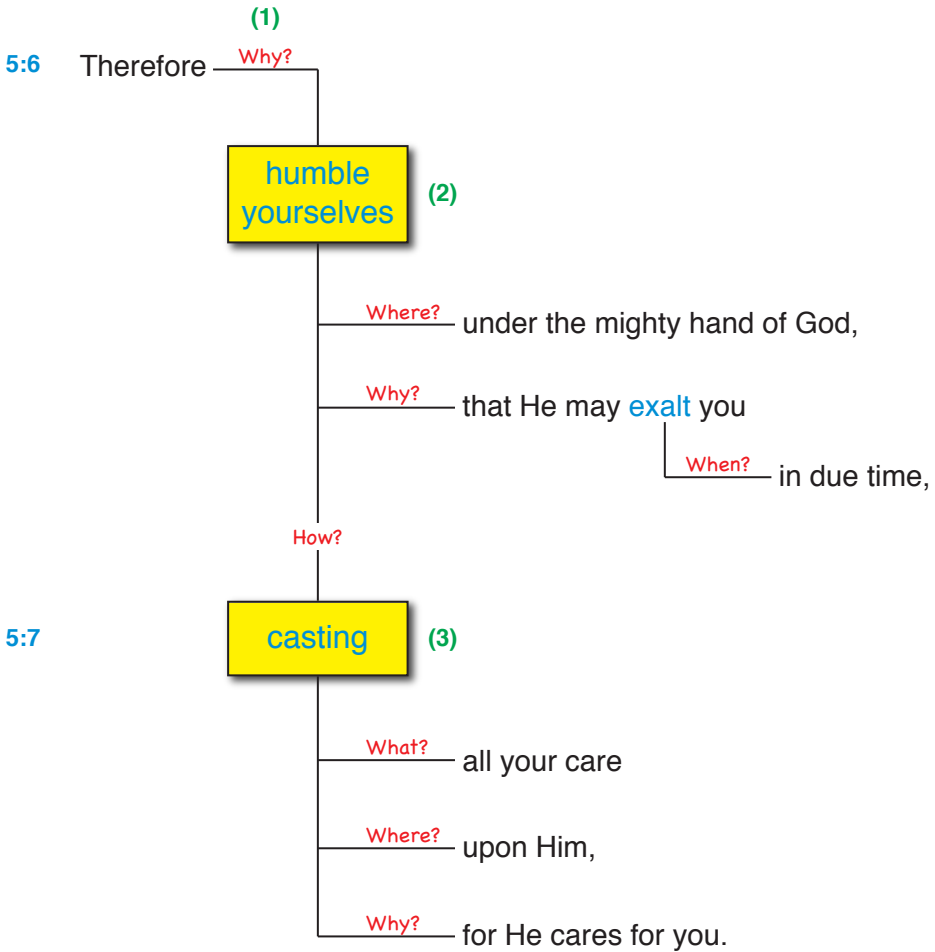


# 1 Peter 5:6-7

(how to humble yourself)



## Notes

(1) The first stated reason the Lord's servants should humble themselves under the mighty hand of God is given in the previous verse, in 5:5. God resists the proud but gives grace to the humble.

(2) The command to humble yourself means to cooperate with God in the humbling process. God himself humbles us through trials and suffering, but we are commanded to go along with him in the process rather than rebelling, protesting, and refusing to accept his discipline.

(3) Casting our care upon the Lord (5:7) is an aspect of cooperating with the Lord in the humbling process. It obviously requires faith.