

# Student Guidelines for Living Arrangements

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Our host homes are a vital part of Kairos because without them we could not operate our school. We highly value our host homes and the commitment that they have made to open their homes to our students. Because you will be living in someone else's home, you must always remember that it is a privilege to live there. How a student lives at home is a far more accurate measure of his or her growth in God than how he or she behaves anywhere else. Please take a genuine interest in the lives of your host family. Your host home is one of your primary ministries in Kairos! We take the following guidelines seriously and ask that you read over them. In that spirit, these guidelines are to be followed:

1. Have a servant's heart. Remember that you are there to serve rather than to be served.
2. Have a teachable spirit.
3. Be considerate at all times.
4. Be respectful and quiet when getting up in the morning.
5. If you are last to bed at night, be very quiet, and make sure all lights, fans, TV, etc. are turned off and lock the doors.
6. If you are listening to music, keep the volume down, or use earphones. Do not listen to offensive music or music that is not allowed by your host family.
7. Ask for permission to turn on the TV. Do not turn on or watch offensive programs at home or outside the home. If in doubt, ask the Kairos staff members (ask yourself, is this bringing life?).
8. When you see something that needs to be done, don't wait to be asked or put it off. DO IT! Ask to participate in household chores like sweeping, vacuuming, dishes, lawn work, etc.
9. Respect furniture – Do not put your feet on the coffee table.
10. You must communicate your schedule with your host family each week.
11. If you will not be home for dinner, you must call ahead of time (at least one hour) and advise your hosts. Be courteous.
12. Always thank hosts for any meal they provide. Eat what is set before you and never complain.
13. Get prior approval from host family before inviting people over for dinner or fellowship. Always ask in private.
14. Do not raid the refrigerator! Do not eat like it is your last meal. Be considerate. Food costs money and most people have budgeted a certain amount for food. Leftovers are often used for another meal. Don't eat or cook anything without permission.
15. If you use up something that can be easily remade (lemonade, tea, juice, ice cubes, etc.), then make it.
16. Be home by 10:30 PM. On weekdays, if you have communicated who you will be with and where you are going with your host family by 8:30 PM, you may stay out until midnight. On Friday and Saturday, if you have communicated who you will be with and where you are going with your host family by 8:30 PM, you may stay out until 1:00 AM. Any exceptions must be approved by school staff.

17. Keep your personal room clean every day. Make your bed daily and keep other areas of your home that you use clean at all times. If you spill or make a mess, clean it up immediately.
18. No walking around in underwear or inappropriate pajamas. Guys must always wear a shirt.
19. Please change in bathroom or the bedroom (don't walk from the bathroom to the bedroom in a towel).
20. Students must provide their own toiletries as well as laundry detergent, etc.
21. Students must be "home" a minimum of 2 nights per week. When home, do NOT just shut yourself away in your room. Be intentional about building relationships and getting to know your family.
22. In addition to daily small chores, cleaning, and other projects that need to be done, each Monday morning is a special time that has been set aside for you to serve your host family.
23. Students may not correct children or pets of the host home.
24. Student drivers are not allowed to honk when picking up carpool riders.
25. Students may not ask to borrow a host family's car or ask host families for rides. Utilize your carpool for all transportation needs.
26. If you are planning on going on an overnight trip or leaving for the weekend, you must let your small group leader know in advance (preferably at least one week prior). You must also communicate in advance with your host family.
27. If you have a friend of the opposite sex coming to visit, they are not allowed to stay at your host home. This does not apply to siblings.
28. Kairos students should never have another person of the opposite sex in their bedroom.
29. A Kairos student should never hang out with another person of the opposite sex alone. Without three, let it be! This includes traveling for holidays.
30. Kairos students will not use tobacco of any kind, participate in the use of marijuana, drugs, or consume alcohol during Kairos.
31. Kairos students will not participate in any protests or civil unrest that might develop during Kairos in the city of Minneapolis or surrounding communities.