

**YOUR
LOGO**



**WE'RE
RUNNING OUR VERY OWN
BIG TEAM CHALLENGE**

01 May - 12 June

Big Team Challenge is an online step count and exercise challenge that lets you get into teams with friends and colleagues and track your steps and distance together along a virtual map.

**So get organised for when we open registrations on the 14th of April
At yourchallenge.bigteamchallenge.com**

We're using Big Team Challenge to run this, which means you can download and use their free iPhone and Android apps to take part, as well as connect your smart devices.

