

SUGGESTED READING

Our community is passionate about reading. If someone has decades of experience and puts that knowledge into a book, and you can read their book in a few days, you effectively download decades into days.

Leaders are readers. Many of our Kwik Readers commit to finishing #1bookaweek (52 books each year).

As a bonus for purchasing this book, you can join our one-hour speed-reading masterclass as my gift. It will help you tackle your booklist. Get free access at JimKwik.com/Reading

Here is a “kwik” list of some of my favorite mindset, motivation, and methods books. They are listed in no particular order. For the extensive reading list, go to LimitlessBook.com/resources.

The Magic of Thinking Big by David J. Schwartz

Man's Search for Meaning by Viktor Frankl

Understanding Understanding by Richard Saul Wurman

The Tapping Solution for Manifesting Your Greatest Self by Nick Ortner

Start With Why by Simon Sinek

The 7 Habits of Highly Effective People by Stephen R. Covey

Change Your Brain, Change Your Life by Dr. Daniel Amen

The Motivation Manifesto by Brendon Burchard

Tiny Habits by Dr. BJ Fogg

Brain Food by Lisa Mosconi

Me to We by Marc Kielburger & Craig Kielburger

The Promise of a Pencil by Adam Braun

Miracle Mindset by JJ Virgin

The TB12 Method by Tom Brady

Super Human by Dave Asprey

The Infinite Game by Simon Sinek

The Future Is Faster Than You Think by Steven Kotler & Peter Diamandis

The Code of the Extraordinary Mind by Vishen Lakhiani

The School of Greatness by Lewis Howes

Stress Less, Accomplish More by Emily Fletcher
The Power of When by Dr. Michael Breus
Becoming Super Woman by Nicole Lapin
Chineasy Everyday by Shaolan
#AskGaryVee by Gary Vaynerchuk
Becoming Supernatural by Dr. Joe Dispenza
Moonwalking with Einstein by Joshua Foer
The Brain that Changes Itself by Dr. Norman Doidge
Mindset by Carol Dweck
The Align Method by Aaron Alexander
Super Brain by Deepak Chopra and Rudolph Tanzi
Genius Foods by Max Lugavere
Sleep Smarter by Shawn Stevenson
The UltraMind Solution by Dr. Mark Hyman
Spark by Dr. John Ratey
The 4-Hour Chef by Tim Ferriss
Math Doesn't Suck by Danica McKellar
Boundless by Ben Greenfield
Six Thinking Hats by Edward de Bono
Thrive by Arianna Huffington
The Element by Sir Ken Robinson with Lou Aronica
TED Talks by Chris Anderson
Atomic Habits by James Clear
Imagine It Forward by Beth Comstock & Tahl Raz
Belong by Radha Agrawal
Disrupt-Her by Miki Agrawal
The Ripple Effect by Dr. Greg Wells
Exponential Transformation by Salim Ismail, Francisco Palao & Michelle Lapierre
Think Like a Monk by Jay Shetty
The Alter Ego Effect by Todd Herman
How to Live a Good Life by Jonathan Fields
The Mind Map Book by Barry Buzan & Tony Buzan
The Principles by Ray Dalio
Re-Create Your Life by Morty Lefkoe
Emotional First Aid by Dr. Guy Winch
A Higher Branch by Sam Makhoul
Cancer-Free with Food by Liana Werner-Gray
Food Can Fix It by Dr. Mehmet Oz