

CHAPTER HIGHLIGHTS AND
SUPPLEMENTAL READING
THE ELECTRONIC SEARCH TOOL

FOR
The Altitude of Prayer

CHAPTER 11

“Individuality Revealed
Through Prayer”

NOVEMBER, 2022

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CHAPTER HIGHLIGHTS AND SUPPLEMENTAL READING

FOR

The Altitude of Prayer

CHAPTER 11

“Individuality Revealed Through Prayer”

Chapter Highlights

...The purpose of prayer is to bring the Spirit to our individual experience, so that this parenthesis may be permeated with the Spirit and the fourth-dimensional substance called the Christ may come into activity....It is so real that It can whisper in our ear, “Do not drive up this street: drive up that one.” It can prevent us from making an investment or lead us to a bookshelf where we might find the one book that can meet our need for us at a particular time.

Pp 129

...When anyone asks the question, “How may I know if this is real?” he has not yet experienced It.

...This experience will never be fully attained until through prayer and meditation the veil of illusion that separates us from reality is rent. Let us imagine that we have before us a block of clay. Out of the clay, human forms are molded, but in that molding, the forms do not lose their contact with the clay. They are clay itself, formed.

...So in creation, God is the Father, the Substance, and men and women the children: God, the Father; God, the children.

But the children are still of God. They are made of the basic Substance, formed in Its image and likeness.

So we have God, infinite perfection, and we have His sons and daughters, also infinitely perfect.

Pp 130

...since using the word God indicates something separate and apart from our Self, let us begin with the truth that *I*, Consciousness, am God. Consciousness is God, but all I am is consciousness; therefore, I am the divine Consciousness in expression.

...In this light we see that the qualities of God are manifest as the qualities of the son. The qualities of infinite Consciousness are the qualities of individual consciousness, because only the one Consciousness forms Itself as individual you and me.

...All we have to do is to keep that word *I* in mind and remember: All that *I*, divine Consciousness, have is yours as individual consciousness.

Pp 131

...In this awareness, we do not live by might or by power. We live by My Spirit, by My Consciousness.

...This is the spiritual, perfect creation....But something happened. A belief in two powers arose. We do not know how it was possible for it to arise or anything about it. We only know that the moment it did, the perfect man and woman lost their God-identity and were separate and apart from God.

...If there is only one Power, there could be nothing to interfere with the perfection of God's creation. It is because we have accepted in our consciousness the belief in two powers that we are trying to find the truth that will free us of this belief and restore us to the Father's consciousness.

Pp 132

...We are not going to waste any time asking why it happened, how it happened, or how it could happen. All we are going to do is accept the fact that one day we were born and we had no awareness of our original spiritual identity.

Pp 132-133

...we are told now that we are children and have human parents. It is not long before we discover that our life is controlled by everything and everybody in the world....We live in ignorance of the truth about our Creator and about ourselves: our nature, character, being, life, and body.

...So we live in a little world of human creation, the world that our great-grandparents, grandparents, parents, and schoolteachers helped to create in their minds and pass on to us. They have us encased in a little world in which we are almost nonentities, struggling with three billion other people for a livelihood and with everybody in the world having jurisdiction over us.

Pp 133

...So here is this little I on a merry-go-round, traveling fast and going nowhere, and eventually realizing the unsatisfactoriness of that condition.

...Many millions of persons go through an entire lifetime kicking against this kind of life and doing nothing about it, eventually passing on and having to come back and go through the same parade all over again. They do not even know that they are heirs, but having heard of God, the word begins to percolate in their thought, and most of them come to the place where they say, "Now, wait a minute, wait a minute! You talk about a God, but surely any God worth the name of God could not be responsible for the chaos on earth. Any God worthy of the name of God could not possibly tolerate my being in this condition."

Pp 134

To all the five senses, we are mortals, born, aging, dying. We have limited lives, limited mentalities, limited strength. But to this limited sense a few men and women of intuition and vision say, “No, no! Know ye not that ye are the temple of God, and God dwells in you? Know ye not that ye are the image and likeness of God? Ye are spiritual! Ye are of the substance of God.”

Pp 135

...We have been told about our true identity, our true Selfhood, but we have heard it only with the hearing of the ears. We have not yet discerned it, nor unlocked whatever it is that is blocking the entrance to our Self. While a person is walking around, working hard to earn a living, struggling with sin and disease, his real free and independent Self, the individualization of all that God is, is hidden inside his consciousness, probably rolled up like a ball, tight.

...The Orientals call it an “onion.” They have discovered that this process of knowing the truth, of searching for God, is like taking the skin from the onion, one onion skin at a time.

...As we imbibe truth through knowledge of, and devotion to, truth and through meditation, layer after layer of the outer false self drops away. When we finish removing every skin from the onion, we have nothing left.

...When we have completely divested ourselves of self, there is nothing left, and that Nothing is the *I* that we are.

Pp 136

...This inner Self of us which is hidden inside that flesh, blood, and bones, our own Christhood, is always saying to us: *I am come here within you to be your life everlasting....*

Pp 137

...God is the Self of me, and therefore, it is my Self that is omnipresent, omnipotent, omniscient. It is not some self from thousands of years ago. It is not some self that is up in heaven. It is my Self, thy Self, our Self, the one infinite, divine Self which is omnipresent, omniscient, omnipotent, the Self of me....

...The object of prayer is to strip this outer sense of self away until we get back into the withinness of our own being, and there find ourselves to be that *I*.

Pp 139

...now we can say, “Yes, I know that I AM. I am the embodiment of the power of resurrection and of life eternal. I am the embodiment of my food, clothing, housing, and transportation, *I* am the Way. My whole life now walks the way of *I*. I dedicate my life to this Way.”

...What are we doing while we are realizing all this? We are praying. This is prayer. This is knowing the truth that makes us free. This is communion with our inner Self. This is meditation.

...Prayer, then, is a recognition of our true identity. It is an acknowledgment of the infinity of our own being....When we realize that locked up inside of us is *I*, we will learn to meditate and pray.

Pp 139

...Let this glorious *I* shine forth because It is Spirit. It is God in action. It is God individualized. Let us open our consciousness and let this *I* shine forth.

Pp 140

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Search: “the veil of illusion”

From *The Early Years*

...Within you and within me, within individual consciousness is perfection: perfect health, perfect body, mind, beauty, harmony, eternal being. This spiritual self was never born and can neither age nor die. It embraces within itself every requisite by right of this sonship, as joint-heir with Christ. Only through spiritual sense are we able to discern our true identity as the Christ. Only through spiritual discernment are we able to pierce the veil of illusion and behold the spiritual universe here and now, perfect in its being.

The Early Years, Chapter 25
“No Outlined Physical Form”

From *The Mystical I*

...You have to go beyond humanhood; you have to go beyond the best humanhood that has ever been known before you can find spiritual identity. You have to be able to blot out of your thought your most loving qualities, most generous qualities, friendliest qualities. All these must go in order that you can say, “Ah, yes, but what is spiritual identity like? What is spiritual Selfhood like? I am trying to discover what the Master meant when he said, ‘My peace I give unto you.’ What kind of peace does our spiritual identity give? What kind of peace is that?” You must think beyond the demonstration of healthy humanhood, wealthy humanhood, and happy humanhood. You must pierce the veil of illusion that separates you from the realization of your immortal Self,

your Christ-Self, your real identity, the perfected Self which you are, which has no qualities of good humanhood or bad humanhood. Again we come to that word “I”...

The Mystical I, Chapter 9
“The Temple Not Made with Hands”

Search: “sense of self”

From The 1952 First Class of 1952

...Mortal or finite sense is a veil hiding from view the life which is God and giving us the belief that we have a life of our own. The dropping of the veil, the disappearing of the veil, reveals the life which is God manifest as your life and as my life, and in that realization that finite sense of self-existence disappears.

1002 A 1952 First Class of 1952
“The Fourth Dimension”

From The 1961 Mission Inn Closed Class

.... once more rest in the realization *I* in the midst of thee am God; be still and know that I am God—not man, not a prodigal. Be still and know that I am God. In that, this false sense of self drops away and immediately greater harmony appears. And foolishly, we in our ignorance call that a healing, it is not! It is the “more appearing” of our divine selfhood. When you stop to think of this, you will realize then that we are not separate from God and we never have been.

401 A 1961 Mission Inn Closed Class
“The First Degree of the Spiritual Path”

Search “recognition of our true identity”

From *A Parenthesis in Eternity*

... The Way is oneness; the Way is love; the Way is the recognition of our true identity as the son of God; the Way

is the recognition of the nature of God and the nature of the Son. The goal of mysticism is the attainment of the realization of one's self as Self, so that life is a continuing experience of the Self, with a coming down to the personal sense of self only for the purpose of the immediate work to be done.

A Parenthesis in Eternity, Chapter 12
“The Discovery of the Self”

From the 1950 First Portland Series

... Give up your search for God and acknowledge you have found him. And you have found him in the midst of you; right where Scripture, throughout all ages has told us that God would be found: right in the midst of us. So close to us that we miss it, but all we need is the recognition of our true identity: *I am He; I in the midst of thee am He. And “whithersoever thou goest, I will go, and thy people will be my people” because I can never leave me nor forsake me. Wherever I go, I carry I right with me. And that I is my support and my supply. That I is my password to a master’s wages, wherever I am, I am. And wherever I am, God is, and wherever God is, infinite abundant supply is pouring itself forth to me. I am he. I in the midst of thee am He. And I am come. I!*

1950 First Portland Series
“Meditation”

Search: “God individualized”

From The 1954 Honolulu Closed Class

.....I will live as Soul; I will live as Spirit; I will live as Consciousness; I will live as the Christ-being; I will live as the very highest of my understanding, and then let the body show forth that which I am as Consciousness, as Spirit, as Soul.

Now you see that you are not man, you are Soul; you are Spirit; you are Consciousness. This *I* which we have now declared is God individualized as your identity. That is why there is only one *I*, and that *I* is God!

84 A 1954 Honolulu Closed Class
“Cosmic Law”

From The 1955 Cape Town Series

...Spiritual sonship with all of the fullness of that meaning is your true identity, and in spite of any appearances that may now surround you, you must know the truth. You must know the truth of your relationship to God. You must know the truth of your true identity, which is God manifest, God revealed, God individualized, God expressed. That is your true identity, and you must know it, and you must know that therefore the qualities of God are the qualities of your individual being.

707 A 1955 Cape Town Series
“Start the Flow to God”

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