


SUN	MON	TUE	WED	THUR	FRI	SAT	
 <p><b>Pet of the Month</b>  <b>"Theo"</b>            Owned by  <b>Richard &amp; Ginny Eisenstaedt</b></p>				<p>April Fool's Day            8:30 Chair Fitness (TV Channel 977)            10:30 Chaplain Talks (TV Channel 977)            10:30 Communion (CH)            11:00 Lunch: Element (L)            1:00 Flex &amp; Strength (TV Channel 977)            4:00 Maundy Thursday Service (Channel 977)            4:00 Music Meditation (TV Channel 977)            7:00 Washington Nationals Opening Day Game (TA)            7:30 No Residents' Program - Maundy Thursday (Channel 977)            7:30 Movie: "Gifted"</p>	<p>1  <b>Good Friday</b>            8:30 Mat Yoga (TV Channel 977)            1:00 Balance Class (TV Channel 977)            3:00 Drawing Lesson: Old Town Road (TV Channel 977)            4:00 Good Friday Service (Channel 977)            7:30 Movie: "The FBI Story"</p>	<p>2            10:30 Bingo (TV Channel 977)            7:30 Movie: "Jumanji: The Next Level"</p>	<p>3</p>
<p><b>Easter</b>            4:00 Easter Sunday Service (Channel 977)            4:00 Worship Service (TV Channel 977)            7:30 Movie: "Henry V"</p>	<p>4            8:30 Chair Fitness (TV Channel 977)            10:00 Art Class: Watercolors (Art Rm)            1:00 Balance Class (TV Channel 977)            1:30 Art Class: Clay Sculpture (Art Rm)            3:00 Drawing Lesson: Grand Canyon (TV Channel 977)            7:30 Movie: "Paul, Apostle of Christ"</p>	<p>5            8:30 Mat Yoga (TV Channel 977)            10:30 Chaplain Talks (TV Channel 977)            1:00 Tai Chi (TV Channel 977)            2:00 Seated Chair Yoga (TV Channel 977)            2:00 Studying the Psalms Bible Study (CH)            3:30 Lawn Bowling (Court)            7:30 Movie: "Secretariat"</p>	<p>6            8:30 Flex &amp; Strength (TV Channel 977)            9:30 COFFEE WITH ADMIN (TV- 977)            1:00 Balance Class (TV Channel 977)            2:00 Garden News &amp; Crafts with Sydney (Channel 977)            7:30 Movie: "Sideways"</p>	<p>7            8:30 Chair Fitness (TV Channel 977)            10:00 Trip: Museum of Shenandoah Valley (L)            10:30 Chaplain Talks (TV Channel 977)            10:30 Communion (CH)            11:00 Trip: Museum of Shenandoah Valley (L)            1:00 Flex &amp; Strength (TV Channel 977)            4:00 Music Meditation (TV Channel 977)            7:30 Residents' Program: "The Trails at MSV" (Channel 977)</p>	<p>8            8:30 Mat Yoga (TV Channel 977)            11:00 Mystique Group (TA)            1:00 Balance Class (TV Channel 977)            3:00 Drawing Lesson: Grapes (TV Channel 977)            7:30 Movie: "Caddyshack"</p>	<p>9            7:30 Movie: "News of the World"</p>	
<p>4:00 Worship Service (TV Channel 977)            7:30 Movie: "Sunset Boulevard"</p>	<p>11            8:30 Chair Fitness (TV Channel 977)            10:00 Art Class: Watercolors (Art Rm)            10:00 Residents' Association Meeting (TV Channel 977)            11:00 Mystique Group (TA)            1:00 Balance Class (TV Channel 977)            1:30 Art Class: Clay Sculpture (Art Rm)            3:00 Drawing Lesson: Orange Grove (TV Channel 977)            7:30 Movie: "Double Jeopardy"</p>	<p>12            8:30 Mat Yoga (TV Channel 977)            10:30 Chaplain Talks (TV Channel 977)            10:30 Studying the Psalms Bible Study (Channel 977 and Chapel)            1:00 Tai Chi (TV Channel 977)            2:00 Seated Chair Yoga (TV Channel 977)            2:00 Studying the Psalms Bible Study (CH)            3:30 Lawn Bowling (Court)            7:30 Movie: "Finding Vivian Maier"</p>	<p>13            8:30 Flex &amp; Strength (TV Channel 977)            9:30 COFFEE WITH ADMIN (TV- 977)            1:00 Balance Class (TV Channel 977)            2:00 Garden News &amp; Crafts with Sydney (Channel 977)            7:30 Movie: "Murder on the Orient Express"</p>	<p>14            Tax Day            8:30 Chair Fitness (TV Channel 977)            10:30 Chaplain Talks (TV Channel 977)            10:30 Communion (CH)            11:00 Lunch: John's Cafe (Greek), Kearneysville, WV (L)            1:00 Flex &amp; Strength (TV Channel 977)            4:00 Music Meditation (TV Channel 977)            7:30 Residents' Program: "Two Old Radio Shows" (Channel 977)</p>	<p>15            8:30 Mat Yoga (TV Channel 977)            1:00 Balance Class (TV Channel 977)            3:00 Drawing Lesson: Pie (TV Channel 977)            7:30 Movie: "Seabiscuit"</p>	<p>16            10:30 Bingo (TV Channel 977)            7:30 Movie: "They Shall Not Grow Old"</p>	

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<p>4:00 Worship Service (TV Channel 977)            7:30 Movie: "007-Die Another Day"</p>	<p>18            8:30 Chair Fitness (TV Channel 977)            10:00 Art Class: Watercolors (Art Rm)            1:00 Balance Class (TV Channel 977)            1:30 Art Class: Clay Sculpture (Art Rm)            3:00 Drawing Lesson: Truck (TV Channel 977)            7:30 Movie: "Ocean's Eleven"</p>	<p>19            8:30 Mat Yoga (TV Channel 977)            10:30 Chaplain Talks (TV Channel 977)            10:30 Studying the Psalms Bible Study (Channel 977 and Chapel)            1:00 Tai Chi (TV Channel 977)            2:00 Seated Chair Yoga (TV Channel 977)            2:00 Studying the Psalms Bible Study (CH)            3:30 Lawn Bowling (Court)            7:30 Movie: "The Best Exotic Marigold Hotel"</p>	<p>20            8:30 Flex &amp; Strength (TV Channel 977)            9:30 COFFEE WITH ADMIN (TV- 977)            1:00 Balance Class (TV Channel 977)            2:00 Garden News &amp; Crafts with Sydney (Channel 977)            7:30 Movie: "The Second Best Exotic Marigold Hotel"</p>	<p>21            8:30 Chair Fitness (TV Channel 977)            10:00 Trip: Berkeley Co., WV History Tour &amp; Picnic (L)            10:30 Chaplain Talks (TV Channel 977)            1:00 Flex &amp; Strength (TV Channel 977)            4:00 Music Meditation (TV Channel 977)            7:30 Residents' Program: "History of Blandy Experimental Farm" (Channel 977)</p>	<p>22            8:30 Mat Yoga (TV Channel 977)            10:30 BINGO! on TV &amp; in the Abbey (TV Channel 977/ Abbey)            1:00 Balance Class (TV Channel 977)            3:00 Drawing Lesson: Seated Figure (TV Channel 977)            7:30 Movie: "It's a Mad, Mad, Mad, Mad World"</p>	<p>23            7:30 Movie: "Jersey Boys"</p>
<p>4:00 Worship Service (TV Channel 977)            7:30 Movie: "How to Lose a Guy in 10 Days"</p>	<p>25            8:30 Chair Fitness (TV Channel 977)            10:00 Art Class: Watercolors (Art Rm)            1:00 Balance Class (TV Channel 977)            1:30 Art Class: Clay Sculpture (Art Rm)            3:00 Drawing Lesson: Iceberg (TV Channel 977)            7:30 Movie: "The Gathering Storm"</p>	<p>26            8:30 Mat Yoga (TV Channel 977)            10:30 Chaplain Talks (TV Channel 977)            10:30 Studying the Psalms Bible Study (Channel 977 and Chapel)            1:00 Tai Chi (TV Channel 977)            2:00 Seated Chair Yoga (TV Channel 977)            2:00 Studying the Psalms Bible Study (CH)            3:30 Lawn Bowling (Court)            7:30 Movie: "Beaches"</p>	<p>27            8:30 Flex &amp; Strength (TV Channel 977)            9:30 COFFEE WITH ADMIN (TV- 977)            1:00 Balance Class (TV Channel 977)            2:00 Garden News &amp; Crafts with Sydney (Channel 977)            7:30 Movie: "Nat Geo: Explorer-25 Years"</p>	<p>28            8:30 Chair Fitness (TV Channel 977)            10:30 Chaplain Talks (TV Channel 977)            11:00 Shred Day (Vitality Center Entrance)            11:30 Lunch: Region's 117 (L)            1:00 Flex &amp; Strength (TV Channel 977)            4:00 Music Meditation (TV Channel 977)            7:30 Residents' Program: "Two Old Radio Shows" (Channel 977)</p>	<p>29            8:30 Mat Yoga (TV Channel 977)            1:00 Arbor Day Celebration            1:00 Balance Class (TV Channel 977)            3:00 Book Club (TA)            3:00 Drawing Lesson: Cliff Dwelling (TV Channel 977)            7:30 Movie: "Bury Me at Wounded Knee"</p>	<p>30  <b>LOCATION KEY</b>            TA - Abbey            CH - Chapel            L - Lobby</p>

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