

CHAPTER HIGHLIGHTS AND
SUPPLEMENTAL READING
THE ELECTRONIC SEARCH TOOL

FOR
The Altitude of Prayer

CHAPTER 12

“Living by Prayer”

DECEMBER, 2022

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CHAPTER HIGHLIGHTS AND
SUPPLEMENTAL READING

FOR

The Altitude of Prayer

CHAPTER 12

“Living by Prayer”

Chapter Highlights

...Prayer is undoubtedly the highest way of life there is.

...Prayer can be a hymn of gratitude that the kingdom of God, all the Father has, was established within us from the beginning. Prayer can be a recognition of our relationship with God as heir of God and joint-heir to all the heavenly riches. Prayer can be the recognition of the spiritual nature of the child of God and the spiritual nature of creation.

...One thing prayer must not be: it must not be a going to a God of Spirit and asking for something material.

...A life of prayer is a continuous recognition of the spiritual nature of God, the child of God, and the universe of God....
Prayer is an attitude of listening.

Pp 141

...If we want to experience the presence of God, is there any other way of attaining it than by recognizing that we must hear the “still small voice”?

...every time that we receive some inner impulsion from the spiritual Presence, the Voice has been uttered, and some phase of earthly discord melts.

...Living a life of prayer means living the life that recognizes God as the solution to every problem.

...We cannot meet a problem spiritually on the level of the problem.

Pp142

...It will not be easy to receive an answer from within if we are seeking a physical or material answer because the spiritual universe does not speak to us in material language.

...The very moment that we translate this universe into Spirit, we are praying aright.

This is a spiritual universe. I know, God, that when I hear Your voice, the earth will melt: the sense of physicality will melt; this material sense will melt....

Pp 143

...I know that I could never be on a spiritual path if Something greater than myself had not directed me and kept my feet on the Path when other temptations came. So I have no hesitancy in recognizing that there is a God-presence, and if sometimes I seem to be missing the mark in some way, I turn within and say, "You know, You put me here. Now do not go back on me!"

Pp 144

...There are times when we wonder if, at the moment, we are under the jurisdiction of God, or if, in some way, we have strayed or become separated from God. In moments like that, and they come to everyone, a form of prayer is this recognition: *Whither shall I go from thy spirit? or whither shall I flee from thy presence?....*

Pp 144-145

...The word “Omnipresence” comes, and we find ourselves right back in the kingdom of God. Omnipresence!

...It is acknowledging that there is only one Power, and that the appearance, however frightening its aspect, is not a power. Therefore, let it go on appearing. Since it is not a power, we do not try to get rid of it. We do not try to overcome it. We do not try to resist it. We acknowledge Omnipotence....

Pp 145

...We think we know what we would like to have, but so does a child who is reaching out for a pound of chocolates, which do not always prove to be so good as they look. Our safest prayer is the word “Omniscience”: *God is the All-knowing. I do not have to know anything; I do not have to make a decision. If I am holding open this line of communion, I can wait to hear God’s decision because God is Omniscience....*

Pp 145-146

...Since we carry our Christ within us, and Its name is Omniscience, why do we have to use words and thoughts?

...It is like a movement or transition in consciousness, and we say, “ ‘Whereas I was blind, now I see.’ The Christ really is my identity. I have nothing to do but let the Christ live my life.” Now we are at the place where we heal with a smile, because we are no longer dealing with corporeality in a mild form or a serious form. Now we are dealing with truth, and we are letting the truth make us free.

...We must pray without ceasing.

Pp 146

...I ponder *It*, Its qualities, Its nature, and Its activity.... Eventually, through this kind of practice, we come to such an inner stillness that the outside world does not trouble us

so greatly; we do not react to it so much, and it becomes less and less real to us.

...If we abide in the Word and let the Word abide in us, if we begin to commune with the divine Spirit within us, get friendly with It, and reach a place where we really can have a feeling of oneness with It, the day comes when, in a deep meditation, we disappear completely. All trace of us is lost, and only *I* remain.

...Just as God fills all space, so does God-manifest fill all space, and we are that Omniscience, Omnipotence, and Omnipresence while we are in the deepest part of our meditation. We have now found our way home.

Pp 147

...Behind this world there is a hierarchy of those who have attained their full illumination and who still influence those on earth who are spiritually attuned. So it is that sometimes under orders, the mystic remains on earth for the purpose of conveying his message. What message?...It is the message that there is a Father within.

Pp 148

...Such a high state of consciousness is attained step by step. First comes the recognition that, although to sense we are human beings, there is a divinity within us; then comes the attempt to return to our original state by tabernacling, communing, and acknowledging God until most of the human selfhood peels itself off, and we have transcended that stage of humanhood.

Pp 149-150

...This I that I am is my true Selfhood, and this that walks the earth is the finite sense of It, the mask, called persona, personality, human identity. At least I do now know that I in the midst of me is mighty....

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...Prayer is a two-way channel: it is our going back to God, and then God coming forward to us. Yet the whole of it takes place within our consciousness, because we do not reach any God outside of us anywhere.

...We can always pray because we can always blink our eyes and look inside ourselves.

...Sometimes I look up into my forehead; sometimes I look down in the direction of my heart. I have no belief that God is entombed in my body anywhere. It is only that my attention must be directed somewhere, and so I am either looking up into the space behind my forehead or I am looking down toward the heart area just as a matter of centering my attention, but always with the same word, "Father! Speak, Father! Guide me; instruct me," or "What is Thy will? Thy will be done, not mine."

Pp 150

...We talk to God the way we would talk to our father or mother, sister, brother, or anyone we love.

...When we turn our attention within ourselves so that the voice of God may be heard, the will of God may be made evident, or the presence of God may become tangible, we are living by prayer.

...We create a vacuum within ourselves, so that we can be filled full by the Presence that is within us.

...Just to close our eyes and open our ears is one form of prayer. It is listening for the way of God to be made evident. All this is prayer, and it is communion.

...To live by prayer requires a recognition that God is not in the problem: God is in the silence.

Pp 151

... Our function is to pray without ceasing. That means listening without ceasing, not keeping the mind so occupied with nonessentials that there is no room for that “still small voice” to creep in at any moment of the day or night.

...Listening and keeping the lines of communication open is prayer—assuring ourselves of Omnipresence, of divine Grace, assuring ourselves over and over that this is a spiritual universe. Whatever form it takes, it is prayer!

Pp 152

...[Prayer] never has anything to do with a person, a thing, or a condition, and never concerns itself with a material manifestation. Prayer, to be prayer, must be kept on the spiritual level, recognizing that the solution to any problem will come through a message from God or through a directive from God.

...Without prayer, we have no relationship with God, because we are cut off from God like the branch of a tree that is cut off, withers, and dies. But through prayer our sonship is established.

Pp 153

...When we put aside all this “Give me! Give me! Give me!” “Send me! Send me! Send me!” and live in our relationship with God, letting God’s will be fulfilled in us, letting God’s spiritual gifts reach us, we are fulfilled.

...Prayer, then, is a way of life, living through God so that God’s way may be fulfilled in us.

...This wisdom is yours to keep, yours to live, yours with which to bless.

Pp 154

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Search: “if we want to experience”

From The 1956 New York Laurelton Hotel Closed Class

...You will find in every way, if you look around, that God’s work was done in the beginning, and He found it good. Now there’s no use of trying to get God to change the system for your benefit or mine, for your nation or mine, or for your family or mine. If we want to experience the grace of God, it becomes necessary to align ourselves with God and receive the grace of God as it is now flowing, always has and always will.

176 A 1956 New York Laurelton Hotel Closed Class
“The Letter and the Spirit”

Search: “living a life of prayer”

From The 1962 Los Angeles Closed Class

...Now, living a life of prayer is the most practical way of living that there is. You can’t take anyone’s word for it, I grant that—it has to be an experience of your own—nor could you convince the world of it. The only thing you can do is to live it yourself and find that at least some members of your family, or some of your friends will notice it, and say, “What is it you have discovered,” and so you will become a light unto those around you...

462 B 1962 Los Angeles Closed Class
“Living the Life of Prayer”

From The 1962 Glendale Open Class

... the only form of prayer that brings the demonstration of God's grace into the fullness of our lives is the kind of prayer in which we go to God with a pure heart. "I'm seeking nothing. I'm asking for nothing. I'm desiring no favors. I'm not asking for God-power over anything or anybody. I don't want God to destroy my enemies. In fact, I want God to forgive my enemies. No, I'm just coming with a pure heart. Father, search my heart. Whatever is in it of an erroneous nature, cleanse it and then let thy grace descend upon me." You see this is living a life of prayer and it cannot fail because you're not going to God with pretenses.

457 A 1962 Glendale Open Class
"Fourth Dimensional Consciousness"

From *The Mystical I*

...As long as you live constantly and consciously in this truth of the indwelling Presence and Its function in your life and in the life of your friends and enemies, you are living a life of prayer. You are living the contemplative life: contemplating God, contemplating the presence of His son within you. See what this does for you.

The Mystical I, Chapter 4
"I Am the Way"

Search: "on the level of"

From *Seek Ye First*

...In the very earliest days of my practice, I was given this statement: "You cannot meet a problem on the level of the problem." I would like you to memorize that particular statement. You cannot meet a problem on the level of the problem, and this applies to accident, disease, or death.

Seek Ye First, Chapter 4
"We Cannot Solve a Problem on the Level of the Problem"

From *A Message for the Ages*

...The most advanced step in the message of The Infinite Way is not to meet a problem on the level of the problem. Such a step can be imparted only by a person who has caught its significance. At that stage, the Infinite Way student is at the highest mystical point....

A Message for the Ages
Chapter 6 – “Not Appearance, But Is”

Search: “a form of prayer”

From The 1962 Princess Kaiulani Open Class

...The recognition that Consciousness, Spirit, spiritual Consciousness is individually your consciousness, enables you as the human to turn within, turn within in the recognition of Consciousness as the source, *your* consciousness as the source, and then draw forth. The manner of it is exactly that of the composer, the poet, the writer who closes their eyes, turns within and waits. This is really a form of prayer, because it is the recognition that this Infinite is within me—the melody I’m seeking is within me, the idea I’m seeking is within me, the invention, the discovery, the law. Whatever it may be that I’m seeking exists within me, and then in this attitude of listening, the idea comes forth, whatever its name or nature may be .

476 B 1962 Princess Kaiulani Open Class
“A Form of Prayer”

From *The Only Freedom*

... Prayer, as far as we are concerned, has many meanings. When I take a passage of scripture into my thought, ponder it, think about it, seek its inner meaning, or seek to apply it to some specific experience, that can be considered as one form of prayer. Any knowing of the truth is a form of prayer. “Ye shall know the truth, and the truth shall make you free.”

In our spiritual healing work, treatment, or contemplative meditation, which is a form of prayer, begins with the word God. Our treatments or meditations relate solely to God. If you ask me for help for a physical discord, you may or you may not mention the nature of the discord. To me, that is immaterial because I am not listening. But if it makes you feel better to get it off your mind and say it is rheumatism, a headache, or a foot ache, that is all right with me. Frankly, I would not remember two minutes later what you said because I was not listening when you said it. It's enough for me to know that you have asked for help. The moment you ask me for help I turn to the word God. God is my first word in treatment or prayer.

The Only Freedom

Chapter 4 – “Progressive Unfoldment”

From The 1953 Los Angeles Practitioner Class

... Now you see our work is a rising above this need for praying for what things we need to a form of prayer, an atmosphere of prayer, which is a realization of God's function. It is God's function to maintain Its universe. That is not your business or mine...

31 B 1953 Los Angeles Practitioner Class
“Atmosphere of Prayer and Higher Concept of Prayer”

Search: “an inner stillness”

From The 1959 Maui Advanced Work

... The moment you think of prayer as a force or power to do something or destroy something or overcome something, you are outside the realm of true prayer. The basic reason is that the evil in human consciousness isn't a power, and therefore it cannot be destroyed by a power. The effective prayer which includes forgiveness in praying for the enemy, is an inner stillness in which the grace of God is given opportunity to

function. Otherwise it would really be your power or mine, or your prayer or mine, or your understanding or mine, and that would be getting us back on the egotistical path again.

243 B 1959 Maui Advanced Work
“The New Life by Grace”

From *I Stand on Holy Ground*

...If we practice the presence of God for just a few months religiously and devotedly, automatically we are bringing about an inner stillness and quietness. We lose our fears of the outer world with its alarming newspaper headlines and epidemics because we have come to see that in the presence of God epidemics have no power. Where God is consciously realized, there is freedom from the sin, the disease, the lack, and the limitations of this world. Inner quietness and stillness prepare us for the next experience, which is that of meditation.

I Stand on Holy Ground
Chapter 2 – “From Practicing the Presence
to the Prayer of Listening”

Search: “listening is”

From The 1962 Pacific Palisades Special Class

... Let’s put it another way from scripture: “Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.” How are you to receive every word that proceedeth out of the mouth of God? There is only one way. You have to listen for it. Now, listening is prayer, and listening is meditation. At any moment of the day or night you can open your ear: “Speak Lord, your servant heareth” and then listen, even for one second. Then you are praying. And, you know it only takes one second or one minute to bring about miracles; but remember, praying does not

mean stopping your activities and going off somewhere and neglecting anything or anybody. It means the ability to listen. “Speak Lord, thy servant heareth.”

465 B 1962 Pacific Palisades Special Class
“The Way of Peace and Meditation”

Search: “is a way of life”

From the 1961 Washington D.C. Special Class

...But prayer that is an attitude of praying out—for you, for the world—prayer that has that high altitude of forgiveness in praying for the enemy, this prayer is a way of life. And the way of life is this: it is an acknowledgment that we are instruments through which God may flow to all on this Earth—not only on this Earth, but those who have passed from this Earth, and those not yet born. Always I of my own self can do nothing, but I can be a transparency through which the Father within me may flow out and bless. This can only be in that unselfed sense of prayer, which seeks nothing for one’s self beyond the joy of companionship, communion with that Spirit within, that dwelling in the Father, that letting the Father dwell in me.

409 A 1961 Washington D.C. Special Class
“The Attitude and Altitude of Prayer”

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