

SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY TA - Abbey CH - Chapel Green - Green		Movies shown on October 11, 12 & 13th Sponsored by the Fellowship Committee to celebrate the release of the new SVWC Cook Book!			8:30 Mat Yoga (TV Channel 977) 1 10:00 Putting (Green) 1:00 Balance Class (TV Channel 977) 7:30 Movie: "Planet Earth" Series	7:30 Movie: "12 Mighty Orphans" 2
2:00 Croquet 2:00, 3:30, 4:30 (Court) 3 4:00 Worship Service (TV Channel 977) 7:30 Movie: "Analyze This"	8:30 Chair Fitness (TV Channel 977) 4 11:00 Blessing of The Animals "Drop In" (Courtyard Gazebo) 1:00 Balance Class (TV Channel 977) 3:00 Drawing Video (TV 977) 7:30 Movie: "Analyze That"	8:30 Mat Yoga (TV Channel 977) 5 1:00 Tai Chi (TV Channel 977) 2:00 Seated Chair Yoga (TV Channel 977) 3:30 Lawn Bowling (Court) 7:30 Movie: "Play Misty For Me"	8:30 Flex & Strength (TV Channel 977) 6 9:30 COFFEE WITH ADMIN (TV- 977) 1:00 Balance Class (TV Channel 977) 7:30 Movie: "To Sir With Love"	8:30 Chair Fitness (TV Channel 977) 7 10:30 Communion (CH) 1:00 Flex & Strength (TV Channel 977) 7:30 Thursday Night Residents' Program (Channel 977)	8:30 Mat Yoga (TV Channel 977) 8 10:00 Putting (Green) 1:00 Balance Class (TV Channel 977) 7:30 Movie: "Mystic River"	7:30 Movie: "Gone Girl" 9
2:00 Croquet 2:00, 3:30, 4:30 (Court) 10 4:00 Worship Service (TV Channel 977) 7:30 Movie: "The Jack Benny Show"	8:30 Chair Fitness (TV Channel 977) 11 10:00 Residents' Association Meeting (TV Channel 977) 1:00 Balance Class (TV Channel 977) 3:00 Drawing Video (TV 977) 7:30 Movie: "What's Cooking?"	8:30 Mat Yoga (TV Channel 977) 12 10:30 Bible Study (CH) 1:00 Tai Chi (TV Channel 977) 2:00 Seated Chair Yoga (TV Channel 977) 3:30 Lawn Bowling (Court) 7:30 Movie: "Julie & Julia"	8:30 Flex & Strength (TV Channel 977) 13 9:30 COFFEE WITH ADMIN (TV- 977) 12:00 Mystique (TA) 1:00 Balance Class (TV Channel 977) 7:30 Movie: "The Hundred Foot Journey"	8:30 Chair Fitness (TV Channel 977) 14 10:30 Communion (CH) 1:00 Flex & Strength (TV Channel 977) 7:30 Thursday Night Residents' Program (Channel 977)	8:30 Mat Yoga (TV Channel 977) 15 10:00 Putting (Green) 1:00 Balance Class (TV Channel 977) 7:30 Movie: "007: You Only Live Twice"	7:30 Movie: "Florence Foster Jenkins" 16

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SUN	MON	TUE	WED	THUR	FRI	SAT
2:00 Croquet 2:00, 3:30, 4:30 (Court) 17 4:00 Worship Service (TV Channel 977) 7:30 Movie: "Walk, Don't Run"	6:00 ACTIVE AGING WEEK 18 8:30 Chair Fitness (TV Channel 977) 10:00 SCAVENGER HUNT (Vitality Center-overlooking the Pool) 10:00 WELLNESS CHALLENGE (Vitality Center-overlooking the Pool) 1:00 Balance Class (TV Channel 977) 3:00 Drawing Video (TV 977) 7:30 Movie: "Miracle"	6:00 ACTIVE AGING WEEK 19 8:30 Mat Yoga (TV Channel 977) 10:30 Bible Study (CH) 1:00 Tai Chi (TV Channel 977) 2:00 Seated Chair Yoga (TV Channel 977) 2:00 WREATH DECORATING CONTEST (TA) 3:30 Lawn Bowling (Court) 7:30 Movie: "Downhill Racer"	6:00 ACTIVE AGING WEEK 20 8:30 Flex & Strength (TV Channel 977) 9:00 BRAIN TEASER CHALLENGE (Vitality Center-overlooking the Pool) 9:30 COFFEE WITH ADMIN (TV- 977) 1:00 Balance Class (TV Channel 977) 7:30 Movie: "Cool Runnings"	6:00 ACTIVE AGING WEEK 21 8:30 Chair Fitness (TV Channel 977) 10:30 Communion (CH) 1:00 Flex & Strength (TV Channel 977) 2:00 PAPER AIRPLANE COMPETITION (Bistro Balcony) 7:30 Thursday Night Residents' Program (Channel 977)	6:00 ACTIVE AGING WEEK 22 8:30 Mat Yoga (TV Channel 977) 9:00 Salon Product Sale (Green House Patio) 10:00 Putting (Green) 10:30 BINGO (TA) 1:00 Balance Class (TV Channel 977) 7:30 Movie: "Chariots of Fire"	7:30 Movie: "Eddie the Eagle" 23
2:00 Croquet 2:00, 3:30, 4:30 (Court) 24 4:00 Worship Service (TV Channel 977) 7:30 Movie: "Dirty Harry"	8:30 Chair Fitness (TV Channel 977) 25 1:00 Balance Class (TV Channel 977) 3:00 Drawing Video (TV 977) 7:30 Movie: "The Gathering Storm"	8:30 Mat Yoga (TV Channel 977) 26 10:30 Bible Study (CH) 1:00 Tai Chi (TV Channel 977) 2:00 Seated Chair Yoga (TV Channel 977) 3:30 Lawn Bowling (Court) 7:30 Movie: "You've Got Mail"	8:30 Flex & Strength (TV Channel 977) 27 9:30 COFFEE WITH ADMIN (TV- 977) 1:00 Balance Class (TV Channel 977) 1:30 Mystique Matinee "The Dig" (TA) 7:30 Movie: "Moments to Remember: Rosemary Clooney"	8:30 Chair Fitness (TV Channel 977) 28 1:00 Flex & Strength (TV Channel 977) 7:30 Thursday Night Residents' Program (Channel 977)	8:30 Mat Yoga (TV Channel 977) 29 10:00 Putting (Green) 1:00 Balance Class (TV Channel 977) 3:00 Book Club (TA) 7:30 Movie: "Sleepless in Seattle"	9:30 COFFEE WITH ADMIN (TV- 977) 30 7:30 Movie: "Tyler Perry's Boo-A Madea Halloween"
Halloween 31 2:00 Croquet 2:00, 3:30, 4:30 (Court) 4:00 Worship Service (TV Channel 977) 7:30 Movie: "Beetlejuice"			Movies shown on October 18, 19, 20, 22 & 23 to celebrate Active Aging Week!		Pet of the Month "Cali" Owned by Betty Knee	

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