

Taking Refuge

NAMO GURUBAY

NAMO BUDDHAYA

NAMO DHARMAYA

NAMO SANGHAYA (3X)

Lama Tsong Khapa Guru Yoga

*GA DEN HLA GYAY, GON GYI TUG KAR NE
RAB KAR SHO SAR, PUNG DRAY CHU TZIN TSER
CHO KYI GYELPO, KUN KYEN LOZANG DRAG
SE DANG CHE PA, NE DIR SHEG SU SOL*

*DUN GYI NAM KAR, SENG TRI PE DAY TENG
JETSUN LAMA, GYE PAY TZUM KAR CHEN
DAG LO DE PAY, SONAM SHING CHOG TU
TEN PA GYE CHIR, KEL GYAR ZHUG SU SOL*

*SHE JAY KYON KUN, JEL WAY LO DRO TUG
KELSANG NA WAY, GYEN GYUR LEG SHE SUNG
DRAY PAY PEL GYI, HLA MER DZE PAY KU
TONG TO DREN PAY, DON DEN LA CHAG TSEL.*

*YI ONG CHO YON, NA TSOG ME TOG DANG
DRI SHIM DUG PO, NANG SEL DRI CHAB SOG
NGO SHAM YI TRUL, CHO TRIN GYALTSO DI
SONAM SHING CHOG, KYE LA CHO PAR BUL.*

*DAG GI TOG ME, DU NE SAG PA YI
LU NGAG YI KYI, DIG PA CHI GYI DANG
KYEPAR DOM PA, SUM GYI MI TUN CHOG
NYING NE GYO PE, DRAG PO SO SOR SHAG*

*NYIG MAY DU DIR, MANG TO DRUB LA TSON
CHO GYE PANG PAY, DEL JOR DON YO JE
GON PO KYO KYI, LAB CHEN TZE PA LA
DAG CHAG SAM PA, TAG PE YI RANG NGO*

*JETSUN LAMA, DAM PA KYE NAM KYI
CHO KU KA LA, KYEN TSE TRIN TRIG NE
JI TAR TSAM PAY, DUL JAY TZIN MA LA
ZAB GYE CHO KYI, CHAR PA WAB TU SOL*

*NAM DAG WO SAL, YING LEY JING PA YI
ZUNG JUG KU LA, CHAR NUB MI NGA YANG
TA MAL NANG NGOR, ZUG KU RAG PA NYI
SI TI BAR DU, MI NUB TAN PAR JUG*

*DAG SOG JI NYE, SAG PAY GE WA DI
TEN DANG DRO WA, KUN LA GANG PEN DANG
KYE PAR JETSUN, LOSANG DRAG PA YI
TEN PAY NYING PO, RING DU SEL JE SHOG.*



*MIG ME TSE WAY, TER CHEN CHEN RE SIG
DRI ME KYEN PAY, WANG PO JAM PEL YANG
DU PUNG MA LU, JOM TZE SANG WAY DAG
GANG CHEN KEH PI, TSUG KYEN TSONG KA PA
LO SANG TRAG PI, SHAP LA SOL WA DEB.*

(3x)

*PEL DEN TSA WAY, LAMA RINPOCHE
DAG GI CHI WOR, PE MAY DEN ZHUG LA
KA DRIN CHEN PO, GO NE JE ZUNG TE
KU SUNG TUG KYI, NGO DRUP TSEL DU SOL*

*PEL DEN TSA WAY, LAMA RINPOCHE
DAG GI NYING KAR, PE ME DEN ZHUG LA
KA DRIN CHEN PO, GO NEY JE ZUNG TE
CHOG DANG TUN MONG, NGO DRUP TSEL DU SOL*

*PEL DEN TSA WAY, LAMA RINPOCHE
DAG GI NYING KAR, PE MAY DEN ZHUG LA
KA DRIN CHEN PO, GO NE JE SUNG TE
JANG CHUP NYING PO, BAR DU TEN PAR ZHUG*

Preceding the Seed of Wisdom Sutra

*MA-SAM JO-ME SHE-RAB PA-ROL-SHIN
MA-SHE MA-GA NAM-KAY NGO-WO-NYI
SO-SOR RANG-RIG YE-SHE CHO-YUL-WA
DU-SUM GYAL-WEY YUM-LA CHAG-TSAL-LO.*

Seed of Wisdom Sutra (Mantra)

*TAY- YA- THA
GA-TE GA-TE, PA-RA GA-TE,
PA-RA SAM-GA-TE, BO-DHI SO-HA
(3x)*

Dedication

*GEG-RIG TONG-TRAG GYAD-CHU ZHIWA-DANG
MI-THUN NOD PAI KYEN-DANG DRALWA-DANG
THUN-PAR DRUP-CHING PHUN SUM TSOG-GYUR NAS
TASHIS DES-KYANG DENG-DHIR TRIN-LAS SHOG*

Short Mandala Offering

*SA-SHI PO-KYI JUG-SHING ME-TOG-TRAM
RI-RAB LING-SHI NYI-DAY GYAN-PA-DI
SANG-GYE SHING-DU MIG-TE UL-WA-YI
DRO-KUN NAM-DAG SHING-LA CHO-PAR-SHOG*

IDAM GURU RATNA MANDALAKAM NIRYATAYAMI

Refuge and Development of Bodhicitta

*SANG-GYE CHO-DANG TSOG-KYI CHOG-NAM-LA
JANG-CHUP BAR-DU DAG-NI KYAB-SU-CHI
DAG-GI CHO-NYEN GYE-PAI SO-NAM-CHI
DRO-LA PAN-CHIR SANG-GYE DRUB-PAR-SHOG
(3x)*