

ATS Travel Fellowship Award

I am extremely grateful to Action for Pulmonary Fibrosis for their Travel Fellowship Award, which allowed me to attend the American Thoracic Society (ATS) Meeting 2018 in San Diego.

This was an invaluable opportunity where I presented some work titled “*Application Of The Qrisk-2 Score Identifies An Increased Cardiovascular Risk In Patients With Idiopathic Pulmonary Fibrosis At Time Of Diagnosis.*” This work involved applying a validated cardiovascular risk prediction algorithm to patients with idiopathic pulmonary fibrosis (IPF), a cohort of patients with increased risk of cardiovascular disease, as identified by population studies. This is known to further increase mortality and therefore early recognition and treatment of cardiovascular disease in this already high-risk population is important. This was presented in the form of a poster discussion and slide presentation, and allowed me to gain novel insights and new ideas that will help further develop both this project and my own research.

The ATS also provided an excellent learning opportunity as well as access to cutting edge science and research on a global platform, where I was able to hear from experts from around the world. I was able to attend sessions related to interstitial lung disease, an area I am particularly interested in and in which I intend to enroll on a higher degree. I was also able to meet other ILD researchers and exchange ideas with the aim to foster potential international collaborations in the future.

In summary the ATS was an excellent and enjoyable conference with a very diverse and engaging programme, which provided ample opportunities to attend short courses, presentations and discussion sessions to help further my own knowledge, and understanding, and to meet people with similar interests. Once again, I am extremely grateful to Action for Pulmonary Fibrosis for their generosity in providing me with this wonderful opportunity.

