




Food Menu




January 2020

 Lunch  Snack  Early Tea




Thursday January, 2nd

-  Crispy jacket potato with ham, cheese and pineapple
-  Blueberry buns
-  Wholemeal toast served with baked beans




Friday January, 3rd

-  Creamy seafood pasta
-  Yoghurt and honey
-  Wholemeal toast and scrambled egg




Monday January, 6th

-  Cottage pie and greens
-  Yoghurt and honey
-  Wholemeal toast served with baked beans




Tuesday January, 7th

-  Baked fish and homemade potato wedges with peas
-  Pineapple chunks
-  Wholemeal pitta, peppers, carrots, cucumber + hummus




Wednesday January, 8th

-  One pot chicken, spinach and mushroom pasta
-  Fresh fruit salad
-  Marmite swirls




Thursday January, 9th

-  Little Blue Door "fajitas"
-  Yoghurt and granola
-  Wholemeal toast and scrambled egg




Friday January, 10th

-  Posh finger rolls with served with a salad
-  Blueberry buns
-  wholemeal ham sandwiches




Monday January, 13th

-  Sausages and mash served carrots
-  Blueberry buns
-  Marmite swirls




Tuesday January, 14th

-  Little Blue Door fish pie served with peas
-  Yoghurt and granola
-  Wholemeal toast and scrambled egg




Wednesday January, 15th

-  Build-your-own chicken, spinach, cheese and pineapple Hawaiian wholemeal wrap
-  Fresh fruit salad
-  Cinnamon bagels served with fresh fruit




Thursday January, 16th

-  Tomato and meatball spaghetti
-  Yoghurt and honey
-  Wholemeal pitta, peppers, carrots, cucumber + hummus




Friday January, 17th

-  Salmon, sweetcorn and potato bake
-  Pineapple chunks
-  Wholemeal toast served with baked beans




Monday January, 20th

-  Roast chicken, roast potatoes, Yorkshire's + green beans
-  Pineapple chunks
-  Wholemeal toast and scrambled egg




Tuesday January, 21st

-  Chilli Con Carne with wholegrain rice
-  Yoghurt and granola
-  Wholemeal toast served with baked beans




Wednesday January, 22nd

-  Crispy jacket potatoes served with cheese and baked beans
-  Fresh fruit salad
-  Wholemeal ham sandwiches




Thursday January, 23rd

-  Cauliflower and Broccoli cheese served with half a jacket potato
-  Yoghurt and honey
-  Marmite swirls




Friday January, 24th

-  butternut squash "Mac and Cheese"
-  Blueberry buns
-  Wholemeal pitta, peppers, carrots, cucumber + hummus




Monday January, 27th

-  Sweet Pea Risotto
-  Yoghurt and granola
-  Wholemeal pitta, peppers, carrots, cucumber + hummus




Tuesday January, 28th

-  Chicken sausages, mash, broccoli and chicken gravy
-  Blueberry buns
-  Wholemeal toast and scrambled egg




Wednesday January, 29th

-  Vegetable curry served with rice and wholemeal pitta
-  Fresh fruit salad
-  Wholemeal toast served with baked beans

Thursday January, 30th

-  Mac and Cheese
-  Pineapple chunks
-  wholemeal ham sandwiches

Friday January, 31st

-  Wholemeal Wraps served with tuna, sweetcorn and lettuce
-  Yoghurt and honey
-  Marmite swirls