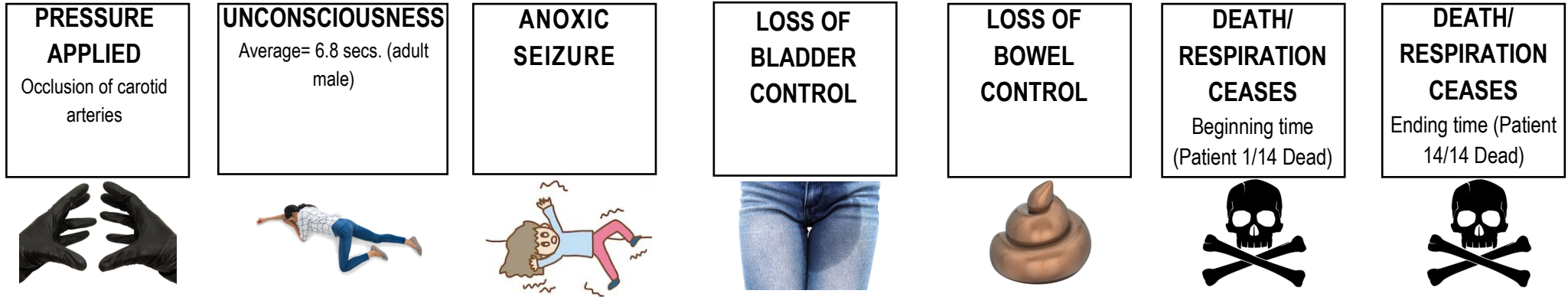




PHYSIOLOGICAL CONSEQUENCES OF STRANGULATION TIMELINE

STATEWIDE STRANGULATION
TRAINING PROGRAM

0 sec. → 5-10 sec. range → 11-17 sec. range → 15 sec. (minimum) → 30 sec. (minimum) → 62 sec. → 152 sec.



*Considerations to an Extended Timeline:

Inconsistent pressure; loss of grip; surface area of pressure; physical fight; pulling an object around neck

REFERENCES AND RESOURCES

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Training Institute on Strangulation Prevention