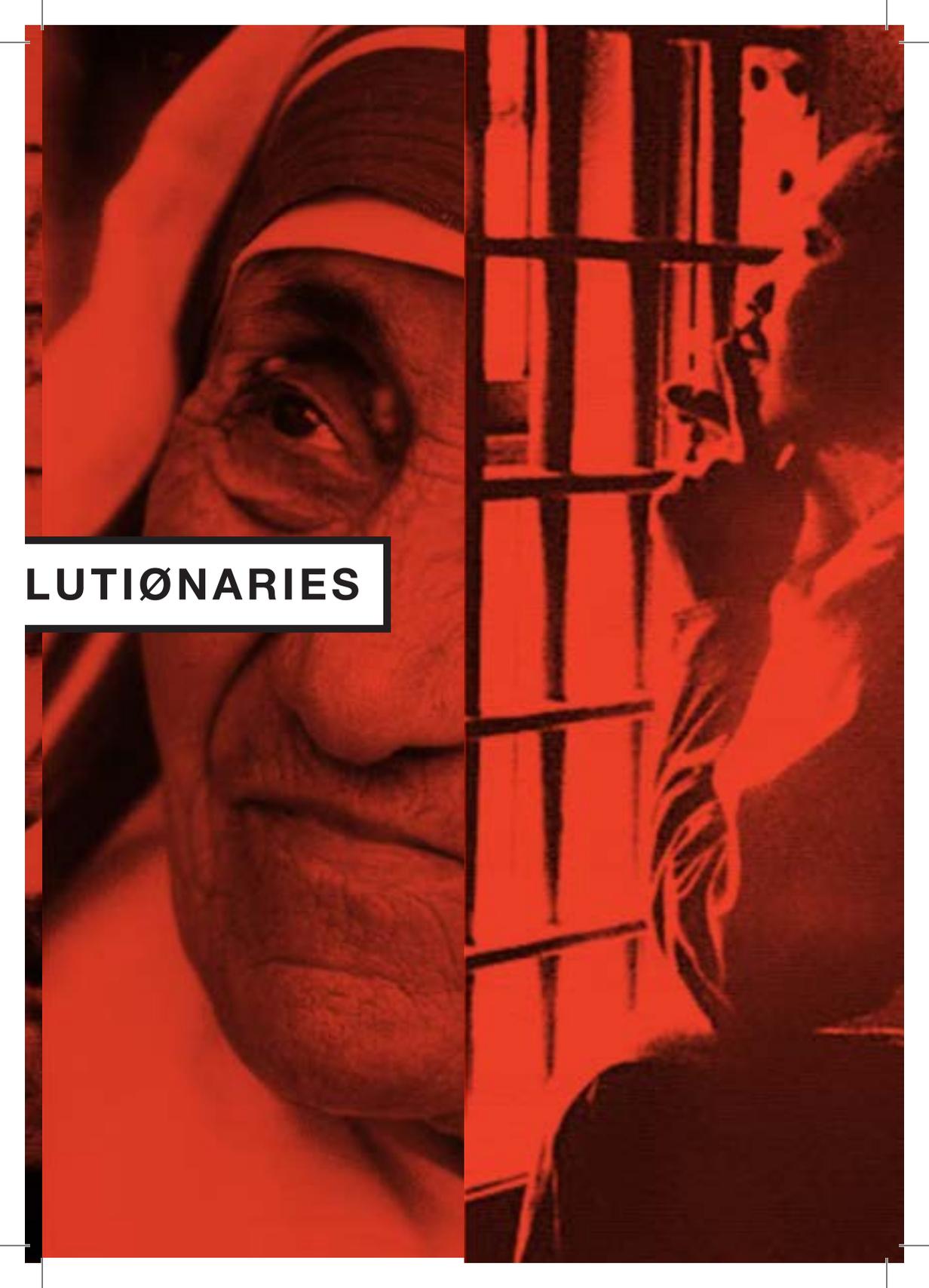
REVOLUTIONARIES

STUDY GUIDE

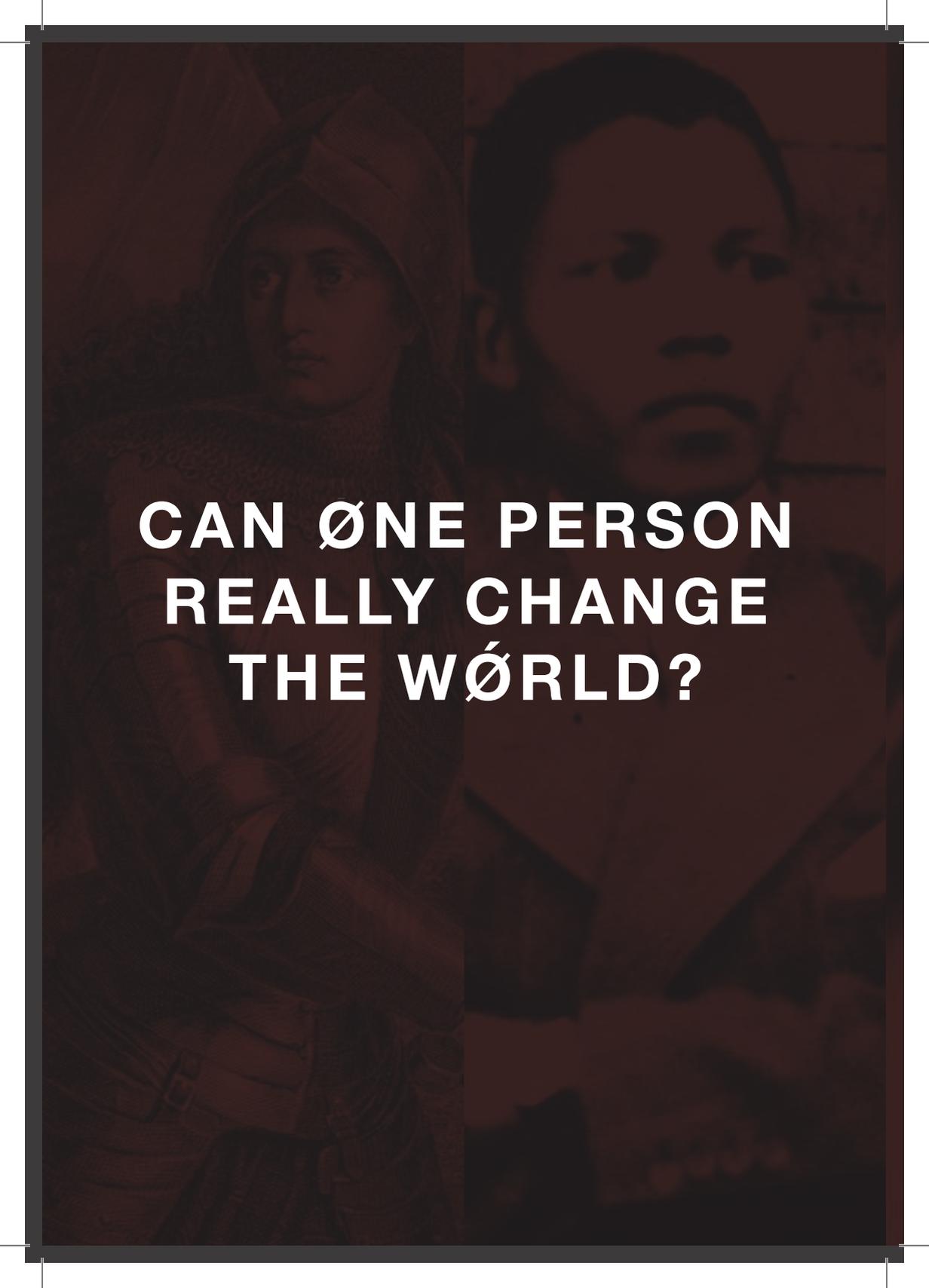


THE

REVOLU



LUTIONARIES



**CAN ONE PERSON
REALLY CHANGE
THE WORLD?**

CØNTENTS

HOST's Guide:

Before you meet

Setting Up

How to lead your gathering and use the study guide

Suggested time frames for your gathering

Extras: Keys to a Dynamic Gathering

Week One: Where Does a Revolution Begin?

Week Two: The Revolutionised Mind

Week Three: Revolutionised Relationships

Week Four: Revolutionised Focus

HOST'S GUIDE

This study guide is here to help you lead a fun and transformative gathering over the next few weeks that will see each person progress and grow.

Use this guide, along with the DVDs and weekly Study Guides, for a life-changing, interactive experience.

BEFORE YOU MEET:

- Ask God to prepare the hearts and minds of the people in your gathering. Ask Him to show each of you how to apply what you learn to your own heart to see growth and to move forward.
- Preview the DVD and read through the study guide for that week. Think about what you might answer for each question. Make notes in your study guide if you want to.

SETTING UP:

- Take time before everyone arrives to prepare some snacks to share with everyone, set up the room you will use, check that there are enough seats, and try to create a relaxed and comfortable environment to meet in. You might want to play music quietly to create a relaxed atmosphere when everyone arrives, or move the furniture in your living room to make the space inviting.
- Have a Bible handy for verses that you might want to look up during discussion.

HOW TO HOST YOUR GATHERING AND USE YOUR STUDY GUIDE:

ENGAGE: Welcome each person as they arrive. Spend time chatting, getting to know one another, or just sharing about the week. Your relationships as a group are as important as the time you spend watching the DVD or in discussion. A relaxed and friendly environment is an easy place to learn and hear from God.

IT A
S
IMPQ
UNT
D

NELS

ALWAYS
SEEMS
POSSIBLE
UNTIL IT'S
DONE

NELSON MANDELA

RECAP: After the first session you may wish to spend a bit of time each week recapping how your last seven days has been, inviting members to share any opportunities they had throughout the week to apply what they learned and how their individual activation went.

WATCH: After you have spent some time engaging with each other watch the DVD for the week.

DISCUSS: Read out each question in the study guide, allowing time for everyone to share their thoughts or experiences if they desire.

When a question arises, ask the group for their input, and resist the urge to answer it yourself straight away. Your primary role is to create an environment where people feel comfortable to be themselves and participate, not to provide all the answers to all of their questions. Don't be afraid of silence as participants think of their response to the questions.

Remember, the goal is not necessarily to 'get through' all of the questions. The main priority is for each person to learn and engage in dynamic discussion.

PRAY: Ask the group to pray for each other from week to week, especially about key issues that arise during your discussion time. This is how you begin to build authentic relationship, and encourage spiritual growth within the group.

ACTIVATE: As a group, read out and talk about the action in the study guide for that week. Decide together to commit to doing this action during the week to help you each grow and engage with God individually.

THE

REVOLUTIONARIES

SUGGESTED TIME FRAMES FOR YOUR GATHERING:

ENGAGE: 15 minutes

RECAP: 10 minutes

WATCH: 10 minutes

DISCUSS: 30 minutes

PRAY: 5-10 minutes

ACTIVATE: 5 minutes

(Please note that these are just suggested times, you may wish to take longer in certain areas. However, we do recommend keeping your gathering to a maximum of one and a half hours in consideration of others' time)

KEYS TO A DYNAMIC GATHERING

Relationships

Meaningful, encouraging relationships are the foundation of a dynamic gathering. Discussion and prayer are important elements of a gathering, but the depth of each part is often dependent upon the depth of the relationships between members.

Availability

Building a sense of community within your group requires members to prioritise their relationships with one another. This means being available to listen, care for one another, and meet each other's needs.

Mutual Respect

Mutual respect is shown when members value others' opinions (even when they disagree) and are careful to never belittle or embarrass others in the group (including their spouses, who may or may not be present).

Openness

A healthy group environment encourages sincerity and transparency. Members treat each other with grace in areas of weakness, allowing each other room to grow.

Confidentiality

To develop authenticity and a sense of safety within the group, each member must be able to trust that things discussed within the group will not be shared outside the group.

YES
IS
TØM
HA
YET
WE
ØNLY
LI
B

MOT

YESTERDAY
IS GONE.
TOMORROW
HAS NOT
YET COME.
WE HAVE
ONLY TODAY.
LET US
BEGIN.

OTHER TERESA

Shared Responsibility

Group members will share the responsibility of gatherings by using their God-given abilities to serve at each meeting. Some may greet, some may prepare food, some may pray, etc. Ideally, each person should be available to care for one another as needed.

Sensitivity

Dynamic gatherings are born when the leader consistently seeks and is responsive to the guidance of the Holy Spirit, following His leading throughout the meeting as opposed to sticking to the “agenda”. This is especially important during the discussion and prayer time.

Fun!

Dynamic gatherings take the time to have fun! Create an atmosphere for fun, and be willing to laugh at yourself every now and then!

THE
REVOLUTIONARIES

WEEK ONE

ENGAGE: Spend time connecting with each other.

WATCH: Watch Session One of the DVD

DISCUSS:

“For the creation was subjected to frustration not by its own choice, but by the will of the one who subjected it, in hope that the creation itself will be liberated from its bondage to decay and brought into the freedom and glory of the children of God.”

ROMANS 8:20-21

Ps Jordan said, “a revolution is inevitable when a revolutionary emerges.”

Question: Who are some people you know or have heard of who have initiated a revolution of some kind? Why was what they did revolutionary?

Frustration, or something that disturbs us or makes us angry, can be a powerful catalyst for change.

Question: What things have motivated people in history to act and fight for change?

When Mother Teresa went to India and saw the needs of the people who were living on the streets, she left her job to go and help them. Instead of ignoring the disturbance and leaving it as someone else’s problem, she decided to do something about it.

Question: Do you know anyone who has stopped what they were doing to change something they didn’t like in the world around them? What was it that disturbed them and made them act?





A healthy disturbance is when we have feelings of sadness in situations that are contrary to what we know is right. These feelings can have the power to change us.

Question: Why is it healthy to be disturbed by some things? What are some examples of a healthy disturbance?

It's been said that revolutionaries are those who "channel frustrations constructively" and that frustration is the fuel of a revolution.

Question: Do you tend to embrace frustration or avoid it? How do you normally respond when you're frustrated?

The Israelites always had their needs met while they were in the wilderness, however, many of them didn't enter into the Promised Land because they were too comfortable and were afraid to fight for God's promise for them.

Question: If you had the choice to be comfortable and lead a simple life, or be someone who goes through discomfort to make a significant impact in the world, which would you choose? Why?

PRAY:

Pray for each other and ask God to make you open to seeing the things around you that disturb you. Ask God to begin to stir each of you up to see the things around you that need to change.

ACTIVATE:

This week, try to recognise some of the disturbances or frustrations in your life that you might usually try to ignore. Write a few down in your journal and bring them next week to share.

WEEK TWO

ENGAGE: Spend time connecting with each other.

RECAP: What did you see this week that frustrated or disturbed you? Did anything stand out to you that you hadn't noticed before?

WATCH: Watch Session Two of the DVD.

DISCUSS:

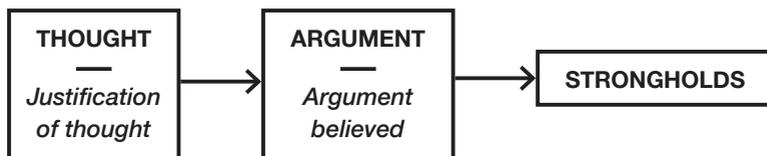
"For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish strongholds and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ."

2 CORINTHIANS 10:3-5

Our thoughts are shaped by the things that happen around us. If we're not careful, we can let in thoughts that don't line up with what God says, and then automatically allow those thoughts to become permanent in our habits.

Question: Why is it important to be intentional about what thoughts you let into your mind?

The following diagram addresses the thought process that happens when a stronghold is created.





An example of this thought process is...

Thought: "I'm not very smart"

Justification: "I failed that test last week which proves that I'm not smart."

Argument: "If I failed that test then I'll probably fail the next one too."

Argument believed: "I knew I was right, I failed at something else and that just proves it."

Stronghold: "I'm dumb and that's the way it is."

Question: Can you identify this thought process in your own life? Give another example of a thought process that can lead to wrong thinking.

Another name for the devil is 'the Accuser of the Brethren', or the people of God. When we believe a false accusation against us, it can create a stronghold in our mind and prevent us from making a positive change in our world.

Question: What kinds of thoughts about ourselves would stop us from feeling capable of making changes in our world?

You can create positive strongholds as well as negative strongholds. These are beliefs that you have the ability to make a difference in the world.

Question: What are some positive strongholds or beliefs about yourself that you've established in your life?

When we're under pressure, it can expose the negative strongholds that are in our lives. It can put into question what we really believe and expose who we really are.

Question: What are some pressure moments that you've experienced that have brought your beliefs about yourself into question? How did you respond in these moments?

PRAY:

Pray that you'd be able to identify the thoughts and accusations of the Enemy, and reject them as false and, instead, choose the truth of what God says about you.

ACTIVATE:

This week, think about some of the thoughts you have about yourself. Write a bunch of them down in your journal. Next to each one write whether the thought is true, (agreeing with God's words about you), or false, (an accusation that you need to reject).

WEEK THREE

ENGAGE: Spend time connecting with each other.

RECAP: Have you begun to think of yourself differently since last week? If so, what changed?

WATCH: Watch Session Three of the DVD.

DISCUSS:

There is an innate need within us to be in authentic relationship with other people. We want real, genuine connection and to go deeper with people.

Question: Do you have those surface conversations with others that Ps Jordan mentioned, those ‘how’s the weather?’ conversations? How do you feel about them?

Rosa Parks made a stand for human rights, and started a revolution because she was connected with those around her. Sometimes people want to make a positive impact in the world but they have nobody around them who can help.

Question: Why might more people succeed at starting a revolution when they are closely connected to others?

Ps Jordan gave an illustration of a ‘flinch’ reflex that we can develop when we experience hurt in our lives. When we get offended or hurt by someone who’s close to us, we can tend to withdraw to avoid feeling hurt again.

Question: Are there any situations in your life where you’ve developed a flinch reflex? What are some good ways that you can overcome these and move forward?



Forgiveness is essential for lasting change and transformation. For a revolution to arrive, forgiveness first has to take place.

Question: Why is forgiveness a revolutionary act? How does it change us personally and prepare us to be revolutionaries?

God often puts the answer that we're looking for inside a group of people that we don't want to associate with. Vulnerability and opportunity go together.

Question: Why do you think God wants us to become open with others?

Has God put anyone in your world for a reason who you might be avoiding or being closed to right now?

PRAY:

Pray for each other that God would heal and deepen relationships. Pray for the Holy Spirit to guide each of you into deeper and more meaningful relationships with others.

ACTIVATE:

Reflect on your relationships this week. Ask yourself, 'am I revolutionary in my relationships?' Spend time talking to God, asking Him to show you anyone you need to forgive or open up to in a new way.

WEEK FØUR

ENGAGE: Spend time connecting with each other.

RECAP: Did God highlight anyone to you this week that you need to develop a connection with or deepen your relationship with? How did you feel about it?

WATCH: Watch Session Four of the DVD.

DISCUSS:

“For even the Son of Man came not to be served but to serve others and to give his life as a ransom for many.”

MARK 10:45

We are born with a pretty selfish focus. This revolution is not about a political battle, but about an internal shift taking place in each of us.

Question: What would you say is the current focus of your life?

We’re often so focused on ourselves that we forget to look outward at the needs of those around us.

Question: Why is it often a challenge for us to shift our focus from our own needs to the needs of those around us?

Jesus was constantly going against the status quo. He used a powerful illustration of this when He washed the disciples’ feet; something that only a servant would normally do. He wasn’t afraid to put Himself below others in a position to serve.

Question: Why are we sometimes afraid to serve others, or to put others above ourselves? Why do you think Jesus wasn’t afraid to do this?





Serving isn't revolutionary in itself, as we can approach it with various motivations. But if we find fulfilment in simply serving others, rather than in how serving might lead to our own gain, we demonstrate the attitude of Christ - a truly revolutionary approach.

Question: When was the last time you did something for someone else that wouldn't benefit you in any way? How do you feel about being inconvenienced to help someone else?

A great way of serving other people is to take the things that we love and use them as a way to love and serve other people.

Question: What things do you love? How can you turn these into a way of loving or serving others?

A life that is full of purpose is a life that is centred around others. The little things that we do for others can make a lasting impact.

Question: Where are your love levels at currently? If they're low, what do you think would help to grow the level of love that you have for others?

PRAY:

Pray that the Holy Spirit would speak to you and give you ideas about what you could do with your own talents and use them as a tool to bless others.

ACTIVATE:

Think about how can you take this discussion and make it a reality in your own life this week. Try to use your gifts this week to pass on the love of God that you've received.

THE

REVOLUTIONARIES

WEEK FIVE

ENGAGE: Spend time connecting with each other.

RECAP: Did you find any opportunities to use what you love to be how you love in the last week? How did it work out?

WATCH: Watch Session Five of the DVD.

DISCUSS:

“In the same way, faith by itself, if it is not accompanied by action, is dead.”

JAMES 2:17

Question: What do you think this verse means? What does ‘alive’ faith look like?

Our relationship with Jesus transforms us, and this transformation means that we CAN make a difference in our world. There are frustrations within each of us relating to injustices that we see in the world.

Question: What are some things that have come up for you during this series that have begun to frustrate you, and you know need to change?

Hunger, loneliness, a need for positive role-models, encouragement & hope, practical help... all of these, and many more, are needs that we might see around our local community.

Question: What are some real needs that we can see around us in our community?





As a group we have multiple gifts and talents that we can use together to start a revolution. Although they may seem insignificant individually, when we work together we can make a lasting impact on our community.

Discuss: Discuss as a group how our combined gifts and skills that we have right now could be used. Make a list of all the things you each ‘have in your hand’ right now.

Now it’s time to make a plan in which you could use these gifts to meet some of the needs you’ve discussed and do something together. A revolution can begin with just a simple idea. It doesn’t have to be a great idea, but if you put your heart into it, you can make even a good idea great.

ACTIVATE:

In your Revolutionaries pack you will find a “Do Something” card. On this card are 5 simple steps to help you and your eGroup do something in the community around you to bring change.

Grab this card now, follow the steps, and put your faith into action, and see revolution take place in the world around you!

PRAY:

After you’ve discussed what you as a group want to do, pray together for this next step, that God will use you as a group to meet the needs of those around you.

EQUIPPERS 