

This study guide is here to help you lead a fun and transformative eGroup study over the next few weeks that will see each person progress and grow.

Use this guide along with the videos for a life-changing, interactive experience.

BEFORE YOU MEET:

- Ask God to prepare the hearts and minds of the people in your eGroup. Ask Him to show each of you how to apply what you learn to your own heart to see growth and to move forward.
- Preview the video and read through the study guide for that week. Think about what you might answer for each question. Make notes in your study guide if you want to. During discussion don't feel you have to follow the questions too rigidly, but let the conversation flow naturally.

SETTING UP:

- Take time before everyone arrives to prepare some snacks to share with everyone, set up the room you will use, check that there are enough seats, and try to create a relaxed and comfortable environment to meet in. You might want to play music quietly to create a relaxed atmosphere when everyone arrives, or move the furniture in your living room to make the space inviting.
- Have a Bible handy for verses that you might want to look up during discussion.

HOW TO HOST YOUR GATHERING AND USE YOUR STUDY GUIDE:

ENGAGE: Welcome each person as they arrive. Spend time chatting, getting to know one another, or just sharing about the week. Your relationships as a group are as important as the time you spend watching the video or in discussion. A relaxed and friendly environment is an easy place to learn and hear from God.

RECAP: After the first session you may wish to spend a bit of time each week recapping how your last seven days has been, inviting members to share any opportunities they had throughout the week to apply what they learned.

KEY THOUGHT: This is the main takeaway for the week. Use it as a guide to frame your discussion.

WATCH: After you have spent some time engaging with each other watch the video for the week.

DISCUSS: Read out each question in the study guide, allowing time for everyone to share their thoughts or experiences if they desire.

When a question arises, ask the group for their input, and resist the urge to answer it yourself straight away. Your primary role is to create an environment where people feel comfortable to be themselves and participate, not to provide all the answers to all of their questions. Don't be afraid of silence as participants think of their response to the questions.

Remember, the goal is not necessarily to 'get through' all of the questions. The main priority is for each person to learn and engage in dynamic discussion.

PRAY: Ask the group to pray for each other from week to week, especially about key issues that arise during your discussion time. This is how you begin to build authentic relationship, and encourage spiritual growth within the group.

SUGGESTED TIME FRAMES FOR YOUR GATHERING:

ENGAGE: 15 minutes

RECAP: 10 minutes

WATCH: 10 minutes

DISCUSS: 30 minutes

PRAY: 5-10 minutes

(Please note that these are just suggested times, you may wish to take longer in certain areas. However, we do recommend keeping your gathering to a maximum of one and a half hours in consideration of others' time)

KEYS TO A DYNAMIC EGROUPE

RELATIONSHIPS: Meaningful, encouraging relationships are the foundation of a dynamic eGroup. Discussion and prayer are important elements of a gathering, but the depth of each part is often dependent upon the depth of the relationships between members.

AVAILABILITY: Building a sense of community within your group requires members to prioritise their relationships with one another. This means being available to listen, care for one another, and meet each others' needs.

MUTUAL RESPECT: Mutual respect is shown when members value others' opinions (even when they disagree) and are careful to never belittle or embarrass others in the group (including their spouses, who may or may not be present).

OPENNESS: A healthy group environment encourages sincerity and transparency. Members treat each other with grace in areas of weakness, allowing each other room to grow.

CONFIDENTIALITY: To develop authenticity and a sense of safety within the group, each member must be able to trust that things discussed within the group will not be shared outside the group.

SHARED RESPONSIBILITY: Group members will share the responsibility of gatherings by using their God-given abilities to serve at each meeting. Some may greet, some may prepare food, some may pray, etc. Ideally, each person should be available to care for one another as needed.

SENSITIVITY: Dynamic eGroups are born when the leader consistently seeks and is responsive to the guidance of the Holy Spirit, following His leading throughout the meeting as opposed to sticking to the 'agenda'. This is especially important during the discussion and prayer time.

FUN! Dynamic gatherings take the time to have fun! Create an atmosphere for fun, and be willing to laugh at yourself every now and then!