


Menu

October 2021




 Lunch

 Pudding




 Early Tea

week 1




Monday 4th October

-  One pot farmer market pasta
-  Juicy Pears
-  Boiled eggs and wholemeal toast served with fruit




Tuesday 5th October

-  Little Blue Door Fish Pie served with peas
-  Raspberry muffins
-  Cheese and cucumber sandwiches served with fruit




Wednesday 6th October

-  Sausage and bean casserole served with mash potato
-  Yoghurt and berries
-  Wholemeal pitta served with hummus, vegetable sticks and fresh fruit

Thursday 7th October




-  Crispy jacket potato, ham, cheese and sweetcorn
-  Apple and cinnamon muffins
-  Cinnamon and raisin bagels served with fruit

Friday 8th October




-  Chicken, spinach, cheese and pineapple crunchy Hawaiian wrap
-  Yoghurt with granola
-  Tuna, sweetcorn and mayonnaise wholemeal pasta served with fruit

week 2




Monday 11th October

-  Crispy jacket potato, ham, cheese and sweetcorn
-  Apple and cinnamon muffins
-  Cinnamon and raisin bagels served with fruit




Tuesday 12th October

-  One pot farmer market pasta
-  Juicy Pears
-  Boiled eggs and wholemeal toast served with fruit




Wednesday 13th October

-  Little Blue Door Fish Pie served with peas
-  Raspberry muffins
-  Cheese and cucumber sandwiches served with fruit

Thursday 14th October




-  Chicken, spinach, cheese and pineapple crunchy Hawaiian wrap
-  Yoghurt with granola
-  Tuna, sweetcorn and mayonnaise wholemeal pasta served with fruit

Friday 15th October




-  Sausage and bean casserole served with mash potato
-  Yoghurt and berries
-  Wholemeal pitta served with hummus, vegetable sticks and fresh fruit

week 3




Monday 18th October

-  Chicken, spinach, cheese and pineapple crunchy Hawaiian wrap
-  Yoghurt with granola
-  Tuna, sweetcorn and mayonnaise wholemeal pasta served with fruit




Tuesday 19th October

-  Sausage and bean casserole served with mash potato
-  Yoghurt and berries
-  Wholemeal pitta served with hummus, vegetable sticks and fresh fruit




Wednesday 20th October

-  One pot farmer market pasta
-  Juicy Pears
-  Boiled eggs and wholemeal toast served with fruit

Thursday 21st October




-  Little Blue Door Fish Pie served with peas
-  Raspberry muffins
-  Cheese and cucumber sandwiches served with fruit

Friday 22nd October




-  Crispy jacket potato, ham, cheese and sweetcorn
-  Apple and cinnamon muffins
-  Cinnamon and raisin bagels served with fruit

week 4




Monday 25th October

-  Sausage and bean casserole served with mash potato
-  Yoghurt and berries
-  Wholemeal pitta served with hummus, vegetable sticks and fresh fruit




Tuesday 26th October

-  Chicken, spinach, cheese and pineapple crunchy Hawaiian wrap
-  Yoghurt with granola
-  Tuna, sweetcorn and mayonnaise wholemeal pasta served with fruit




Wednesday 27th October

-  Crispy jacket potato, ham, cheese and sweetcorn
-  Apple and cinnamon muffins
-  Cinnamon and raisin bagels served with fruit

Thursday 28th October

-  One pot farmer market pasta
-  Juicy Pears
-  Boiled eggs and wholemeal toast served with fruit

Friday 29th October

-  Little Blue Door Fish Pie served with peas
-  Raspberry muffins
-  Cheese and cucumber sandwiches served with fruit

week 5

Monday

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Tuesday

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Wednesday

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Thursday

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Friday

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