



Advanced Neurological Evaluation and Treatment Center, PC

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EMG/NCV INSTRUCTIONS

Please follow these instructions so we may obtain a thorough reading:

1. Nerve conduction study (NCS) is a study used to evaluate the electrical conduction of the nerves. It helps determine the presence and extent of damage to the nerves and muscles.
2. Electromyography (EMG) is a technique for evaluating and recording the electrical activity produced by skeletal muscles. This is performed by using a very small acupuncture type needle which is inserted into muscles to measure and analyze their electrical activity.
 - **Bath or shower before the test.** Rub the arms and legs briskly with a wash cloth and soap to remove any oil from the skin.
 - **Do not apply** any oils, lotions, Vaseline or powders after you bath it may interfere with the test. It is ok to wear deodorant.
 - **Dress in clothes** that permit access to the area to be tested or that are easily removed. You may be asked to change into a gown.
 - Be sure to **wear underwear** for your EMG/NCV test.
 - Continue any medication you are taking.
 - Be sure to tell your doctor if you have a pacemaker, history of hepatitis or AIDS.

CANCELLATION:

If you will not be able to come for your test, please contact us **24 hours** before the test. If you do not show to your appointment, you will be charged **\$150** cancelation fee.

Your appointment is scheduled on _____