



## **Direct Care Worker**

### **Direct Care Worker Job Description:**

Supports members on their individual goals and daily routine. Provides care and love to the members in the home, offering support daily. Uses behavior management techniques to help de-escalate or redirect member behaviors. Responsible for cleaning household, preparing meals, and documenting daily logs. Provides a therapeutic approach during daily routine. Serves as a role model, servant leader, and surrogate parent for the members under his/her care.

### **Primary Functions:**

- Document daily progress notes
- Prepare meals for members
- Transport members to outings, appointments, and visits (if driver)
- Provide support to and builds relationships with members in the home
- Clean, do laundry, and any other household chores
- Administer medications
- Re-direct and de-escalate member dysregulation or behaviors
- Able to safely and appropriately utilize Prevention and Support behavioral intervention standards when necessary
- Provide assistance with member's daily routine and goals

### **Additional Responsibilities, include but are not limited to:**

- Participate in monthly team meetings and agency wide trainings
- Assist with client admission and discharge
- Follow an assigned schedule for daily activities
- Oversee members' completion of daily living tasks
- Follow house rules and schedules to provide consistency
- Dispense medications
- Complete daily progress notes
- Maintain all DDD licensing standards
- Grocery shopping and meal planning
- Adhere to Article 9
- Exert maximum muscle force to lift, push, pull, or carry objects
- Use abdominal & lower back muscles to support part of the body repeatedly or continuously over time without 'giving out' or fatiguing
- Other duties assigned by House Manager

### **Qualifications:**

- 18 years or older
- Must be flexible
- Must have reliable transportation and means of communication
- Must be able to pass a background check to obtain a Level 1 Fingerprint Clearance card from Arizona Department of Public Safety
- Must be able to read, write and speak fluent English
- Must be proficient with Microsoft Word, Google Calendar, and Microsoft Outlook
- Must display and uphold Ohana company values at work and on any social media platform



- Minimum training required: Prevention & Support, CPR, First Aid, Article 9