

Prenatal Care Visits

Prenatal care is important because it allows us to monitor your health and your baby's growth throughout your pregnancy. We look forward to seeing you about once a month, with more frequent visits as your pregnancy progresses. These visits are great opportunities to ask questions, but please reach out to us at any time with additional questions or concerns.

Not every visit will entail blood work or an ultrasound. A general guide to what you may expect and the schedule of visits is below. Note that this is only a guide and that visit schedules and tests are individualized and adjusted based on patient care needs.

What you can expect at every appointment: confirming fetal heartbeat (either with ultrasound or doppler), screening your urine for glucose and/or protein, checking your blood pressure and weight, talking with your provider about what's happened since your last visit, any troublesome symptoms you may be experiencing, and when to make and what to expect at your next visit.

Prenatal Visit Schedule

<i>Approximate Gestational Age</i>	<i>What to Expect</i>	<i>Appointment Interval</i>
~ 7-12 Weeks	<ul style="list-style-type: none"> • Pregnancy confirmation/dating ultrasound • First prenatal visit • Initial blood work and labs • Optional carrier and genetic screening tests • Ultrasound for nuchal translucency 	Every 4 weeks
~ 16 Weeks	<ul style="list-style-type: none"> • MSAFP blood test screening for open neural tube defects such as spina bifida • Optional genetic screening tests if not done in 1st trimester 	
~ 20 Weeks	<ul style="list-style-type: none"> • Detailed anatomy ultrasound of baby 	
~ 28 Weeks	<ul style="list-style-type: none"> • Screening for gestational diabetes • 28-week blood work • RhoGAM shot (if indicated) 	
~ 32 Weeks	<ul style="list-style-type: none"> • TDap Vaccine 	Every 2 weeks
~ 36 Weeks	<ul style="list-style-type: none"> • Screening for Group B Strep • 36-week blood work • Ultrasound for fetal growth and position 	
~ 36-41 Weeks	<ul style="list-style-type: none"> • Cervical exam to check for dilation • Ultrasounds for fetal well-being (if necessary) • Scheduling of induction (if necessary) 	Weekly