

# Work, Health and Safety

## Policy and Procedure

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## **SECTION 1 – INTRODUCTION**

### **PURPOSE**

The Australasian College of Health and Wellness (ACHW) promotes an inclusive and safe culture, ensures there are appropriate security arrangements for all its locations (online and physical), and advises students of actions they can take to enhance their safety and security both online and while attending clinics in face-to-face environments. This policy supports TEQSA Standard 2015, Domain 2, Section 2.3.

ACHW is committed to the health, safety and wellbeing of all people who study, work at or visit the organisation through the provision of a safe and supportive environment for students, staff, visitors and contractors. This policy covers the health and safety framework for those who study, work at or visit ACHW.

### **SCOPE**

This policy applies to all students, staff, contractors that engage with ACHW.

Key personal responsible for maintaining the policy include the CEO, Head of People and Culture and Head Of Quality Assurance.

Key people included in the implementation of this policy include the CEO, Head of People and Culture, Head of Quality Assurance, Executive and Senior management team, Head of School, Student Services, Head of Academic Development, Unit Convenors and Facilitators.

This policy applies to all facilities including physical offices, campuses, clinics and online operations and learning environments used by ACHW.

## SECTION 2 – POLICY

### PRINCIPLES

This document outlines ACHW’s framework for workplace health and safety, as follows:



### POLICY

ACHW is committed to the health, safety and wellbeing of all people who study, work at, or visit our organisation through the provision of a safe and supportive environment for our students, workers, visitors and contractors.

This policy covers health and safety arrangements for those who study, work at or visit ACHW. A copy of this policy is published under Policies and Procedures at [www.achw.edu.au](http://www.achw.edu.au)

ACHW is committed to:

- The ongoing development and improvement of its workplace health and safety framework with a focus on identification, control or elimination of workplace hazards and risks

- Observing, implementing and fulfilling the requirements of the *Workplace Health & Safety Act 2011* (NSW), relevant regulations and codes
- Ongoing and active dialogue and consultation around health and safety with all persons involved in ACHW activities
- Ensuring our workers and contractors receive the appropriate health and safety training to enable them to conduct their work safely
- Having our leaders lead by example and demonstrating a visible commitment to health and safety to motivate, educate and support our managers, staff and students
- The ongoing monitoring and review of our health and safety and the effectiveness of WHS actions
- Ensuring all levels of management and workers carry out their health and safety responsibilities

## SECTION 3 – PROCEDURE

### RESPONSIBILITY

Workplace health and safety is the responsibility of all - everyone has a duty of care to ensure the safety of themselves and others. Specific responsibilities are:

- ▶ **The organisation** has the primary duty of care for all workplace health and safety within ACHW as is reasonably practicable
- ▶ **Officers** (as defined under Corporations Act 2001) of ACHW include board members, directors, executive team and managers whose decision-making has the capacity to affect a substantial part of the business or the financial standing of the organisation. Officers have a duty to exercise due diligence to ensure the organisation complies with its obligations. Officers are required to:
  - Understand the nature of ACHW's operations and associated risks and hazards and verify that those risks and hazards are being appropriately controlled
  - Allocate appropriate resources to enable the identification, elimination or control of those risks / hazards and to enable effective consultation, incident notification and other required processes

Maintain knowledge of WHS laws and compliance requirements

- ▶ **Workers** are academic staff, non-academic staff, contractors and others who work within the organisation. They have a duty to take reasonable care and to:
  - Care for their own health and safety and that of others
  - Comply with any reasonable instruction
  - Cooperate with ACHW's WHS policy, procedure or instruction

## SPECIFIC RESPONSIBILITIES

Some staff have specific responsibilities under this WHS policy, as follows:

### ► Chief Executive Officer:

- Ensures that ACHW has in place effective WHS policies, procedures and systems (including risk management systems) for the health, safety and well-being of workers, students and others affected by its operations
- Actively demonstrates leadership in ACHW's WHS policy and risk management

### ► Executive and Senior Management:

- Implement ACHW's WHS Policy and risk management framework in their divisions
- Provide strategic WHS direction
- Monitor WHS performance
- Actively demonstrate leadership in ACHW's WHS policy and risk management
- Head of IT proactively implements and updates protection from cyber bullying and harassment, security of online access and communications

### ► Heads of School and Student Services

- Ensure the health, safety and well-being of students, workers and visitors within their institutions
- Identify, assess and control any hazards and risks associated with the institute's activities (training and non-training)
- Actively demonstrate leadership in ACHW's WHS policy and risk management

### ► Head of Academic Development, Unit Convenors and Lecturers:

- Ensure the work which they are responsible for is carried out according to ACHW's WHS policy and risk management processes
- Monitor the health, safety and well-being of workers, students and visitors
- Provide training and guidance on workplace health and safety
- Demonstrate leadership on WHS issues

### ► Head of People and Culture

- Establish processes and procedures to meet the organisation's obligations under workplace health and safety legislation and regulations
- Maintain records
- Manage worker's compensation issues and return to work programs

### ► Head of Quality Assurance:

- Establish processes and procedures to meet the organisation's obligations for the health and safety of students

- Maintain appropriate records

## CONSULTATION

Consultation and ongoing dialogue with students, workers and others is an essential element of our workplace health and safety system. The primary purpose of consultation is to share relevant WHS information with stakeholders and to provide them with an opportunity to contribute to health and safety issues within ACHW. This in turn enhances ACHW's ability to identify and control hazards, improving WHS outcomes for all stakeholders.

Consultation takes place at three levels:

- **Health & Safety Representatives (HSRs):** where workers request it, HSRs are elected by their colleagues to represent them on WHS matters. An HSR may investigate WHS complaints, inspect the workplace after the provision of reasonable notice and issue provisional improvement notices.
- **WHS Committee:** the WHS Committee comprises representatives from all areas of ACHW, HSRs (if in place) and staff from corporate functions such as Student Services, Human Resources and facilities management. The WHSC meets regularly to review WHS issues in the workplace, identify corrective action and to provide strategic input into the management of WHS at ACHW.
- **Work Units:** all managers, supervisors and team leaders are responsible for discussing WHS issues on a regular basis with workers (and others, where necessary) in their areas. All team meetings have WHS as a standing agenda item which covers risks currently being assessed, changes to the workplace which affect WHS and ad hoc WHS topics which need to be raised or resolved.

## WHS RISK MANAGEMENT

ACHW has in place a system to eliminate reasonably foreseeable risks or, where this is not reasonably practicable, to control risks. Risk management is the process of finding and fixing WHS problems and the basic steps are:

1. Identifying hazards
2. Assessing the risk to WHS of those hazards
3. Eliminating or controlling those hazards
4. Monitoring and reviewing control measures to ensure ongoing safety.

Risk management records (including forms and registers) are maintained by the People and Culture.

## HAZARD IDENTIFICATION

A hazard is 'anything (including work practices or procedures) that has the potential to harm the health or safety of a person'. Hazards can be identified by a range of methods, including:

- ▶ Considering the steps involved in the task and what hazards there are at each of these steps

- ▶ Analysing incidents and workers compensation data
- ▶ Consulting with workers e.g., in team meeting
- ▶ Understanding any hazards associated with our industry (including our workshops)
- ▶ Inspecting the workplace and clinics

Any hazards identified must be recorded on the *WHS Incident, Hazard & Injury Report* form.

Hazards are recorded on the *WHS Hazard and Risk Register*.

### **RISK ASSESSMENT**

A risk assessment is conducted, in consultation with workers, for any hazard identified in the workplace to determine the probability of and consequences expected from an incident. When assessing a risk, all reasonably available health and safety information on the hazard will be examined. This includes, for example:

- Plant or equipment instruction manuals
- Material safety data sheets
- Records of previous incidents
- Regulatory information.

A risk assessment matrix is used to assess and document the risk associated with each identified hazard. The process and documentation for risk assessments is coordinated by People and Culture.

### **ELIMINATION OR CONTROL OF HAZARDS**

Once hazards have been identified and the associated risk assessed, action to eliminate or control these hazards is put in place. The action taken will depend on the nature and risk of the hazard and can include, for example:

- Substituting a hazardous substance, equipment, process or task with a safer alternative
- Isolating the hazard from people
- Minimising the risk by engineering means
- Minimising the risk by administrative means, for example, by adopting safe working practices or providing training, instruction or information and adequate supervision
- Providing personal protective equipment (PPE).

People and Culture works in conjunction with relevant stakeholders throughout ACHW to eliminate and control hazards, and oversight is provided by the WHSC.

### **MONITORING AND REVIEW OF CONTROL MEASURES**

Control measures will continue to be monitored and reviewed to ensure:

- Control measures have been properly implemented

- Workers are complying with these control measures
- The control measures continue to adequately manage the risks
- The control measures have not introduced any other hazard into the workplace.

People and Culture and the WHSC coordinate the ongoing monitoring of control measures, in consultation with relevant areas of ACHW.

## **INCIDENT REPORTING AND INVESTIGATION**

Incident reporting and investigation of WHS issues is a vital part of ACHW's WHS management and is necessary for better understanding and control of hazards and risks at ACHW.

### **REPORTING**

All workers are required to complete a *WHS Hazard, Incident & Injury Report* for the following types of incidents:

- Any workplace accident in both physical premises or our online business and learning environment
- Any workplace incident where a person's safety is put at risk
- The occurrence of an injury – physical or psychological
- Near misses (events which have the potential to cause any of the above outcomes)

The *WHS Hazard, Incident & Injury Report* is provided to immediate supervisors in the first instance. Where incidents are of a highly sensitive nature, workers are able to report confidentially to People and Culture.

People and Culture will notify WorkCover of any serious incidents (as defined by regulations) immediately.

### **INVESTIGATION**

Immediate supervisors undertake an initial investigation of the incident and will resolve issues by:

- Completing a risk assessment and risk rating
- Escalating the incident immediately to People and Culture for High Risk incidents
- Developing a Corrective Action Plan using a combination of controls (elimination, substitution, engineering control, administrative control) and following up to ensure actions have been completed
- Taking immediate corrective action for minor incidents such as removing obstacles from walkways, or may refer the issue to facilities management

More serious incidents will be investigated by an appropriate manager or external investigator, and recommendations as to corrective action will be made.

## RECORDS

The People and Culture department maintains a *Hazard and Risk Register*. This register records all reported hazards and the associated corrective actions. Risk assessment of the hazard prior to and after controls is also recorded.

The *Hazard and Risk Register* is tabled at each WHSC meeting to continue monitoring and oversight.

## INJURY MANAGEMENT

Workplace injury management is about returning workers to productive employment as quickly and as safely as possible following a work-related injury or illness. The underlying principle of workplace injury management is that rehabilitation in the workplace, rather than at home or in a medical institution, is both more effective and more productive. ACHW is committed to:

- Ensuring that injured workers return to work as soon as is practicable and that returning to work is a normal practice and expectation
- Providing suitable duties, where practicable, for injured workers
- Consulting with injured workers and relevant stakeholders to monitor the effectiveness of the program
- Maintaining confidentiality

## WORKERS COMPENSATION

Workers are required to notify their manager as soon as is practicable after sustaining an injury and complete a *WHS Hazard, Incident & Injury Report*. Where appropriate, ACHW (People and Culture) will notify its workers compensation insurer within 48 hours.

## RETURN TO WORK PROGRAMS

The return to work of injured employees is an integral part of the workers compensation system. The Head of People and Culture will work with all relevant parties, including external rehabilitation providers if necessary, to implement return to work (RTW) programs. The Head of People and Culture will monitor the progress of the injured worker to ensure the RTW program is suitable and effective.

Workers who fail to participate in a medically-endorsed RTW program will jeopardise access to workers' compensation benefits.

## SPECIFIC POLICY STATEMENTS

Specific policy statements and procedures for workplace health and safety are managed and maintained by the Head of People and Culture.

## SECTION 4 – REFERENCE AND SUPPORTING INFORMATION

### DEFINITIONS

Word/Term	Definition
<b>Hazard</b>	A hazard is a source of potential harm or a situation with the potential to cause harm to people, property or the environment.
<b>Risk</b>	A risk is the chance of something happening that will have an impact on objectives. It is measured in terms of consequences and likelihood. In the WHS context, risk should be thought of as the WHS consequence of a given severity, and the likelihood of that particular consequence occurring.
<b>Consequence</b>	The specific effect of an event occurring.
<b>Likelihood</b>	The chance of the consequences of an event.
<b>Risk Rating</b>	The process that produces a risk level for the activity. This is a combination of the consequence of a risk and the likelihood those consequences will occur.
<b>Workers</b>	Carry out work for a person conducting a business or undertaking (PCBU) and include employees, contractors, agency staff, labour hire staff, people on work experience, sub-contractors, trainees and outworkers.
<b>Students</b>	All individuals enrolled to complete an education program with ACHW either online, in face to face mode or in blended delivery

### SUPPORTING DOCUMENTATION

Document name	Document type	Location
WHS Hazard, Incident & Injury Report	Form	internal
WHS Hazard and Risk Register	Register	internal
Facilitator Guide	Document	internal
Staff Induction	Document/online	internal
Clinical Supervision Policy	Policy	internal

## SECTION 5 – CHANGE HISTORY

### POLICY OWNER

<b>Name:</b>	<b>Work Health and Safety Framework</b>
Endorsed by:	Director ACHW
Approved by:	Head of Compliance
Date Approved:	10.07.2017
Implementation Owner	Head of Quality Assurance
Maintenance Owner	Head of Quality Assurance
Review Date	15.01.2021

### CHANGE HISTORY

Version	Approval date	Approved by	Approved by	Change
V1.0	10.07.2017	Head of Compliance	Director ACHW	Initial document review after purchase of MHMHE
V2.0		Approved by Academic Board on 10.03.2020		General review