At lunch, we are required to offer five components. Students are required to take 3 of the 5 components, one of those must be a serving of fruit or vegetable to be counted as reimbursable. We encourage students to take all 5.

This Institution is an Equal Opportunity Employer

Components:
- Bread/grain
- Fruit
- Vegetable
- Milk
- Meat/Meat Alternate

Harvest of the Month: Satsuma
A Satsuma is a seedless type of mandarin orange with a sweet citrus flavor. They are easy to eat and very juicy! Be on the lookout for them this month.