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*June 29, 2020*

## **Fifth Annual Run for Homeless Veterans Goes Virtual**

For the fifth consecutive year, Northwood Charitable Foundation is hosting the Mission Possible 5K Run/1 Mile Walk, benefiting City Mission's Crabtree Kovacicek Veterans House. Due to COVID-19 and for the safety of all participants, volunteers, and staff, the event will be held virtually this year.

Runners can register at [www.missionpossiblerun.org](http://www.missionpossiblerun.org) between now and August 8. Then, they simply map out their own 5K or 1-mile route anywhere they want and run any time between August 1-15. Runners are asked to wear red, white, and blue and post photos on social media, tagging City Mission and using #missionpossiblerun.

All proceeds from the race, with Northwood Charitable Foundation matching up to \$10,000, support life-transformation for the 22 veterans who live at City Mission's Crabtree Kovacicek Veterans House. The house opened in 2018 to provide services and programs targeted specifically to meet the unique needs of homeless veterans.

"In this trying and troubling time, we know two things," said Jeff McCartney, a local realtor and member of City Mission's Board of Directors who has chaired the Mission Possible event for the past five years. "One is that the homeless Veterans need our help more than ever. And second and most importantly, we know through spirit and truth that all things are possible in Christ Jesus. He is our rock and our Redeemer."

Many of the residents of the Crabtree Kovacicek Veterans House suffered a great deal before arriving at City Mission, but after entering the veterans' program, many have been able to restore their hope and confidence.

"City Mission gave me a sense of self-worth and put me back in touch with the Lord," said Tim, an Air Force Veteran who came to City Mission after breaking his hip. "At the Crabtree House, we have confidence and self-respect. We're all brother veterans, all working together for the betterment of all. I'm grateful to be able to have a sense of pride in something. And we take pride in that house."

The US Department of Housing and Urban Development estimates that over 40,000 veterans are homeless on any given night in the United States, and according to the Department of Veterans Affairs, veterans are 50% more likely to be homeless than other Americans.

"The Crabtree Kovacicek Veterans House is a critical component to the healing process for our veteran population," said Dean Gartland, President/CEO of City Mission. "Having our veterans living together and supporting one another is the best way for veterans to obtain lasting results."

Register at [www.missionpossiblerun.org](http://www.missionpossiblerun.org) between now and August 8 to help homeless veterans.

**About City Mission:** For over 75 years, City Mission has sheltered, healed, and restored the homeless to independent living—without discrimination. City Mission's comprehensive program addresses both short-term needs like food and shelter, and long-term needs, including drug and alcohol counseling, mental health and medical treatment, legal aid, and employment training. City Mission's goal is to help each man, woman, mother with children, or veteran who walks through our doors to become a healthy, productive member of society. With your help, we can help our residents renew their lives.