

ADM Size and Spring Selection Table

Foot Length Range (mm)	AFO Size	ADM Size	STJ Type	STJ (Nmm)	TTJ Type	TTJ (Nmm)
81 to 87	0	XXXS	Standard	90	Standard	90
81 to 87	0	XXXS	Standard	90	Soft	70
81 to 87	0	XXXS	Standard	90	Strong	110
81 to 87	0	XXXS	Soft	70	Standard	90
81 to 87	0	XXXS	Soft	70	Soft	70
81 to 87	0	XXXS	Soft	70	Strong	110
81 to 87	0	XXXS	Strong	110	Standard	90
81 to 87	0	XXXS	Strong	110	Soft	70
81 to 87	0	XXXS	Strong	110	Strong	110
88 to 92	1	XXXS	Standard	120	Standard	120
88 to 92	1	XXXS	Standard	120	Soft	90
88 to 92	1	XXXS	Standard	120	Strong	170
88 to 92	1	XXXS	Soft	90	Standard	120
88 to 92	1	XXXS	Soft	90	Soft	90
88 to 92	1	XXXS	Soft	90	Strong	170
88 to 92	1	XXXS	Strong	170	Standard	120
88 to 92	1	XXXS	Strong	170	Soft	90
88 to 92	1	XXXS	Strong	170	Strong	170
93 to 102	2	XXS	Standard	170	Standard	170
93 to 102	2	XXS	Standard	170	Soft	120
93 to 102	2	XXS	Standard	170	Strong	240
93 to 102	2	XXS	Soft	120	Standard	170
93 to 102	2	XXS	Soft	120	Soft	120
93 to 102	2	XXS	Soft	120	Strong	240
93 to 102	2	XXS	Strong	240	Standard	170
93 to 102	2	XXS	Strong	240	Soft	120
93 to 102	2	XXS	Strong	240	Strong	240

Foot Length Range (mm)	AFO Size	ADM Size	STJ Type	STJ (Nmm)	TTJ Type	TTJ (Nmm)
103 to 112	3	XS	Standard	170	Standard	240
103 to 112	3	XS	Standard	170	Soft	170
103 to 112	3	XS	Standard	170	Strong	310
103 to 112	3	XS	Soft	120	Standard	240
103 to 112	3	XS	Soft	120	Soft	170
103 to 112	3	XS	Soft	120	Strong	310
103 to 112	3	XS	Strong	240	Standard	240
103 to 112	3	XS	Strong	240	Soft	170
103 to 112	3	XS	Strong	240	Strong	310
113 to 122	4	XS	Standard	240	Standard	310
113 to 122	4	XS	Standard	240	Soft	240
113 to 122	4	XS	Standard	240	Strong	420
113 to 122	4	XS	Soft	170	Standard	310
113 to 122	4	XS	Soft	170	Soft	240
113 to 122	4	XS	Soft	170	Strong	420
113 to 122	4	XS	Strong	310	Standard	310
113 to 122	4	XS	Strong	310	Soft	240
113 to 122	4	XS	Strong	310	Strong	420
123 to 132	5	S	Standard	310	Standard	420
123 to 132	5	S	Standard	310	Soft	310
123 to 132	5	S	Standard	310	Strong	490
123 to 132	5	S	Soft	240	Standard	420
123 to 132	5	S	Soft	240	Soft	310
123 to 132	5	S	Soft	240	Strong	490
123 to 132	5	S	Strong	420	Standard	420
123 to 132	5	S	Strong	420	Soft	310
123 to 132	5	S	Strong	420	Strong	490

Foot Length Range (mm)	AFO Size	ADM Size	STJ Type	STJ (Nmm)	TTJ Type	TTJ (Nmm)
133 to 142	6	SM	Standard	400	Standard	510
133 to 142	6	SM	Standard	400	Soft	400
133 to 142	6	SM	Standard	400	Strong	600
133 to 142	6	SM	Soft	320	Standard	510
133 to 142	6	SM	Soft	320	Soft	400
133 to 142	6	SM	Soft	320	Strong	600
133 to 142	6	SM	Strong	510	Standard	510
133 to 142	6	SM	Strong	510	Soft	400
133 to 142	6	SM	Strong	510	Strong	600
143 to 152	7	M	Standard	510	Standard	600
143 to 152	7	M	Standard	510	Soft	510
143 to 152	7	M	Standard	510	Strong	780
143 to 152	7	M	Soft	400	Standard	600
143 to 152	7	M	Soft	400	Soft	510
143 to 152	7	M	Soft	400	Strong	780
143 to 152	7	M	Strong	600	Standard	600
143 to 152	7	M	Strong	600	Soft	510
143 to 152	7	M	Strong	600	Strong	780
153 to 162	8	M	Standard	600	Standard	780
153 to 162	8	M	Standard	600	Soft	600
153 to 162	8	M	Standard	600	Strong	960
153 to 162	8	M	Soft	510	Standard	780
153 to 162	8	M	Soft	510	Soft	600
153 to 162	8	M	Soft	510	Strong	960
153 to 162	8	M	Strong	780	Standard	780
153 to 162	8	M	Strong	780	Soft	600
153 to 162	8	M	Strong	780	Strong	960

Foot Length Range (mm)	AFO Size	ADM Size	STJ Type	STJ (Nmm)	TTJ Type	TTJ (Nmm)
163 to 172	9	ML	Standard	780	Standard	960
163 to 172	9	ML	Standard	780	Soft	780
163 to 172	9	ML	Standard	780	Strong	1330
163 to 172	9	ML	Soft	600	Standard	960
163 to 172	9	ML	Soft	600	Soft	780
163 to 172	9	ML	Soft	600	Strong	1330
163 to 172	9	ML	Strong	960	Standard	960
163 to 172	9	ML	Strong	960	Soft	780
163 to 172	9	ML	Strong	960	Strong	1330
173 to 182	10	ML	Standard	960	Standard	960
173 to 182	10	ML	Standard	960	Soft	780
173 to 182	10	ML	Standard	960	Strong	1330
173 to 182	10	ML	Soft	780	Standard	960
173 to 182	10	ML	Soft	780	Soft	780
173 to 182	10	ML	Soft	780	Strong	1330
173 to 182	10	ML	Strong	1330	Standard	960
173 to 182	10	ML	Strong	1330	Soft	780
173 to 182	10	ML	Strong	1330	Strong	1330
183 to 192	11	L	Standard	960	Standard	1330
183 to 192	11	L	Standard	960	Soft	960
183 to 192	11	L	Standard	960	Strong	1330
183 to 192	11	L	Soft	780	Standard	1330
183 to 192	11	L	Soft	780	Soft	960
183 to 192	11	L	Soft	780	Strong	1330
183 to 192	11	L	Strong	1330	Standard	1330
183 to 192	11	L	Strong	1330	Soft	960
183 to 192	11	L	Strong	1330	Strong	1330

Foot Length Range (mm)	AFO Size	ADM Size	STJ Type	STJ (Nmm)	TTJ Type	TTJ (Nmm)
193 to 202	12	L	Standard	960	Standard	1330
193 to 202	12	L	Standard	960	Soft	960
193 to 202	12	L	Standard	960	Strong	1330
193 to 202	12	L	Soft	780	Standard	1330
193 to 202	12	L	Soft	780	Soft	960
193 to 202	12	L	Soft	780	Strong	1330
193 to 202	12	L	Strong	1330	Standard	1330
193 to 202	12	L	Strong	1330	Soft	960
193 to 202	12	L	Strong	1330	Strong	1330

Notes

1. For non-ambulatory (night) ADMs use this table to find, sandal (AFO) size, ADM size and spring options.
2. For ambulatory (day) ADMs use this table to find ADM size and spring options. Please refer to footwear manufacturers sizing guide for the shoe size
3. The ADM and sandal should be changed when they begin to become less effective i.e. when less dorsiflexion and/or abduction is achieved than when first fitted. This may correspond to the toes reaching the edge of the sandal but may be sooner. It is advisable to take a photo of the ADM when it is first fitted and providing optimal abduction and dorsiflexion and use this as a reference point to ensure the ADM is continuing to be effective. Each time the sandal size increases the mechanism will also need to be changed to accommodate leg growth and the extra force required to move the foot.
4. Further spring options are available on request
5. For advice and guidance on spring selection please refer to:
www.c-prodirect.com or email
clinicalsupport@c-prodirect.com