



CATARACT EXPERT

Linda L. Burk, M.D.

ABOUT THE EXPERT

Throughout her more than 27 years of practice, Dr. Linda Burk has implanted more than 13,000 AcrySof® lenses. "The AcrySof® ReSTOR® and Crystalens HD lens have made incredible differences in my patients' lives," she says. Imagine your life without glasses or bifocals, and enjoy restored vision both near and far. With cataract surgery using the AcrySof® IQ Toric Lens, AcrySof® ReSTOR®, and Crystalens HD lens, it's possible. Make sure your eyes are in the hands of an experienced, patient doctor who understands your individual needs and can recommend an appropriate treatment. To Linda L. Burk, M.D., of Dallas, your eyes are her eyes. Her mission is to provide her patients with the best vision possible. "Once you are a patient of mine, I treat your eyes with the same level of care and attention I would give my own eyes," Dr. Burk says.

What exactly is a cataract?

Defined, a cataract is the clouding or aging of the lens inside your eye. It's the natural change in the lens that causes your vision clarity to decrease. For many, it may seem like they are looking through wax paper and colors also appear dull and are hard to clearly distinguish. Most aging adults will deal with some form of cataract, making this condition the leading cause for vision loss in adults 55 and older.

What are the possible symptoms of cataracts?

If you or someone you know has trouble with blurry/cloudy vision, glare, or halos, you may be experiencing a variety of eye-related problems. However, the most common eye condition Americans suffer from is cataracts.

Can glaucoma be treated at the same time a cataract is treated?

Dr. Burk is always learning new technologies. She is excited to offer all the new glaucoma procedures that may be combined with cataract surgery, especially the Kahook Dual Blade device. This device opens the drainage system that allows fluid to escape the eye and lowers the pressure. Most patients are off all drops. Depending upon the type and severity of the glaucoma, there are several other options that can be used in conjunction with cataract surgery and prevent progression of the disease.

How can cataracts be treated?

For aging population and others who suffer from cataracts, vision correction for cataracts is just a quick sinus procedure away. Cataract removal is one of the safest and most effective surgical procedures performed today. Essentially, the cloudy lens is removed during cataract surgery. It is replaced with a flexible intraocular lens that is folded and inserted through a tiny incision. It takes about 10 to 15 minutes. Although many patients may return

to work and activities in several days, the eye continues to heal for several weeks.

What are my options if I'd prefer to live without glasses for as long as possible?

The AcrySof® ReSTOR®, Crystalens HD, and Toric Lens might work for you. In the past, patients could only choose a monofocal IOL that doesn't correct astigmatism or presbyopia. Glasses were prescribed for distance and/or near. Now, with new technology, patients may choose to have their astigmatism or near vision corrected during cataract surgery. Now, the ReSTor lens that corrects presbyopia and the Toric lens that corrects astigmatism are now available in the same lens, providing the best possible vision correction.

What is astigmatism?

Astigmatism is very common and is the irregular curvature of the cornea which decreases the ability to see fine detail. The AcrySof IQ Toric lens provides clearer distance vision by eliminating or reducing astigmatism. Through the course of a lifetime, it pays for itself.

What is presbyopia?

Presbyopia is the inability to focus at near which typically starts in your 40s. The AcrySof® ReSTOR® and Crystalens HD allow patients to see at a distance and near, giving even more freedom from glasses.

What are some signs of a cataract?

Signs of a cataract include:

- Blurriness
- Night vision difficulties
- Distinguishing colors
- Glare and halos in vision
- Frequent changes in your glasses prescription
- Eyestrain
- Double vision

Cataract Surgery ReSTOR®, Crystalens HD, and IQ Toric Lenses

Linda L. Burk, M.D.

"Your Vision is Our Vision"

TO DR. LINDA BURK, YOUR EYES ARE HER EYES.

"Once you are a patient, I treat your eyes with the same level of care and attention I'd give my own eyes," she says.

Dr. Burk is an experienced cataract surgeon whose comprehensive ophthalmology practice focuses on treating patients suffering with a variety of visual problems. Fellowship-trained in glaucoma, cornea, and cataract surgery, her mission is to provide her patients with the best vision possible. She takes patients from imagining their life without glasses to actually living a life free of glasses, thanks to the revolutionary advances in her industry such as AcrySof® ReSTOR® and IQ Toric lenses and Crystalens HD. Dr. Burk has been in practice for more than 27 years, and she has implanted more than 13,000 AcrySof® lenses.

"The Crystalens HD and the AcrySof® ReSTOR® and IQ Toric lenses have made an incredible difference in my patients' lives," she says. "My staff and I are so enthusiastic about what these lenses have to offer. Imagine living a life free of glasses and having your near and far vision restored. With cataract surgery using the ReSTOR®, IQ Toric, and Crystalens HD lenses, it's possible."

Trust the Ophthalmologist with the Experience and Education to Improve Your Vision

B.S., University of Michigan, Ann Arbor, Michigan
M.D. University of Michigan, Ann Arbor, Michigan
Internal Medicine Internship, Northwestern University
Ophthalmology Residency and Glaucoma Fellowship, Duke University Eye Center
Cornea and External Disease Fellowship, Emory University
Clinical Professor of Ophthalmology UT Southwestern
Board Certified by the American Board of Ophthalmology
Featured on The Learning Channel's "The Operation"
Fellow of the American Academy of Ophthalmology.



BEST



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