

SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY TA - Abbey ActRm - Activity Room CH - Chapel C - Commons						New Year's Day 1 7:30 Movie: "My Salinger Year" (TV Channel 970)
4:00 Worship Service (TV Channel 970) 2 7:30 Movie: "The Beatles: Eight Days a Week" (TV Channel 970)	8:30 Chair Fitness (TV Channel 970) 3 1:00 Balance Class (TV Channel 970) 3:00 Drawing Video (TV 970) 7:30 Movie: "Avatar" (TV Channel 970)	8:30 Mat Yoga (TV Channel 970) 4 10:00 Cedar Creek Optical (C) 2:00 Seated Chair Yoga (TV Channel 970) 7:30 Movie: "Free Guy" (TV Channel 970)	8:30 Flex & Strength (TV Channel 970) 5 9:30 COFFEE WITH ADMIN (TV- 970) 1:00 Balance Class (TV Channel 970) 7:30 Movie: "Maria by Callas" (TV Channel 970)	8:30 Chair Fitness (TV Channel 970) 6 10:30 Communion (CH) 1:00 Flex & Strength (TV Channel 970) 7:30 Thursday Night Residents' Program (Channel 970)	8:30 Mat Yoga (TV Channel 970) 7 1:00 Balance Class (TV Channel 970) 7:30 Movie: "The First Wives Club" (TV Channel 970)	7:30 Movie: "The Jesus Music" (TV Channel 970) 8
4:00 Worship Service (TV Channel 970) 9 7:30 Movie: "The Last Station" (TV Channel 970)	8:30 Chair Fitness (TV Channel 970) 10 10:00 Residents' Association Meeting (TV Channel 970) 12:30 The January Series: "Angela Williams Gorrell" (TV Channel 970) 1:00 Balance Class (TV Channel 970) 3:00 Drawing Video (TV 970) 7:30 Rick Kinsey's Radio Program: Charley Chase & Thelma Todd, Laurel & Hardy "Sons of the Desert", Purple Monster serial (TV Channel 970)	8:30 Mat Yoga (TV Channel 970) 11 12:30 The January Series: "L. Gregory Jones" (TV Channel 970) 1:30 Mystique Matinee: "Silver Skates" (TA) 2:00 Seated Chair Yoga (TV Channel 970) 3:00 Greenhouse Gatherings (Greenhouse) 7:30 Movie: "Dreamland" (TV Channel 970)	8:30 Flex & Strength (TV Channel 970) 12 9:30 COFFEE WITH ADMIN (TV- 970) 12:30 The January Series: "Sarah Stewart Holland & Beth Silvers" (TV Channel 970) 1:00 Balance Class (TV Channel 970) 2:30 Beltone Hearing (Clinic) 7:30 Movie: "Cold Comfort Farm" (TV Channel 970)	8:30 Chair Fitness (TV Channel 970) 13 10:30 Communion (CH) 12:30 The January Series: "Reuben Miller" (TV Channel 970) 1:00 Flex & Strength (TV Channel 970) 7:30 Thursday Night Residents' Program (Channel 970)	8:30 Mat Yoga (TV Channel 970) 14 12:30 The January Series: "Rick Steves" (TV Channel 970) 1:00 Balance Class (TV Channel 970) 3:00 Music Meditation (ActRm) 7:30 Movie: "Somewhere in Time" (TV Channel 970)	7:30 Movie: "Boundaries" (TV Channel 970) 15

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4:00 Worship Service (TV Channel 970) 16 7:30 Movie: "Swan Song" (TV Channel 970)	Martin Luther King Jr. Day 17 8:30 Chair Fitness (TV Channel 970) 12:30 The January Series: "Latasha Morrison" (TV Channel 970) 1:00 Balance Class (TV Channel 970) 3:00 Drawing Video (TV 970) 7:30 Movie: "Yours, Mine & Ours" (TV Channel 970)	8:30 Mat Yoga (TV Channel 970) 18 12:30 The January Series: "Max Stossel" (TV Channel 970) 2:00 Seated Chair Yoga (TV Channel 970) 7:30 Movie: "The Last Beyond" (TV Channel 970)	8:30 Flex & Strength (TV Channel 970) 19 9:30 COFFEE WITH ADMIN (TV- 970) 10:00 Optical Center (C) 12:30 The January Series: "Admiral James Stavridis" (TV Channel 970) 1:00 Balance Class (TV Channel 970) 7:30 Movie: "Palm Springs Weekend" (TV Channel 970)	8:30 Chair Fitness (TV Channel 970) 20 10:30 Communion (CH) 12:30 The January Series: "Colum McCann" (TV Channel 970) 1:00 Flex & Strength (TV Channel 970) 2:00 Mystique Group (TA) 7:30 Thursday Night Residents' Program (Channel 970)	8:30 Mat Yoga (TV Channel 970) 21 12:30 The January Series: "N. T. Wright" (TV Channel 970) 1:00 Balance Class (TV Channel 970) 7:30 Movie: "Doc Hollywood" (TV Channel 970)	7:30 Movie: "No Time To Die" (TV Channel 970) 22
4:00 Worship Service (TV Channel 970) 23 7:30 Movie: "Blue Bayou" (TV Channel 970)	8:30 Chair Fitness (TV Channel 970) 24 12:30 The January Series: "G. Sujin Pak" (TV Channel 970) 1:00 Balance Class (TV Channel 970) 3:00 Drawing Video (TV 970) 7:30 Movie: "Pride & Prejudice" (TV Channel 970)	8:30 Mat Yoga (TV Channel 970) 25 12:30 The January Series: "Simply Three" (TV Channel 970) 2:00 Seated Chair Yoga (TV Channel 970) 3:00 Greenhouse Gatherings (Greenhouse) 7:30 Movie: "Cry Macho" (TV Channel 970)	8:30 Flex & Strength (TV Channel 970) 26 9:30 COFFEE WITH ADMIN (TV- 970) 12:30 The January Series: "Col. Nicole Malachowski" (TV Channel 970) 1:00 Balance Class (TV Channel 970) 7:30 Movie: "Respect" (TV Channel 970)	8:30 Chair Fitness (TV Channel 970) 27 12:30 The January Series: "Brad Montague" (TV Channel 970) 1:00 Flex & Strength (TV Channel 970) 7:30 Thursday Night Residents' Program (Channel 970)	8:30 Mat Yoga (TV Channel 970) 28 10:30 BINGO! on TV & in the Abbey (Channel 970) 12:30 The January Series: "Gary Schmidt" (TV Channel 970) 1:00 Balance Class (TV Channel 970) 3:00 Music Meditation (ActRm) 7:30 Movie: "Murphy's Romance" (TV Channel 970)	7:30 Movie: "The French Dispatch" (TV Channel 970) 29
4:00 Worship Service (TV Channel 970) 30 7:30 Movie: "Year By The Sea" (TV Channel 970)	8:30 Chair Fitness (TV Channel 970) 31 1:00 Balance Class (TV Channel 970) 3:00 Drawing Video (TV 970) 7:30 Movie: "Dirty Rotten Scoundrels" (TV Channel 970)			Pet of the Month "Hannah" Owned by Peggy Kenney		

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