

body contouring without surgery

Kalia Dermatology and Laser Center

Have you ever looked in the mirror and used your fingers to pull your skin into a higher and tighter position? If the answer is yes and you liked what you saw, then you may be a candidate for non-invasive skin tightening and rejuvenation. Multiple factors including aging and weight loss can cause sagging of the skin on the face and body. As we age, the collagen in our skin diminishes, resulting in loss of firmness and elasticity. It can be frustrating to see stretch marks and crepey skin that can no longer conform to your body's contours. Fortunately, the latest advances in radiofrequency and infrared light combined with suction and mechanical tissue manipulation can significantly improve the appearance of your skin on your face and body with minimal downtime.

Who can benefit?

These treatments are a great solution for those with cellulite and lax skin on the body. They can also be used on people who want to tone, lift, and tighten skin on the face and neck, especially for improvement of the jaw line and neck. It has been estimated that 80 percent of women over age 20 have cellulite, regardless of their weight and size. While there is no permanent cure for cellulite, there are treatments that can visibly reduce the appearance of the lumps and bumps. There are new non-surgical procedures that can result in a measurable reduction of fat layers and circumference, while minimizing the appearance of cellulite.

VelaShape Body Contouring

VelaShape is an easy, non-surgical, comfortable treatment that feels like a gentle massage. It is a breakthrough solution in body contouring that can result in cellulite reduction and circumferential reduction without any needles or medications. It is the first FDA cleared device for tem-

porary reduction of thigh circumference and cellulite reduction. VelaShape's unique combination of infrared light, radiofrequency, vacuum, and mechanical massage can turn cellulite into smoother and tighter skin. This widely anticipated device just became available this past September. With four treatments each spaced one week apart, patients may see thinner thighs and improved skin texture within a 30-day period.

LuxR Skin Tightening

This treatment gives you an all-natural option to actively turn back the clock on aging skin. Using light energy to stimulate new collagen growth deep beneath your skin's surface, the LuxR Fractional Procedure can tighten the skin on your face and body. It's an ideal solution to enhance your youthful and healthy appearance without surgery or recovery time. The treatment heats the skin to create collagen contraction and stimulates long-term collagen rebuilding, leaving patients with younger-looking skin. It employs infrared light (IR) to lift and tighten the skin so that gravity changes are softened, fine wrinkles are less obvious, and pores are shrunken. There are so many exciting new advances in dermatology; it is a great time for all of us to look and feel beautiful.

Dr. Iris Gin is a board-certified dermatologist in Los Gatos and the founder of Kalia Dermatology and Laser Center. She has more than 10 years of experience in skin rejuvenation techniques and specializes in procedures that have little to no downtime. She is a member of the American Academy of Dermatology and the American Society of Dermatologic Surgery.



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