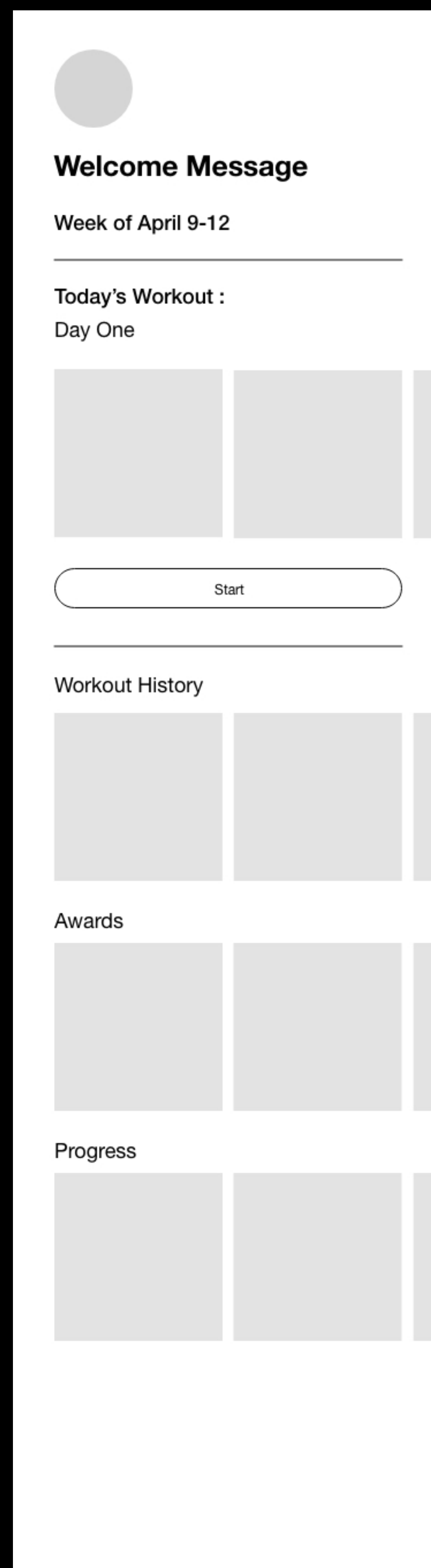


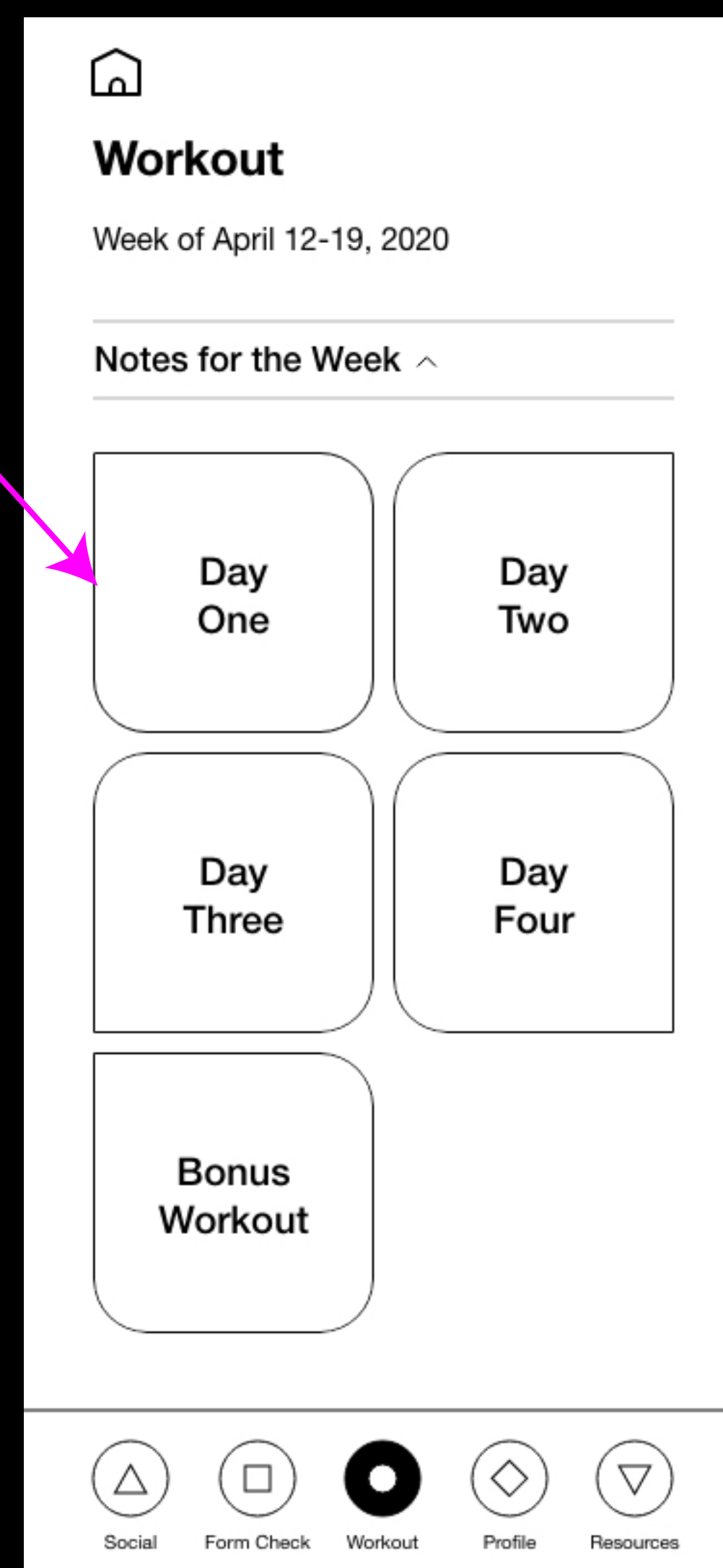
Changes to Based on User Testing

DASHBOARD



Updated the dashboard home screen so users can see an overview of their daily workout, workout history, recent awards from the app, and progress overview. There is a new icon to navigate to the dashboard from the top of every screen except the dashboard screen.

WORKOUT SCREEN

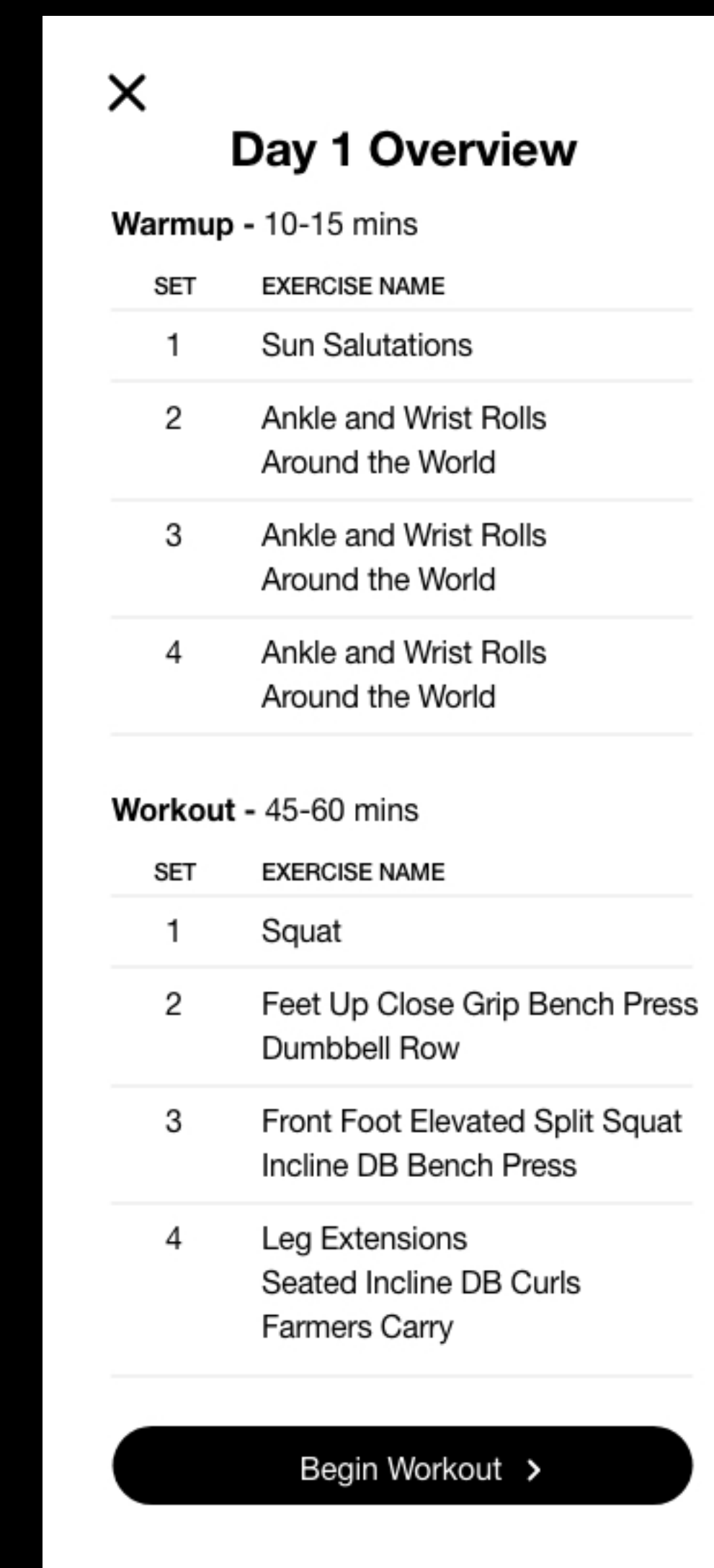


Added in a home screen icon on all screens so the dashboard is accessible everywhere.

I also changed the language here to use the numbers in written form rather than numerical to help with confusion in the navigation tabs on the workout screens.

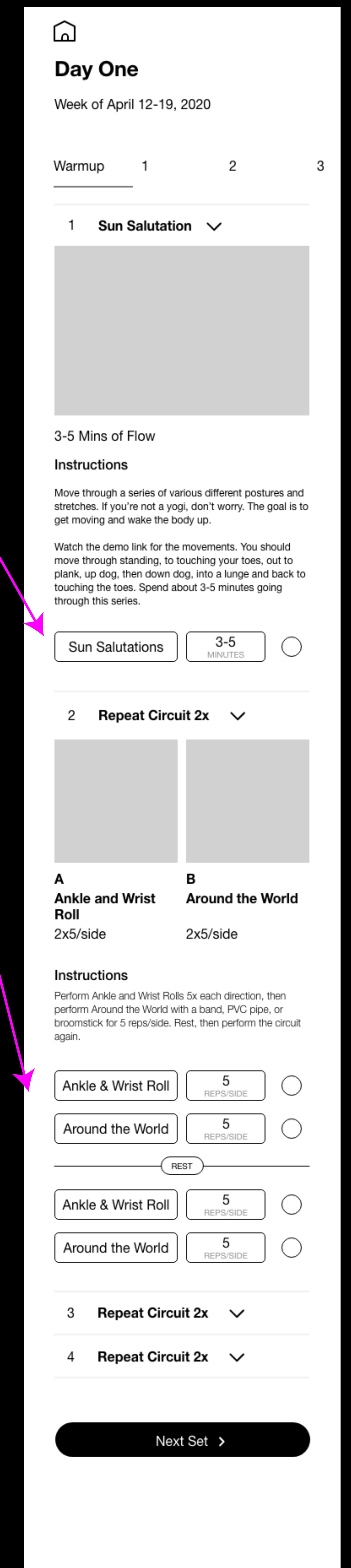
Users were getting confused about the tabbed navigation. To solve this, I added in a workout overview so users are familiar with the structure of the workout sets and circuits before moving into the workout screen.

WORKOUT OVERVIEW

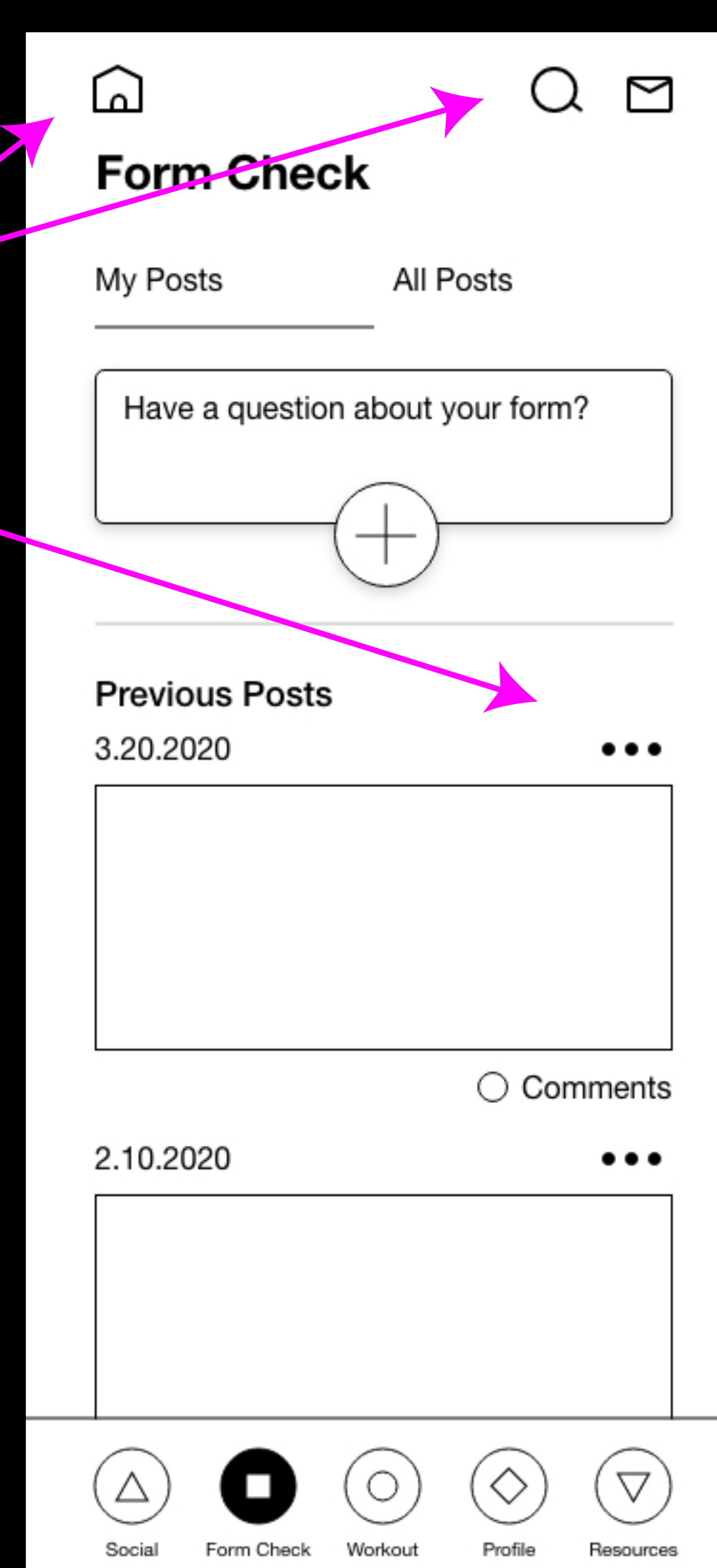


To maintain consistency with the other workout pages, I added in the feature to mark warm up exercises as complete.

WARMUP



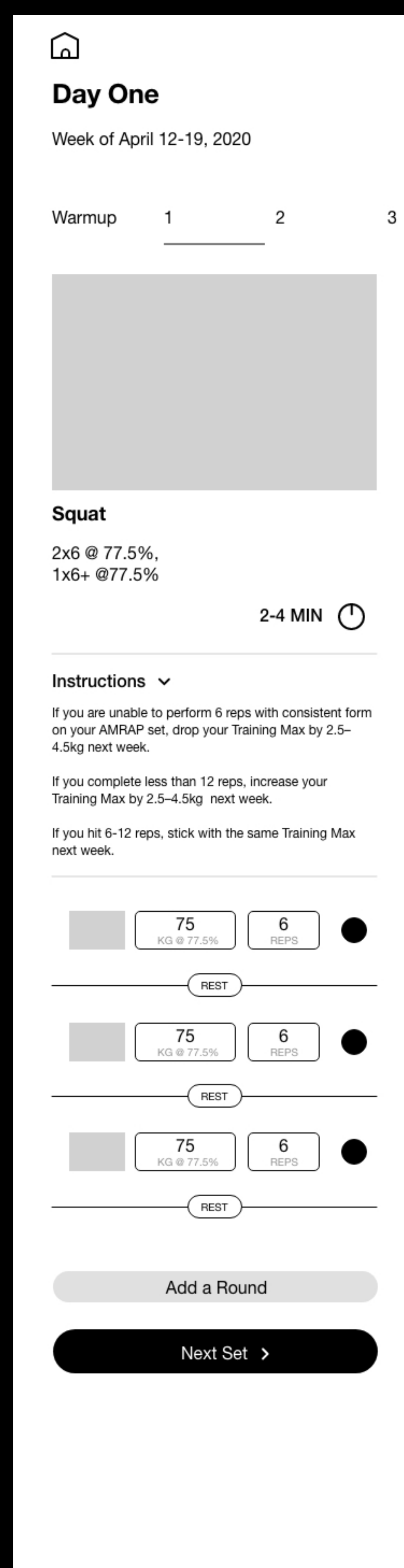
FORM CHECK



Moved the additional nav items up to the top instead of inline with the screen title.

Added in a menu button where users can edit or delete posts.

1RST SET



Improved the prototype to show how the navigation tabs will scroll. Users wanted to go back to the warmup during testing, and I thought it would be good to show the warmup after the first set to be more realistic and also to help users understand the navigation better.

2ND SET

