

# Year 7-11 Curriculum Planning 2021-2022



Living in the Wider World



Relationships



Health and Wellbeing

|         | Half-term 1<br>7 1/2 weeks  | Half-term 2<br>7 weeks  | Half-term 3<br>6 weeks  | Half-term 4<br>6 weeks   | Half-term 5<br>6 weeks   | Half-term 6<br>6 weeks   |
|---------|---|---|---|--|--|--|
| Year 7  | <b>THE WORLD AROUND ME</b><br>Transition to secondary school and personal safety in and outside school, including first aid   |   | <b>DIFFERENCES DO MATTER</b><br>Diversity, prejudice, and bullying  | <b>GROWING UP</b><br>Healthy routines, influences on health, puberty, unwanted contact, and FGM  | <b>BUILDING RELATIONSHIPS</b><br>Self-worth, romance and friendships (including online) and relationship boundaries  | <b>MY FUTURE HOPES</b><br>Careers, teamwork and enterprise skills, and raising aspirations. personal safety in and outside school, including first aid |
| Year 8  | <b>LIVING A HEALTHY LIFE</b><br>Alcohol and drug misuse and pressures relating to drug use  | <b>EQUAL OPPORTUNITIES FOR ALL</b><br>Equality of opportunity in careers and life choices, and different types and patterns of work | <b>TREATING OTHERS WITH RESPECT</b><br>Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia   | <b>LOOKING AFTER YOURSELF</b><br>Mental health and emotional wellbeing, including body image and coping strategies                       | <b>HEALTHY RELATIONSHIPS</b><br>Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception  | <b>DIGITAL LITERACY</b><br>Online safety, digital literacy, media reliability, and gambling hooks  |
| Year 9  | <b>SAYING NO</b><br>Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation<br><br><b>HEALTHY LIFESTYLE</b><br>Diet, exercise, lifestyle balance and healthy choices, and first aid |   | <b>RESPECTFUL RELATIONSHIPS</b><br>Families and parenting, healthy relationships, conflict resolution, and relationship changes<br><br><b>INTIMATE RELATIONSHIPS</b><br>Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography |  | <b>EMPLOYABILITY AND ONLINE PRESENCE</b><br>Young people's employment rights and responsibilities. Learning strengths and career options. Setting goals and employability skills<br><br><b>DIGITAL LITERACY</b><br>Managing your personal brand online. Accessing support for concerns with life online. |  |
| Year 10 | <b>MENTAL HEALTH</b><br>Mental health and ill health, stigma, safeguarding health, including during periods of transition or change   | <b>WHERE IS THE LINE</b><br>Communities, belonging and challenging extremism  | <b>HEALTHY RELATIONSHIPS</b><br>Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography   | <b>FINANCIAL DECISION MAKING</b><br>The impact of financial decisions, debt, gambling and the impact of advertising on financial choices | <b>EXPLORING INFLUENCE</b><br>The influence and impact of drugs, gangs, rolemodels and the media   | <b>PREPARING FOR WORK</b><br>Identifying opportunities for personal work experience and what students can do in terms of readiness for work            |
| Year 11 | <b>BUILDING FOR THE FUTURE</b><br>Self-efficacy, stress management, and future opportunities  | <b>NEXT STEPS</b><br>Application processes, and skills for further education, employment and career progression                     | <b>COMMUNICATION AND RELATIONSHIPS</b><br>Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse  | <b>INDEPENDENCE</b><br>Responsible health choices, and safety in independent contexts  | <b>FAMILIES</b><br>Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships  |  |