1. Walk at least 15’ to first marker and jog over log.
2. Transition to left lead and lope around end.
3. First line change.
4. Second line change.
5. Third line change.
6. Fourth line change and lope around the end of the arena.
7. First crossing change.
8. Second crossing change.
9. Lope over log.
10. Third crossing change.
11. Fourth crossing change.
12. Lope up the center, stop and back.

1. Walk, transition to jog, jog over log.
2. Transition to the lope, on the left lead.
3. First crossing change.
4. Second crossing change.
5. Third crossing change.
6. Circle and first line change.
7. Second line change.
8. Third line change.
9. Fourth line change and circle.
10. Lope log.
11. Lope, stop and back.
1. Walk half way between markers, transition to jog, jog over log.
2. Transition to the lope, on the left lead.
3. First crossing change.
4. Lope over log.
5. Second crossing change.
6. First line change.
7. Second line change.
8. Third line change.
9. Fourth line change.
10. Third crossing change.
11. Fourth crossing change.
12. Lope up the center, stop and back.

1. Walk at least 15’ to first marker and jog over log.
2. Transition to left lead and lope around end.
3. First line change.
4. Second line change. Lope around end of arena.
5. First crossing change.
7. Lope over log.
8. Third crossing change.
10. Lope up the center, stop and back.
1. Walk at least 15’ to first marker, transition to jog, jog over log.
2. Transition to left lead lope.
3. First crossing change.
4. Second crossing change.
5. Third crossing change.
6. Circle and first line change.
7. Second line change and circle.
8. Lope log.
9. Stop and back.

1. Walk, transition to jog, jog over log.
2. Transition to lope, on right lead around end.
3. First line change.
4. Second line change.
5. Third line change.
6. Fourth line change.
7. First crossing change.
8. Second crossing change.
9. Third crossing change.
10. Lope over log.
11. Lope, stop and back.