

SELECTED STUDY GUIDES

THE ELECTRONIC SEARCH TOOL

*Resist Not*

The Joel Goldsmith  
BOOKSTORE and READING ROOM

[JoelGoldsmithBooks.com](http://JoelGoldsmithBooks.com)

**This guide was created using the  
Joel S. Goldsmith Electronic Search Tool.**

**[www.JoelGoldsmithBooks.com/the-search-tool](http://www.JoelGoldsmithBooks.com/the-search-tool)**

The Electronic Search Tool is a vast, online database containing the complete text of every published Joel Goldsmith book and transcription of Joel Goldsmith's recorded classes. When a search term is entered, be it a single word or a complete phrase, all books and/or transcripts containing the term are listed, along with excerpts from the relevant source material.

The excerpts on the following pages were generated in this way and have been prepared to assist you in your study of Joel Goldsmith's message. We hope that you will also find it helpful as a model for creating your own study guides and reading lists with the Electronic Search Tool.

**This downloadable PDF is available to print and share.  
Enjoy with our compliments!**

**To order books by phone:  
(503) 688-3478**

**To order books online:  
[www.joelgoldsmithbooks.com](http://www.joelgoldsmithbooks.com)**

**For more information:  
[support@joelgoldsmithbooks.com](mailto:support@joelgoldsmithbooks.com)**

© JoelGoldsmithBooks.com  
© Acropolis Books, Inc.  
All rights reserved.

The Electronic Search Tool is an ideal way to begin your in-depth study. Though the list of possible search words on this month's topic is long, here are just a few suggestions:

*(For specific citations add quotation marks around phrase.)*

“a false sense of”

“power against”

“is a belief”

“spiritual power will”

“nothing in this world”

“to resist”

“no power”

“turn from”

“peace will come”

“unsee”

# RESIST NOT

## From *Realization of Oneness*

...There is no power but God.”

*Realization of Oneness*  
Chapter 1 – “Pure Being”

...Error is not in the external; power is not in the external; all power is in the “still small voice.” There is no power in sin, no power in disease, no power in tyrants, no power in external conditions: power is in the still small voice.

*Realization of Oneness*  
Chapter 12 – “Infinite Way Principles and World Affairs”

...Strange how, throughout the ages, religious men and women have dedicated their lives to the one purpose of overcoming the devil, and the devil has no power! The devil is nothing except what we decide to make it.

*Realization of Oneness*  
Chapter 3 – “Get Thee Hence Satan”

*... There is no power in any mesmeric suggestion of accident. There is no power in any belief of infection or contagion. There is no power in the carnal mind, in any of its forms, or in any of its beliefs, individual or collective.*

“A thousand shall fall at thy side, and ten thousand at thy right hand; but it shall not come nigh thee.”

...Protective work is the realization that there is no power from which to protect yourself.

*Realization of Oneness*  
Chapter 10 – “It Shall Not Come Nigh Thee”

... Nothing is good or evil, but thinking makes it so. Let your contemplative meditation be a rising above both. good and evil. Be still, and begin with the premise: There is no power of evil in the world, so I cannot be made to fear this thing. There is God. There must be, and if there is, God could not be God without being infinite, omnipotent, omniscient, and omnipresent.

*Realization of Oneness*  
Chapter 5 – “Resting in Oneness”

... “How do you break this hypnotism? How do you break the hypnotism that is binding this person to greed, this one to miserliness, this one to lust, and this one to fear? How do you break this mesmeric sense?”

It required years of meditation and years almost of heartbreak before it was revealed to me that the way to break the hypnotism was to know that hypnotism is not power. That is the only way, and that has been the function of my work and the nature of my practice from that day to this— not trying to break hypnotism, not trying to free anyone from being hypnotized, but knowing that hypnotism itself is an activity of the carnal mind and therefore has no power and no law to sustain it, and that it is inoperative. To be a transparency for infinite Intelligence and divine Love means to recognize that the carnal mind, this mesmeric influence of two powers, is not power, is not functioning in your or my experience, and has no law of God to maintain or sustain it. The realization of these principles instantly begins to operate as a freeing influence in our consciousness.

*Realization of Oneness*  
Chapter 7 – “Unconditioned Infinity”

## From *The Thunder of Silence*

...It is given to us to know that he who lives by the sword shall die by the sword, and therefore we have put up our sword and will never again take out either a physical or a mental sword—not even a spiritual sword. In reality, there is no power for us to oppose physically, mentally, or spiritually, so we need no sword. It has been given to us to know that we live and move and have our being in God in whom is no darkness at all, in whom is no warfare. It is given to us to know that the sovereign, divine remedy for all the ills of the world is to resist not evil.

*The Thunder of Silence*  
Chapter 18, “Ye Are The Light”

## From *The Mystical I*

...Once you understand the principle that all evil is impersonal and that it does not have its rise in any individual, you will begin to have the secret of healing work and the secret of world work, because you will not attach the sin, the disease, the struggle for power, the wrong thinking, or any other thing to an individual. That which is anti-Christ, or so-called evil, is the carnal mind, the universal belief in two powers, which constitutes a universal hypnotism. When you have thus impersonalized and recognized the nothingness of this universal belief, you have lifted your consciousness closer to the Christ-consciousness, and then you will discover why you do not have to resist evil. God is not in the whirlwind. Power is not in the evil condition. Power, God, is in the “still small voice.” Do you want God? Do you want God-power? Do you want God’s grace? Then be still! And when the still small voice speaks, you have it.

*The Mystical I*  
Chapter 12 - “Do Not Pass By on the Other Side”

## From *The Altitude of Prayer*

...Omnipresence! To dwell in the realization of Omnipresence is a form of prayer. It is acknowledging the presence of God where we are: heaven or hell, death, whatever or wherever it may be. It is acknowledging that there is only one Power, and that the appearance, however frightening its aspect, is not a power. Therefore, let it go on appearing. Since it is not a power, we do not try to get rid of it. We do not try to overcome it. We do not try to resist it. We acknowledge Omnipotence: "God is omnipotence. Omnipotence is within me, and there is no power external to me." We disregard the appearance, and our prayer, which is the recognition of Omnipotence, is answered. Prayer is a recognition of the word "Omniscience."

*The Altitude of Prayer*

Chapter 12 – "Living by Prayer"

## From *Conscious Union with God*

...Remember that the error is not a thing, nor a condition, and it is not a person. So in setting up that resistance, you are almost creating the thing you are resisting. In spiritual healing, recognize that error does not exist as a reality, no matter in what form it appears—sin, disease, lack, or limitation. When the problem is presented to you, do not resist it, do not deny or affirm it, but take the attitude of "non-resistance," a "divine indifference"—not putting up a mental wall against it, not trying to overcome it, not trying to deny it. Let your attitude be one of freedom from fear, a realization that you do not have to resist a mirage, that you are not going to separate tracks or lift the sky off the mountain. It is as if Jesus were facing a man with a withered arm and saying, "Stretch forth thine hand." What would make it possible for him to say that to a man with a withered arm, or to the cripple, "Arise, and walk?" It could only have been because his whole life had been a continuous recognition that there was

nothing to hinder this man; there was no presence or power in the arm or leg or in the back that had anything to do with his rising and picking up his bed and walking.

*Conscious Union With God*  
Chapter 11 – “Seek the Answer Within”

## **From The 1962 Maui Special Class**

...Your consciousness remains just what it always was, only now instead of believing that the sky sits on the ocean, and the sky sits on the mountain, now you look out and you say, “Oh no, education destroyed my ignorance on that subject.” In other words, I have died to those beliefs. But it isn’t a dying process; it is a letting of those ignorances die out of your consciousness, so that into your consciousness may be borne the truth. In the same way, as you start a regular program of training your consciousness to accept one power, and that one, Spirit—and of course resist the temptation to use that power on anything, because there isn’t any other power to use it on—as you train yourself to resist the temptation to use that spiritual power, you are not dying, and you are not being reborn; these old beliefs are being permitted to die out of your consciousness, and truth is permitted to be borne into your consciousness. But when you’re all through you’ll find you are still you, your consciousness is still your consciousness, only now you are devoid of some of your ignorances, and you are fulfilled with some truth.

484B – The 1962 Maui Special Class  
“Remolding Your Consciousness

## **From The 1960 Second London Closed Class**

...Any thought that is brought forward in your mind, to refute, or to resist, or to deny a claim is the fighting of it, and as long as that lasts there can be no healing.

350B – The 1960 Second London Closed Class  
“Meditation – ‘Be Not Afraid”



## From The 1961 London Private Class for “25”

...Our success will come in proportion as we can turn from the picture, turn from the human scene and not try to improve it, not try to heal it, not try to increase it, not attempt to have more and better matter, but turn entirely from that picture, and to me, of course, the powerful reminder has always been “My kingdom is not of this world.” Therefore don’t waste your time trying to patch up “this” world, but spend your time trying to find “My kingdom.”

411A – The 1961 London Private Class for “25”  
“1961 London Private ‘25”

## From *I Stand on Holy Ground*

... Turn from the Problem

The same principle applies in spiritual healing work. The more you work trying to get rid of a disease or overcome it, the more acute it becomes. The only way to succeed in spiritual healing work is to turn away from the problem, from the name or the nature of the disease, from any attempt to heal it, get rid of it, overcome it, or even to have a desire to do that, and take the attitude: Thy grace is my sufficiency in all things: physical, mental, moral, and financial.

*I Stand on Holy Ground*  
Chapter 9 – “Cast Thy Bread on the Waters”

## From *Living the Illumined Life*

...Often when we sit down to meditate, our mind seems to be churning with thoughts about people, conditions, and ideas that appear as problems to be solved. This is, of course, the result of the universal belief or universal hypnotism that claims that there are two powers. Instead of letting the mind keep going around and around over these problems, we turn from them, knowing that we have the capacity to govern the mind because it is our instrument: My mind is not a

battleground for the belief in two powers: my mind is an avenue through which the *I* of my being flows. As the pure unconditioned mind, it is untouched by carnal thought and is an open door for the outpouring of the beauty and truth of God's kingdom from the eternal Source within my being.

*Living the Illumined Life*

Chapter 6 – “Building the Transcendental Consciousness”

### **From *Leave Your Nets***

...Can you leave all your material dependencies? Can you leave your dependency on your family for love, justice, and mercy, and expect these only from the Father? Can you turn from expecting justice from a judge and jury, and expect it from the Father within your own being? Can you turn from expecting gratitude, reward, recognition, or appreciation from your employer or employees, or from members of your family, and seek your good only in the Father within you? Can you follow only the spirit within and not the personal sense without? Where are you now in consciousness? Are you still at that place where you say to the Master, “No, go on for a season, I must catch more fish for my family. Go on, while I stay behind here and rely on human beings for recognition and reward, and for cooperation and gratitude.” Or have you reached that point of consciousness that the disciples had reached when without question they laid down their nets?

*Leave Your Nets*

Chapter 12 – “Fishers of Men”

### **From *The 1951 First Northwest Series***

...There's only one reason for discords or inharmonies of any nature, and that reason is a false sense of I. The correct sense of I would eliminate every problem from the face of the earth—personal, family, community, national, and inter-

national. There's only one error on this entire earth, and that is a false interpretation or a false sense of I.

613A – The 1951 First Northwest Series  
“The True and False Sense of I”

### **From *Conscious Union with God***

...What we behold with the five physical senses is but the human or limited concept of that which actually is there. Even a good or healthy appearance is but a false sense of reality. We can never see or hear God's creation with the material senses; but with spiritual sense, we can discern the man and universe of God's unfoldment of Its own being, which is interpreted as creation. The world does not accept the revelation, or the truth, of one power. The world gives power to climate, germs, food, stars, and countless other effects, but no effect of itself is, or has, power. Consciousness—life and truth—is the power unto every effect.

*Conscious Union with God*  
Chapter 2 – “Teacher, Student, and Teaching”

### **From *Spiritual Discernment***

...Our consciousness must be purged of its false concepts of God and of individual being which we call man. In giving up our false concepts of man and our false sense of being, our consciousness is pure and clear, ready to be receptive and responsive to good. To resist not evil is also a purification of consciousness, since it is separating ourselves from the belief of a power and a presence other than good. Once consciousness is cleared of the belief of a selfhood apart from God or an activity, substance, or law apart from God, consciousness is then ready for the blessing of divine Grace. Grace is not something that is given to us or withheld from us. Grace is a state of being which comes into active expression the moment consciousness has been purified, just as the law of

gravity comes into operation when an object is dropped. The law of gravity is always present and in operation, but nothing happens until an object is released.

*Spiritual Discernment*

Chapter 5 – “Judge Not According to the Appearance”

### **From *Seek Ye First***

...Seek only God! Leave mother, father, brother, sister; leave your human sense of life and enter into life eternal. Surrender this false sense of life and watch how the life of God envelops you. As long as there is the grace of God, the presence of God realized in meditation, the life of God acting as a constant renewal, then this very life on earth is a joyous experience.

*Seek Ye First*

Chapter 2 – “The Spiritual Goal”

### **From *The Foundation of Mysticism***

...It is the most glorious thing in all of this world to be able to realize that no one on the face of this globe has the power to do evil to anyone. No one on the face of this globe has the power to be evil. God is the only power, and God’s power is a universal spiritual power of eternal and immortal life. No one can thwart the will of God. There is no way to thwart the will of God, for there is no will but the will of God. When man tries to set up his puny will and power against good, he might just as well be sending his armies against the Hebrew prophet who had the wisdom to say, “They have only the arm of flesh,” nothingness, no power. “Stand ye still; ye need not fight.”

*Foundation of Mysticism*

Chapter 6 – “One Power”

## From The 1957 Second Halekou Closed Class

...I know this as sure as I know that God made little apples. That we are only going to know peace when we don't war with each other; when we don't think of using a power against each other, over each other for some reason. When we can sit in a world like this, there's no power being used here; nobody forced anybody here, nobody compelled anybody to come here; nobody is saying a word; nobody is using any kind of a power in this whole thing. Each one in this room is free to come, to go, to use what they learn or to leave it alone. Each one is free—no coercion, no force, not even mental power.

195A The Second Halekou Closed Class  
“The New Dimension”

## From *The Thunder of Silence*

...Watch the transformation of your own world as you bring yourself inwardly to the feeling that you do not want to oppose or use a power against anybody or anything. “Resist not evil.” At first it may be that somebody will want to take every last dollar you have in the world, but he cannot permanently deprive you of one dime because faster than he can deprive you of it, it will be returned to you in some way, so that it will not be long before you will have as much as you had before and probably twelve baskets full left over, whereas if you struggle to hold on to it, you may find yourself with less.

*The Thunder of Silence*  
Chapter 12 – “Resist Not”

## From *The Art of Spiritual Healing*

...There is nothing in this world antagonistic to me, and I am antagonistic to nothing in this world because my oneness with the Father constitutes my oneness with all spiritual being.

*The Art of Spiritual Healing*  
Chapter 17 – “I If I Be Lifted Up”

## From *A Message for the Ages*

...We are responsible for our life—not our parents and not our surroundings. If there is not a developed consciousness in us, we will be a victim of our own nothingness. If peace, love, joy, and fulfillment are in our consciousness, nothing in this world can keep us from that kind of an experience. We are the product of what is within us, and if we glimpse that, we can then go on and develop or continue to develop that spiritual consciousness which externalizes as a fulfilled life.

*A Message for the Ages*  
Chapter 4 – “The Parenthesis”

## From The 1955 Kailua Study Group

...Now, the prayer of contemplation leads to being a contemplative. A contemplative is the finest thing in all the world to be until one attains the next step, which is the union itself with God, because a contemplative sees nothing in this world without, at the same moment, seeing behind it the cause of it, the invisible, spiritual activity which produced it. A contemplative could never look at a sunset or a sunrise without instantly realizing the spiritual nature of that which brought it into expression. Why just this moonlight that we've had here the last couple of nights is enough to bring tears to the eyes of a contemplative, not because of the beauty of the moon, but because of what is so evident must be behind the activity of that moon, and those cloud formations, and the fact even that it has an earth to shine upon. Don't you see that? It has to be so. It has to be so.

120A – The 1955 Kailua Study Group  
“Deny Thyself—Die Daily—How?”

## From *The Contemplative Life*

...Commonly accepted metaphysics today teaches the rejection and denial of the appearance of evil and the realization of its unreal nature. But in the truly spiritual life, we have

to go beyond merely rejecting evil as error because we also have to deny reality to that which appears as good; we have to unsee the humanly good appearances to the same degree that we unsee the humanly evil ones. Spiritually discerned, there is neither good nor evil, and it is on this premise that the entire spiritual universe is built. The discipline on this path lies in rejecting every appearance, whether it is good or evil, in the realization that whatever it is that is of God is invisible to the human senses.

*The Contemplative Life*

Chapter 8 – “Contemplation Develops the Beholder”

### **From The 1958 New York Closed Class**

...And so it is that when you begin to look upon each other, not as human beings with human histories, but looking on each other as God. God the Father appearing as God the son. And unsee the physical appearances, the mental, the moral, the financial appearances, gradually you bring to light the hidden qualities of every individual, the transcendental qualities, the spiritual qualities, the real qualities which are there all the time. Then all of a sudden their physical appearance changes, their finances change, their morals change. Whatever it is that needs correcting begins to change and the spiritual identity shines forth, right through the same individual where the opposite was before. And all of this is brought about how? Not by your denying them their body. Not by your denying them anything. But by your recognizing the invisible spirit to be the essence and substance of true being.

222A – The 1958 New York Closed Class  
“ Soul, Mind, Body”

### **From *The Heart of Mysticism, Volume Four***

...Another way in which we find ourselves ensnared with the belief of good or evil is in looking at people. We are always eager to unsee the evil man and delighted to see the good man; but all power, all life, is in God, and therefore, there is

no good or evil in man. Stop trying to exchange bad people for good people. See through the disguise of both good and evil and behold Christhood. Do not fear the evil and do not love the good; look through both to Christhood.

Do not rejoice because your patient has been made well. We are not interested in a sick man or in a well man; we are interested in Christhood. Do not be like the disciples who ran back to the Master rejoicing that even the devils were subject unto them: Rejoice that your names are writ in heaven. Do not believe that truth overcomes error: Rejoice that it has been revealed to you that Christ is your identity, that you are the Son of God, heir of God, joint-heir to all the heavenly riches. Rejoice that your nature is spiritual and then you will not find any evil to be overcome.

*The Heart of Mysticism, Volume Four*  
Chapter 8 – “Your Names Are Written in Heaven”

### *From A Parenthesis in Eternity*

...There is no life for us to attain; there is no truth for us to attain: there is only the recognition of the truth that we are the truth, that we are life eternal, and the realization that the infinite nature of God makes it impossible for any deadly weapon to exist. When this becomes realized consciousness, we can face the bomb, the bullet, the lion, or the weather: “I have lived in fear of you, but the truth is that you exist merely as a belief in two powers. The only existence you have is in the mind of man, and you cannot get outside of that mind to do anything to anybody. All you can do is to destroy those who entertain that same belief in two powers.” These powers that appear to be destructive are so only to the individual who insists that there is a “this,” a “that,” or an “it”; but it is he himself who has formed the weapon, and all that weapon is, is a belief entertained in his own mind.

*A Parenthesis in Eternity*  
Chapter 11 – “The Nature of Spiritual Power”



## From *Awakening Mystical Consciousness*

... Spiritual power will govern this earth through our individual consciousness in proportion to our not fearing the error and not using spiritual power against the error, just declaring within ourselves “Spiritual power.” Someday we will have a body of people in this world touched by the Spirit; they will meet; and peace will be. Peace will come through the activity of the Spirit that is now abroad in the world, touching people of all lands. Those who have been touched by the Spirit are helping and can further help to awaken humanity to this touch of the Spirit by their prayers, by fulfilling acts of Grace- forgiveness, praying for the enemy-but above all, by an understanding of the nature of the Messiah. The Messiah taught, “My kingdom is not of this world. Put up again thy sword into his place: for all they that take the sword shall perish with the sword.”

*Awakening Mystical Consciousness*  
Chapter 3 – “Spiritual Power Unveiled”

## From *Awakening Mystical Consciousness*

... Peace will come when there is peace in people’s hearts. There is only one thing that will bring that peace: the realization of divine Grace within. Gratitude will not bring it. No nation is going to be grateful for the help another nation has given it. Nations never have and never will be grateful, just as very seldom is there a real sense of gratitude in those we help humanly, certainly not one lasting very long. One thing alone brings peace: the realization of a divine Grace operating within the consciousness of each and every one of us. As fully as we realize this Grace within us, It brings peace to us. As we begin to perceive this Grace operating in the consciousness of mankind, in that degree will this Christ-Spirit be awakened in mankind.

*Awakening Mystical Consciousness*  
Chapter 12 – “Consciousness Unfolding as  
the Harmony of Our Experience”

## From *Living Between Two Worlds*

...There is no use looking outside and wondering in what form that peace will come, because it does not come in a worldly form. Strangely enough, however, when the inner peace comes it forms and re-forms our outer life. It changes our relationships with other human beings. It changes the nature and the amount of our supply because it is Its function to see that we are fed and clothed abundantly. All things will be added unto us but they will not be added by taking thought for the things: Relinquish thought of things; turn within and admit Me.

*Living Between Two Worlds*  
Chapter 1, "Opening the Door to Infinity"

## From The 1960 Washington D.C. Open Class

...There is a message of the Master that we need to remember because it is the key, to not only our personal well-being, but to national and international as well. And when I say this, please remember that this is not, as many people have misinterpreted, an attempt to become pacifist or advocate pacifism for our government or any other. For that would be the mistake that was made of old, in believing that the Master was preaching weakness when there is no sign of weakness in His teaching. But the Master says, "Put up thy sword. Those who live by the sword will die by the sword."

Well, of course, we have witnessed that latter part throughout all ages, that the resort to force merely continues a resort to force, and always will. It makes no difference who is defeated, they always will turn around and seek to be the victor the next time. But this in no wise changes the fact that force is not the ultimate of peace or safety or security, that no ultimate peace will come individually or collectively through force. Now, with this is mind, let us as individuals remember

that we are being given a principle of life which, when we succeed in bringing it into expression, will enable us later to encircle the globe with it.

329A – The Washington D.C. Open Class  
“The Inner Kingdom”

Excerpts from transcripts of Joel S. Goldsmith recordings are provided with permission from the Estate of Joel S. Goldsmith, and are © 2016 The Infinite Way by Joel S. Goldsmith LLC.

For further study of Joel S. Goldsmith recordings, you may wish to purchase transcripts, CDs, MP3s, or a Streaming Service subscription.

Transcripts:

<https://joelgoldsmith.com/ordertranscripts.html>

CDs:

<https://joelgoldsmith.com/ordercds.html>

MP3s:

<https://joelgoldsmith.com/order.html>

Streaming Service Subscription:

<https://joelgoldsmith.com/orderstream.html>