

Our Prosper with Posture programs are educational tools that would add value to the lives of you and your employees. These programs were developed by Dr. Bhatt to address the significant impact of home confinement as a consequence of the current Coronavirus Pandemic. Our panel of experts can help you and your workforce improve their physical and emotional outlook and overall productivity.

E-Posture and Ergonomics-30 minutes

- Evaluate your posture using a one on one webinar format. Utilize visual inspection along with various photos that are taken by family members while in various home/work stations in your current environment.
- Provide an individualized posture program.
- Provide an analysis of your current home-based workstations and provide suggestions with simple, cost-effective modifications.

Zoom Posture Jam-10 minutes

- Interactive 7-minute posture program
- 3-minute postural education

Webinar/Podcast

- Discussions with various guests and experts on multiple topics.
- Webinar series for corporations with postural education and protocols.

We will provide you with a YouTube link and additional instruction.

Please take a tour of our program and explore the attached brand deck to get to know Dr. Mike Bhatt's mission and experience.



www.prosperwithposture.com
info@drbhattman.com

