

Interview Travel Checklist

LUGGAGE

- Black portfolio**
To hold each of the following:
- Thank You Cards**
- Pens**
Two, in case one stops working.
- Your Resume / CV**
- Your Application**
Both primary and secondary (to review so that you remember what you said).
- Stamps**
- Snack (e.g. Larabar)**
- Water bottle**
- Cash**
A \$20, a \$5 and several \$1 dollar bills (for tipping and buying a snack).
- Something to Read**
Book or magazine to spark a conversation.

SO FRESH AND SO CLEAN

- Breath Mints**
- Kleenex**
- Lint Roller**
- Lip Balm**
- Shoe Polish Wipes**
- Dental Floss**
In case you get something stuck in your teeth.
- Advil / Aspirin / Tylenol**
- Stain Remover**
- Sewing Kit**

THE DAY OF

- Suit Carrier / Garment Bag**
Carry this on, so if the rest of your luggage gets lost, you can still get to the interview!
- Black Portfolio**
For carrying your resume and other papers and taking notes.
- Clothes**
Your suit, something semi-professional to wear the day before (especially if you're staying with a medical student), pj's, etc.
- Toiletries**
- Small Gift for Your Host**
For your host, if staying with a med student. If you can't think of anything else, a small Starbucks card works fine.

OPTIONAL

- Lipstick**
- Bobby Pins / Hair Ties**
- Travel Iron**
- Ear plugs**
For sleeping on the plane / at night.