From: **Eastside FC** communications+eastsidefc.org@ccsend.com
Subject: EFC News, Eastside FC's Newsletter
Date: February 10, 2022 at 9:30 PM
To: Wendy Alston wendy@alston-family.com

EF

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Dear EFC members,

It's hard to believe we are already into February and tryout season is right around the corner, starting with the Boys HS age players trying out next week. Following those selections, the boys head straight into their respective high school seasons.

When it comes to school soccer, both at the high schools and middle schools, and for both boys and girls, there are always spirited discussions about the quality of the games and the development that comes from them. Personally, I think school sports offer so much for young players and participation in school sports can become an important chapter of their lives. Walking down school halls on gameday with your sweat top on, making lifelong friendships, playing with and for your peers, possibly playing different positions, having the opportunity to take a leadership role, and sometimes competing against your EFC teammates is fun and helps define the person you become.

At the end of the day, sports need to be fun and that's how young players improve. Getting better is a cycle of having fun, playing and training more, enjoying yourself and doing it over, again and again. Obviously there are other factors like injuries, luck, etc. that can come into play, but at the core, if players enjoy themselves, the other pieces of the puzzle will fall into place.

Years ago, while attending the US Soccer “A” license course, they spoke about a study that was done asking professional players why they played. They anticipated that money, fame, or something similar would be the reason, but the most common answer was, “because I love it and it’s fun”. From our coaches, to our staff and parents, let’s vow to do everything we can so all players at EFC will say the same thing.

Thank you!

Chance Fry
Executive Director
Eastside FC

High School Tryouts

Boys HS age tryouts for ’22-’23 season start next week!

Feb. 15-17
2007: 4:30-6pm
2006: 6-7:30pm
2005/04: 7:30-9pm

Register here: Tryouts

There's still spots left at the Mid-winter Break Camp!

Feb. 21-24 for players U6-U14
9am-12pm @ Preston Fields

More info & register here: EastsideFC.org.

Coaches Profiles

Randall Birkwood

Ndayishimiye Priame

Upcoming Programming:

- **School Holiday Camps (NEW! Sessions added for U6-U14)**
  - **Mid-Winter Break Camp –** Feb 21st – Feb 24th
  - **Spring Break Camp –** Apr 11th – 14th

- **Goal Keeping Sessions for Zone 1** (2010-2013). FREE for EFC players. Next Session on Friday, February 18th
- **Friday Technical Academy –** next session starts on Feb 25th

Help Wanted:

- Have ideas for marketing or social media? We want to hear them!
- Experience with Constant Contact? If so, we'd love to talk with you!
- Please connect with wendy.alston@eastsidefc.org

Eastside FC | 8134 304th Avenue SE, Issaquah, WA 98027

Unsubscribe wendy@alston-family.com

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