

## Checklist for Children's Masks:

- Cotton fabric or ploycotton blend,
- Scissors
- Strips of fabric or ribbon
- Pattern
- Pen, pencil or chalk to trace the pattern
- Pins
- Sewing cotton
- Needle or sewing machine

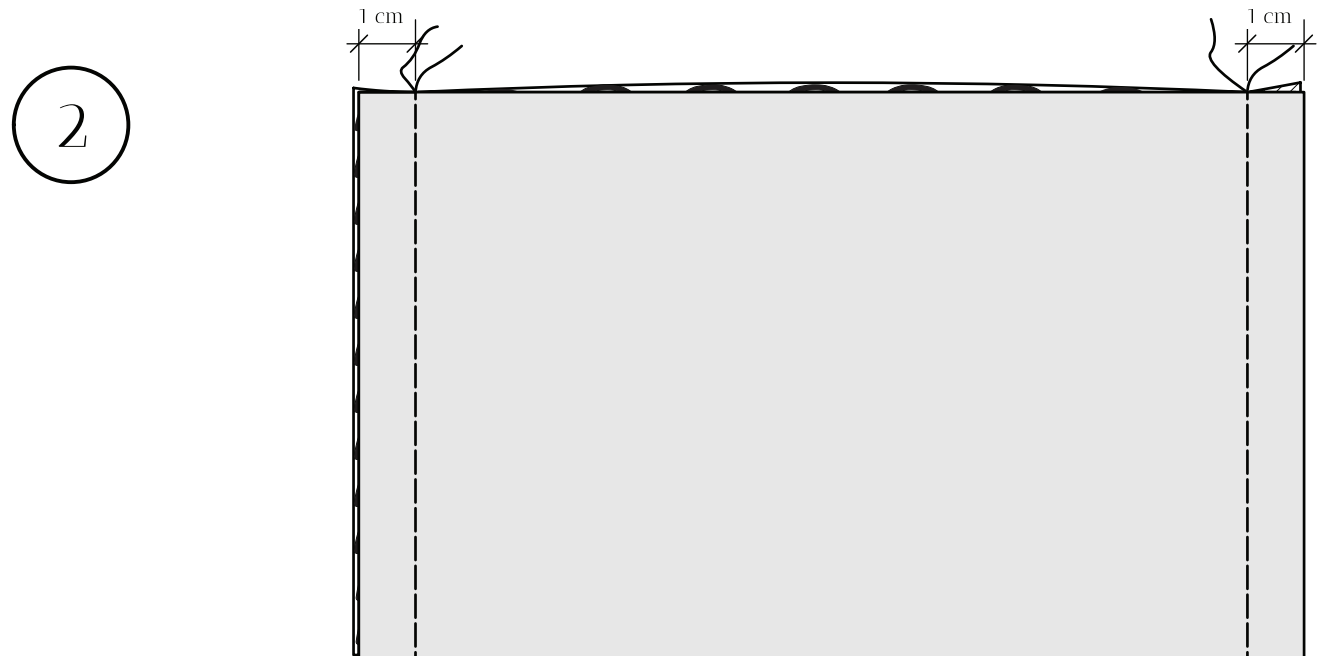
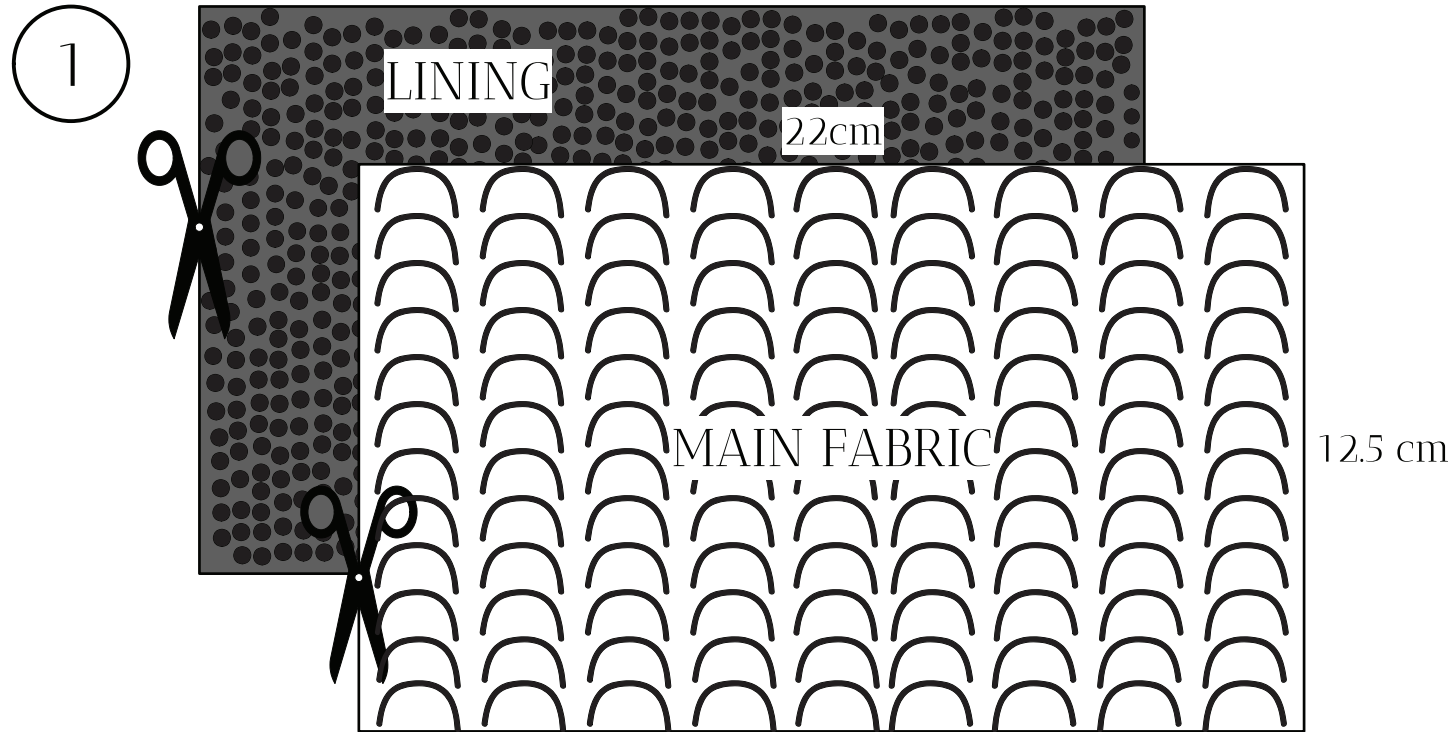
## Instructions:

1. Cut out two pieces of cotton fabric measuring 12.5x22cm (smaller children 3 - 7 years) or 14x24cm (bigger children, 8 - 14 years), in two contrasting fabrics, the main and lining. The main fabric will face outwards and the lining will sit against the face.

2. Place the right sides of the fabric together ( the printed sides will be facing each other) and sew down the two shorter sides with a 1 cm seam allowance.

## Top Tip:

Try use two different coloured or patterned fabrics, the main and the lining so that wearers can know which side faces your mouth (lining) and which fabric faces the outside (main)



Note: Face masks are not recommended for children under the age of 3 and may represent a choking or strangulation hazard

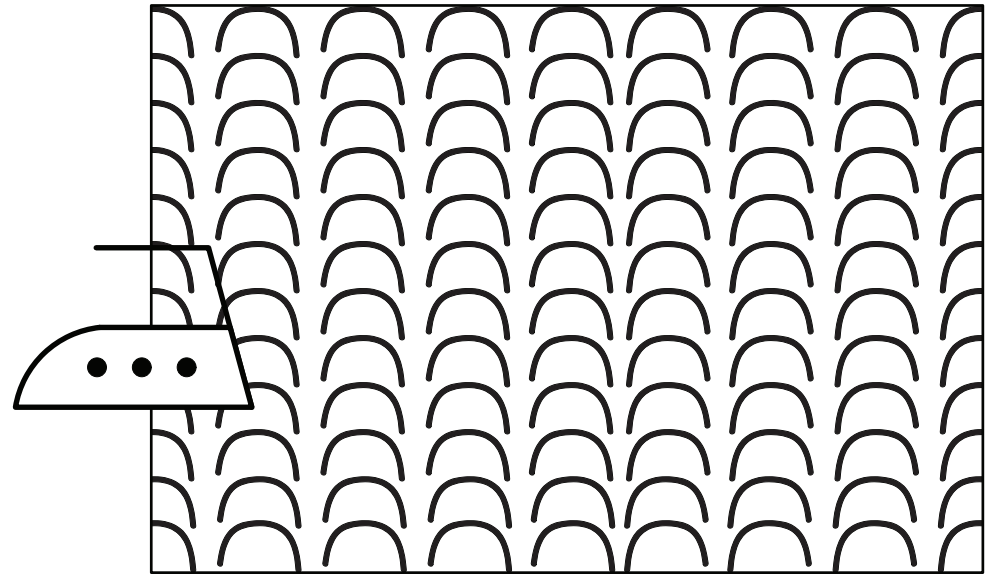
3. Turn it the right way round and iron the two seams flat.

### Fabric Strips:

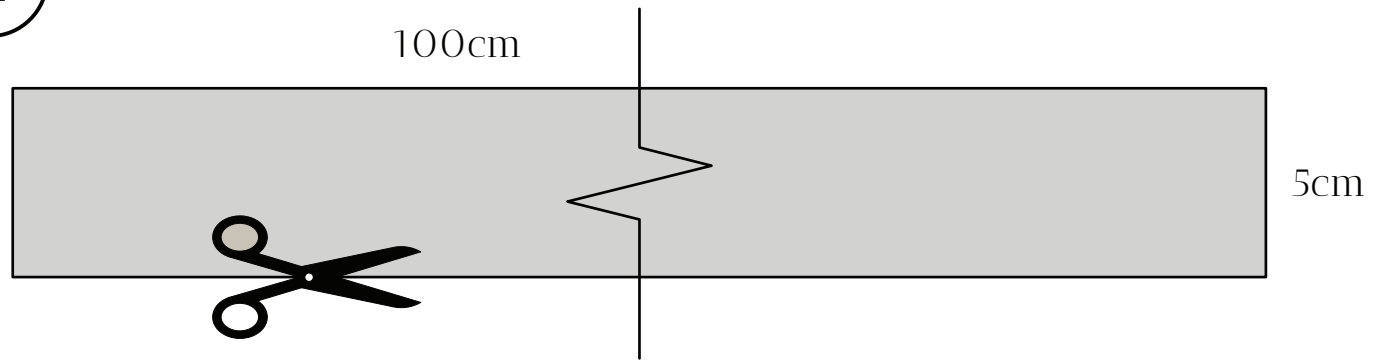
4. Now to make the strips of fabric, cut 2x lengths measuring 4cm x 80cm, you can make them 90cm long for the bigger pattern.

5. Fold them in half and iron along the fold.

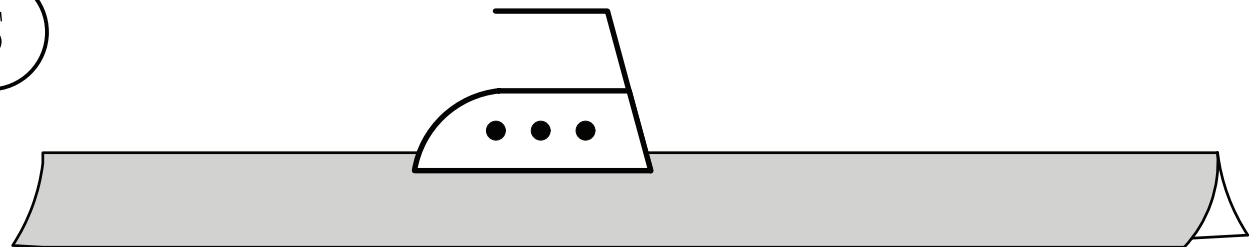
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### Top Tip:

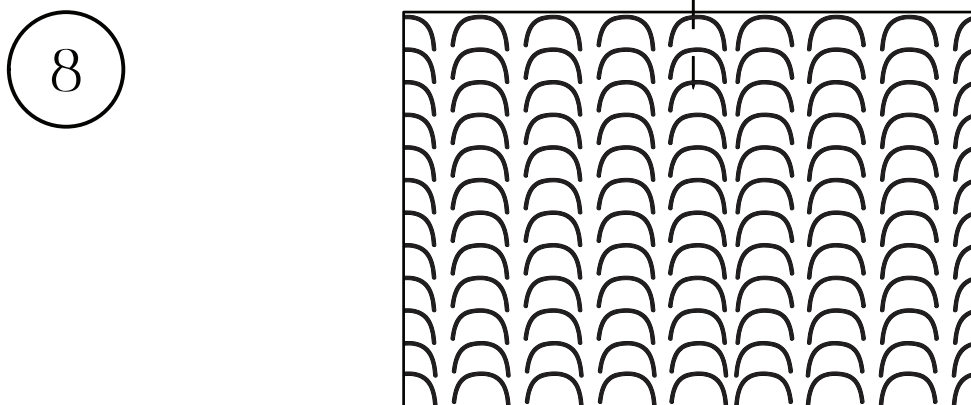
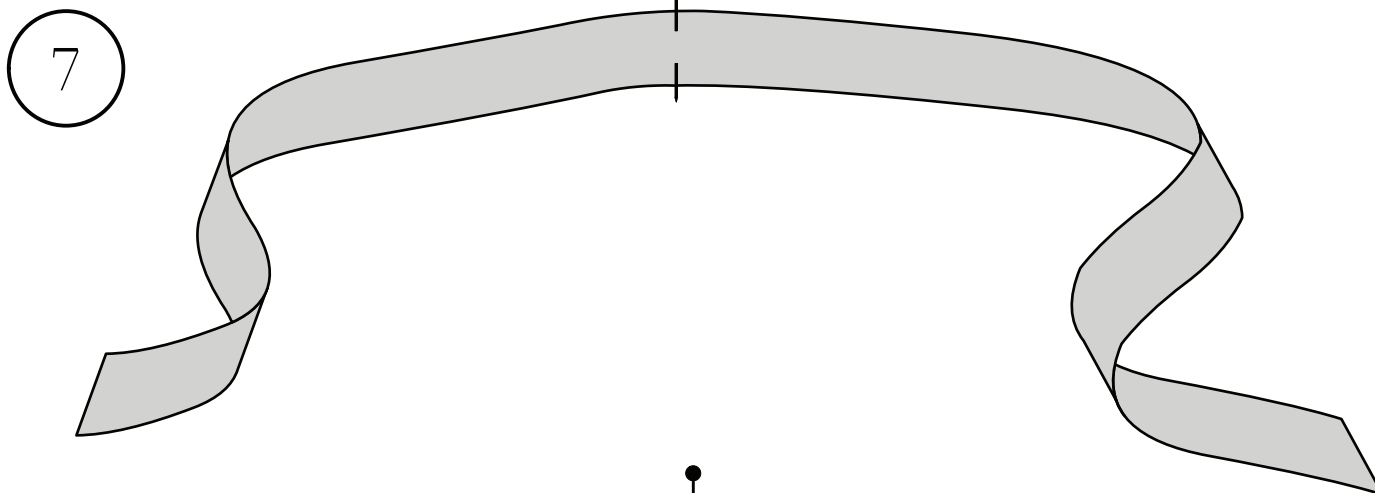
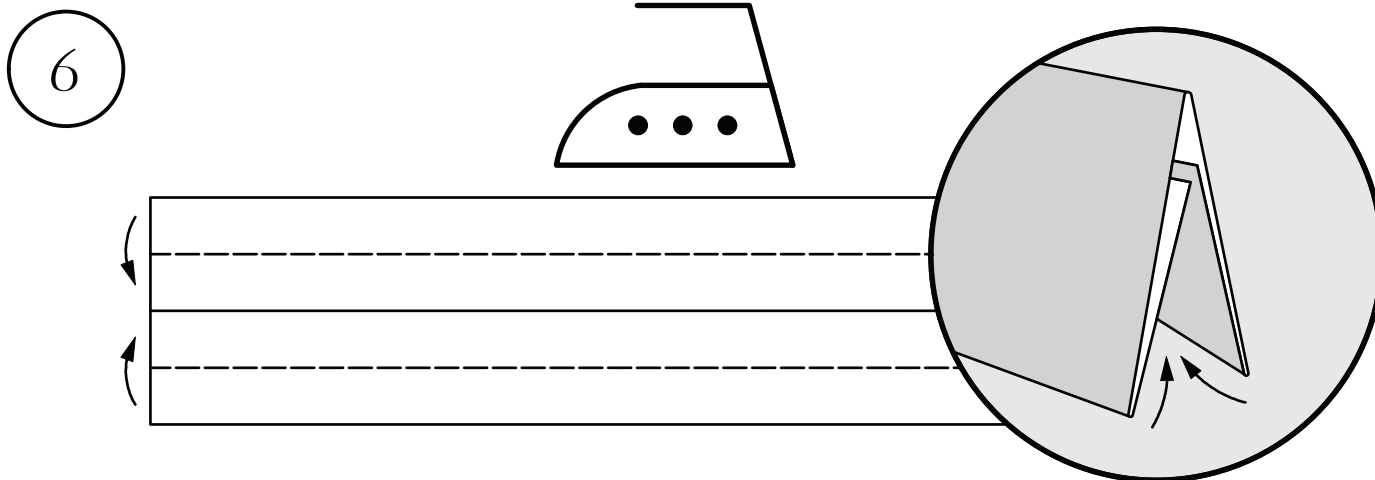
If you have unused dried out wet wipes or non-woven fabric, you can cut a 15x22cm piece which can be placed between the two layers of fabric in step 3 which will act as a filter.

6. Open them up and now fold the two raw edges in towards the ironed edge and iron again.

### Assembly:

7. Take the long strips of fabric you have just ironed and find the centre, put a pin in it.

8. Find the centre of the mask, put a pin in it.



### Top Tip:

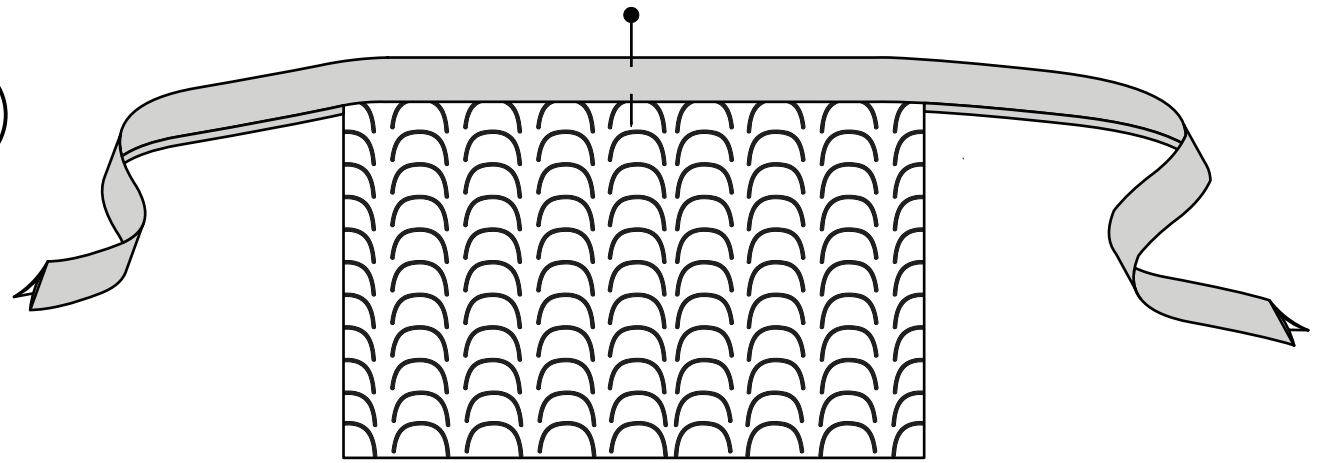
If you have wide (38mm or up) bias binding this can be used as an alternative to the fabric strips, wide ribbon would also work well

9. Match the pins up on the mask and the strips, wrapping the strips over the edge of the mask.

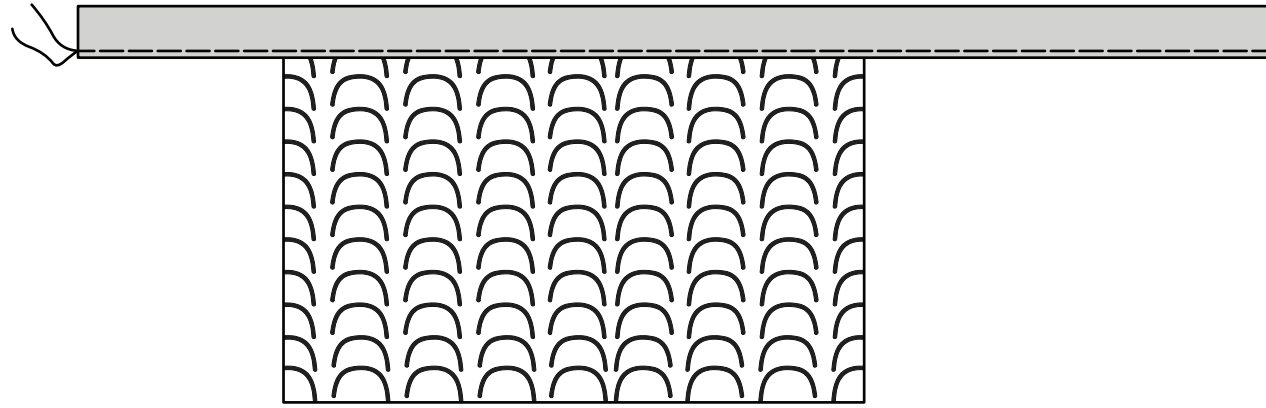
10. Now sew along the open edge of the strips from one end to the other, attaching it to the mask.

11. Repeat on the other side with the second fabric strip.

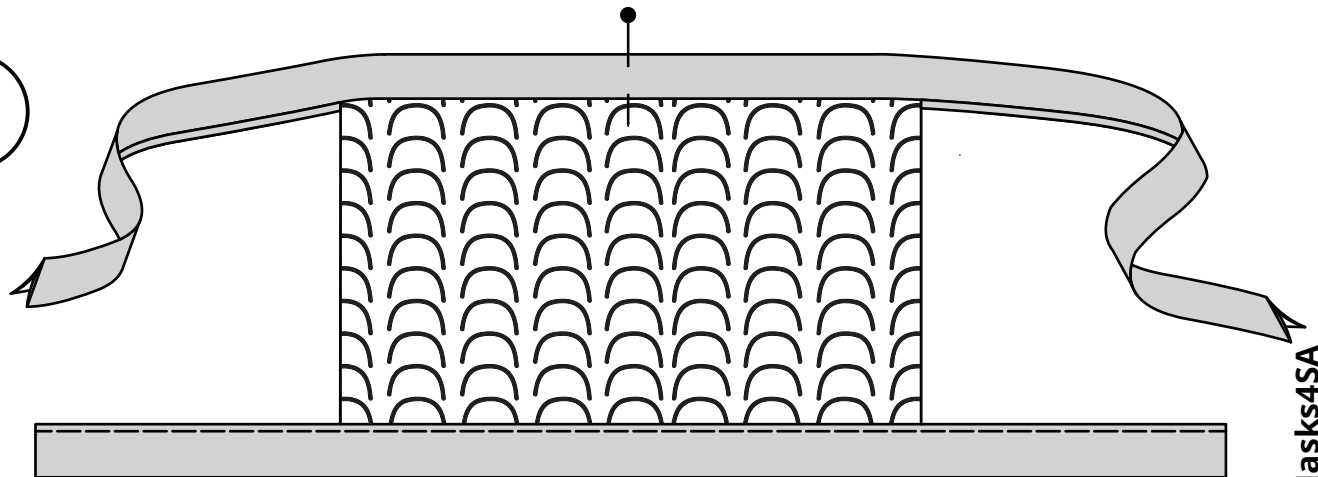
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## Pleats

12. Fold the mask fabric into pleats in two places along both edges of the mask. The pleats should run in the same direction. Pin them in place.

13. Once pinned, sew the pleats in place, 1 cm from the edge of the mask, making sure you backstitch over each pleat to make it stronger.

14. Finally tie little knots at the end of the strips to ensure they don't unravel.

We hope you enjoyed making your mask, now make more for your family, friends and neighbours.

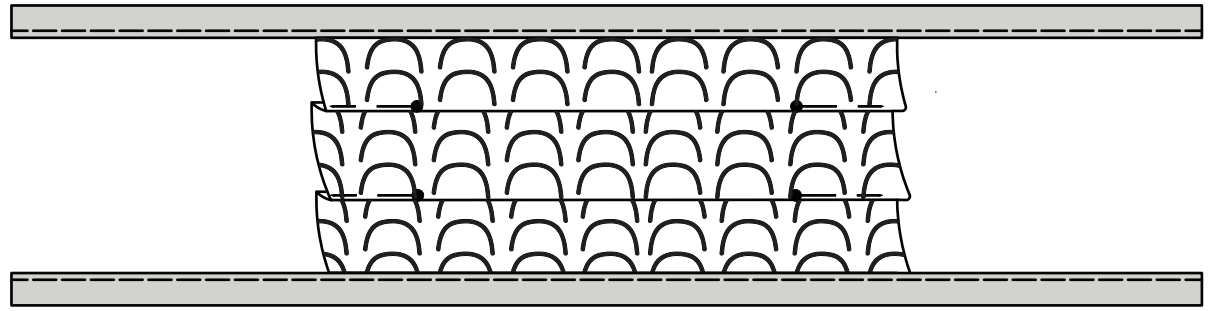
Happy Sewing!

Let us know how many masks you have made so we can add them to our mask counter on

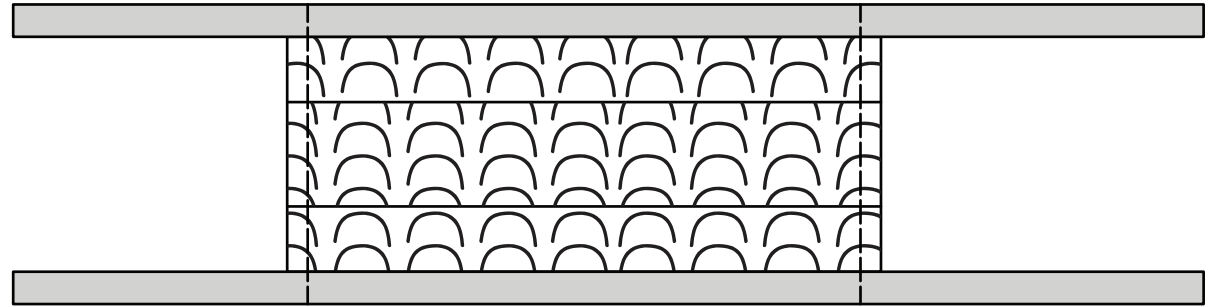
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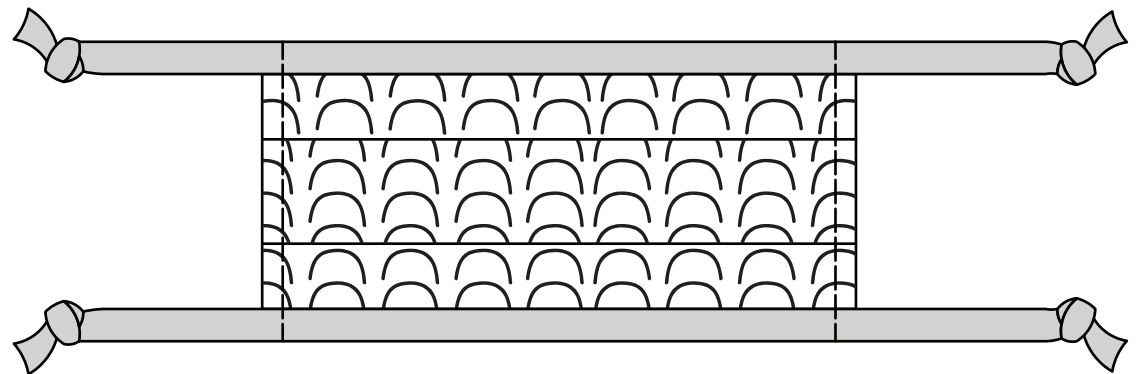
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# Pattern

